CITY OF NEW HAVEN
Social Services

NH Op-C
New Haven Opportunity Center

Publisher of “Careers” since 1996

“What we believe
And how we behave
Determines
What we become!”

Individual Assessments
- Plans of Service
- Financial Workshops/
  One on one counseling
- Individual Employment &
  Career Counseling
- Educational Guidance
- Support Services:
  Referral to Other Agencies

By appointment ONLY
- Please call to schedule
  Phone (203) 946-8523
  Fax (203) 946-7269
*Services on case per case basis for
  New Haven residents

CENSUS ENDING SEPTEMBER 31ST, 2020

2020 Census
Don’t let them count you out
Greater New Haven Counts

The census creates funding for the next 10 years. New Haven stands to lose $2,900 each year in federal funding per uncounted individual.

Go online or call 844-330-2020 to fill out your census (only takes 10 mins)

Follow for more updates
Facebook: Census 2020 - Greater New Haven Counts
Instagram: gnhcounts2020
HELPFUL NUMBERS

Connecticut Department of Housing: 211*31
DSS Community Options Unit 1(800) 445-5394 (in home skilled nursing assistance)
Catholic Family Services (203) 787-2207 501 Lombard Street, New Haven, CT 06513
Community Action Agency of New Haven (203) 387-7700 419 Whalley Avenue, New Haven, CT 06511
Community Action Agency of New Haven [Energy Assistance] (203) 285-8018
DORS Connect-ability 1- (866) 844-1903 (employment related services for disabled)
Get Connected New Haven - a 211 resource designed for use by New Haven residents
www.getconnectednewhaven.com

InforLine 211 information regarding a variety of statewide community services
Statewide Legal Services 1- (800) 453-3320 New Haven Legal Assistance (203) 946-4811
New Client Information Line 1-855 - 626 - 6632
50 Humphrey Street, New Haven, CT 06511
Office hours 8:00 A.M. - 4:00 P.M. Monday through Friday
Apply online or by phone

Fair Haven Community Health Center (203) 777-7411, 374 Grand Avenue, New Haven, CT 06513
Cornell Scott Hill Health Center (203) 503-3000

Mental Health Services 913 State Street, New Haven, CT 06511 (203) 503-3000
Hispanic Clinic (203) 974-5800

CHOICES (Medicare & Insurance) 1 (800) 994-9422

Social Security Administration: (SSI, disability, retirement and Medicare Benefits)
Federal Building (866) 331-5281 150 Court Street 4th Floor
New Haven, CT 06510

SAGA /Husky D Health Insurance
Client Assistance Center if you would like to find out which providers participate in
Medicaid LA in your area call 866 409-8430 or visit the web www.ctdssmap.com.

Dental Call the Connecticut Dental Health Partnership 1(866) 420-2924 for help.
Pharmacy 1(866) 409-8430
Transportation 1(855) 478-7350 Veyo

Substance abuse treatment 1 (800) 606-3677 Some services that are not covered by Medicaid may be covered
by the Department of Mental Health and Addiction Services.

Social Services City of New Haven (203) 946-8523 at the New Haven Opportunity Center, 316 Dixwell Avenue. Services
for New Haven residents – confidential individuals assessments, plans of service, access to transportation resources, career
counseling, community referrals

New Haven Financial Empowerment Center (203) 946 – 8523 at the New Haven Opportunity Center, 316 Dixwell Avenue.
Free services for New Haven residents – confidential financial counseling by certified financial counselors. One-on-one or via
group workshops

The City of New Haven does not discriminate on the basis of disability in admission to, access to, or operations of programs,
services, or activities. Individuals who need an accommodation, publications in alternate formats or who need auxiliary aids
for effective communication in programs and services of the City of New Haven can make such requests by calling
(203) 946-7833 or TTY/TT (203) 946-8582.
Weekly CAREERS Publication

Check out the great new city website - redesigned for easier access and use.

MAYOR'S MESSAGE

Transition report 2020

The transition report details the transition team's recommendations to me of what my team should focus on to make our city a better place to live, work, and do business, as well as areas for improvement.

This report is a culmination of work over the past six months. The transition team's goals were to gather public input across New Haven, ensure transition, and host multiple public meetings at various locations and in the community to discuss ideas and hearing people.

The transition team members included: Peter, Suja, Rob, Perla, Sarat, and Kara, along with various city staff members.

Find "Careers" on the city website as a PDF. Go to:

www.newhavenct.gov
scroll down under the "News You Can Use" sections

Weekly Careers Publication
View this week's Careers Publication

View PDF
Keep Reading
DISCOVER. CONNECT. SUCCEED.

GetConnectedNewHaven.Com

Get Connected New Haven is a comprehensive database of services for New Haven residents.

BASIC NEEDS  EMPLOYMENT  FOOD  HEALTH CARE  HOUSING  MORE
Do you need help paying rent due to COVID-19?

The Connecticut Department of Housing (DOH) announced that its new **Temporary Rental Housing Assistance Program (TRHAP)** will accept applications starting **8AM on July 15, 2020**.

- Eligible households can get a **maximum of $4,000** in rental assistance for rent owed over the 12-month period beginning March 1, 2020, with a limit of $1,000 per month
- Tenants will be required to **pay 30% of their lowest gross income** amount (received in March, April, OR May) for rent to their landlord for the months they receive TRHAP funds
- TRHAP will give priority to those who have been denied unemployment benefits and/or denied Pandemic Unemployment Assistance and to low-income households
- Payments will be made directly to the Landlord/Property Manager on the tenant’s behalf

**How to apply:**
- **Call 1-860-785-3111** and speak to a Call Center Representative to find out if you are eligible for rental assistance
- DOH will review the information and, if you qualify, assign you to the appropriate Housing Counseling Agency (HCA)
- The HCA will contact and work with you to complete the full application
- TRHAP has a number of eligibility requirements – if you have **questions about whether you qualify** for assistance, you should **call 1-860-785-3111** and speak to a Call Center Representative
- Take notes of who you talk to & when, and save all paperwork or responses you get from TRHAP

**What you need to apply:**
- Documentation showing that your household **lost some or all income due to COVID-19** and is unable to pay full rent since March 1, 2020
  - For example, you will need proof that your income was reduced because of job loss, furlough, layoff, reduction in hours/wages, workplace closure, or work missed to care for a school-age child or elderly person, etc.
- **Your household income** for 2019 (using your tax returns for 2019)
  - Income from minors and full-time students will not be counted
- **Agree to pay your landlord all past due rent** not covered by TRHAP, if you still owe any rent
- Identify the month (or 30 consecutive days) during March, April, and May when you earned the least
- Any other documentation requested by the TRHAP Call Center Representative

**Other TRHAP eligibility requirements:**
- Rental assistance must be for the tenant’s **primary residence** in Connecticut
- The tenant must **not** receive rental assistance from another Federal or State program
- The tenant must **not** have a court order telling them to move out because of an eviction that was filed before March 11, 2020

Visit the [CT Department of Housing](https://www.ct.gov) or call **211** for more information about TRHAP

Please call the Connecticut Fair Housing Center at (860) 247-4400 if you experience any difficulties accessing the program or have concerns about program requirements. The TRHAP program is administered by the Connecticut Department of Housing, not the Connecticut Fair Housing Center

Información precisa al día 15 de julio 2020 / Information Accurate as of July 15, 2020
¿Necesite ayuda para pagar su renta debido a COVID-19?

El Departamento de Vivienda de Connecticut (DOH) anunció que el nuevo Programa Temporaria de Asistencia para Pagar la Renta (TRAP) aceptará aplicaciones empezando a las 8 de la mañana, el 15 de julio 2020.

➤ Viviendas que cualifican pueden recibir hasta $4,000 en ayuda para pagar renta que deben durante el año que empieza el 1 de marzo 2020. Pueden recibir hasta $1000 por mes en asistencia
➤ Durante los meses que reciben esta ayuda los inquilinos tendrán que pagar 30% del ingreso total recibido durante los meses de marzo, abril o mayo al propietario como renta
➤ TRAP dará prioridad a personas que fueron negado la asistencia de desempleo y a familias o personas con bajo ingreso
➤ La asistencia será pagada directamente al propietario o a quien colecta la renta

Cómo aplicar:
- Llame a 1-860-785-3111 para hablar con un representante para averiguar si usted es elegible para esta asistencia
- DOH revisará su información y si usted cualifica le van a asignar a una agencia de consejeros de vivienda (HCA)
- La HCA hará contacto con usted para completar la aplicación
- TRAP tiene varios requisitos para cualificar. Si usted tiene preguntas sobre si cualifica para la asistencia puede llamar a 1-860-785-3111 y hablar con un representante del programa
- Tome apuntes sobre con quien habla y las fechas y guarde todo el papeleo e información que usted recibe de TRAP

Qué hace falta para aplicar:
- Necesita documentación que muestre que perdió parte o todo de su ingreso debido a COVID-19 y que no ha podido pagar toda su renta a partir del 1 de marzo 2020
  - Por ejemplo, va a tener que mostrar una prueba mostrando que su ingreso fue reducido debido a perder su trabajo, o porque le descansaron, o redujeron sus horas o su pago, o cerró el lugar donde trabajaba, o no podía trabajar por necesitar cuidar a un anciano o a sus hijos porque no podían ir a la escuela, etc.
- El ingreso de su hogar por 2019 documentado por la planilla de sus impuestos
  - Ingresos de menores de edad y estudiantes que estudian tiempo completo no serán contados
- Va a tener que prometer pagar al propietario toda la renta que debe que no será pagado por TRAP, si todavía debe renta
- Va a necesitar identificar el mes (o cualesquiera 30 días consecutivos) durante marzo, abril o mayo 2020 cuando ganó menos ingreso
- Cualquier otra documentación que le piden

Otros requisitos para TRAP:
- La asistencia tiene que ser para la casa donde mayormente vive en Connecticut
- Quien recibe la asistencia no puede también recibir otro tipo de asistencia de un programa del estado de Connecticut o del gobierno federal para pagar su renta
- Quien recibe la asistencia no puede tener un orden de la corte que dice que tienen que desalojar de su casa resultingado de un caso registrado en la corte antes del 11 de marzo 2020

Visite el Departamento de Vivienda de CT o llame a 211 para más información sobre TRAP

CT Si tiene problemas con acceso a, o cualificar para este programa llame al Centro de Vivienda Justa de CT (CT Fair Housing Center) a (860) 247-4400. El programa de TRAP es administrado por el Departamento de Vivienda de y no por el Centro de Vivienda Justa de CT.

Información precisa al día 15 de julio 2020 / Information Accurate as of July 15, 2020
Safe and Affordable Accounts for You

These accounts are available for all CT residents through the branches of the banks listed below nationwide.

Bank of America
Safe Balance Account

- No overdraft fees
- Checking Account
  $4.95 monthly service fee
  $25 opening deposit
- Can open account online
- No checks

Chase Secure Banking Account

- No overdraft fees
- Checking Account
  $4.95 monthly service fee
  $25 opening deposit
- Can open account online
- No checks

Wells Fargo Easy Pay Card

- No overdraft fees
- Reloadable Pre-Paid Card
  $5 monthly service fee
  $25 opening deposit
- Can open account online
- No checks

KeyBank Hassle-free Account

- No overdraft fees
- Checking Account
  No monthly service fee
  $10 opening deposit
- Can open account online
- No checks

For more information about Bank On or these featured accounts, please contact:

Tori Hamilton
(860)951-2212 x 230 or thamilton@cahs.org

Visit cahs.org/bankon
Food Resources for Kids
During COVID-19 Emergency

The Office of Early Childhood knows that early childhood programs and families may have trouble knowing where to find food and other resources right now. For our families with young children, our family child care homes and child care centers, please share this information with your families, friends, and neighbors.

School Meal Sites

During the school closures related to COVID-19, some school communities are providing breakfast and lunch to our children. Meals and snacks distribution are being offered under the federal school and child care nutrition programs.

Information on COVID-19 Emergency Meal Programs for children 18 years or younger is available at portal.ct.gov/sde. There are two lists linked in the banner on the State Department of Education main page that identify school districts participating.

What's Offered in Your Town? Find Out!

1. School Students and Families
   School districts on this list can only serve meals to students attending their schools, and any other child age 18 years or younger living in the same household.

2. All Children in the Community
   Any child age 18 years or younger can receive meals at any meal service and distribution site in these towns/cities. They do not have to live or go to school in these towns/cities.

Check local school district websites to find the most updated list of school meal sites. Parents and/or guardians can pick up food without the child present at some locations.

You are not in this alone!

For more from The Office of Early Childhood, please visit www.ct.gov/oec and www.ctoec.org/covid-19.
Additional Resources & Benefits

Supplemental Nutrition Assistance Program (SNAP):
The CT Department of Social Services (DSS) administers SNAP. CT residents can apply for SNAP portal.ct.gov/DSS/SNAP/Supplemental-Nutrition-Assistance-Program---SNAP/Apply.
End Hunger CT for families 1-866-974-SNAP (7627) and www.ctsnap.org.

The Emergency Food Assistance Program (TEFAP), Medicaid, Temporary Family Assistance (TFA):
The CT DSS also administers TEFAP, Medicaid, and TFA. Families can find information 24/7 at www.connect.ct.gov and ct.gov/dss/apply; or by calling 1-855-6-CONNECT. Find ways to contact DSS online, by phone, by mail, and at DSS Field Office dropboxes here.

WIC: The Special Supplemental Nutrition Program for Women, Infants, and Children
The WIC Program provides supplemental foods, health care referrals, nutrition education, and breastfeeding promotion. Apply at portal.ct.gov/DPH/WIC/How-To-Apply.

COVID-19 Information

Resources and Volunteering
2-1-1 Connecticut: 211ct.org has a listing of food pantries and emergency food assistance locations, homeless shelters, and support services for families. Dial 2-1-1 to reach the hotline which is available 24/7. The hotline also has information on general questions about COVID-19 and resources across the state. If you're experiencing symptoms, contact your medical provider.
Foodshare: www.Foodshare.org
CT Food Bank: www.CTFoodBank.org
Connecticut Voluntary Organizations Active in Disaster: http://ctvoad.communityos.org/cms/home

Helpful Tips
Baby formula can be found at larger grocery store chains. If you don’t see formula on the shelf, ask a store employee if there might be formula that hasn’t been put out yet.

Take advantage of help from the following places: local food pantries, food banks, mobile food trucks, back pack programs, local social and human service agencies, churches, schools, parent / child / family resource centers, diaper banks.

Looking to Help?
If you are going to the grocery store or pharmacy, pick up food or supplies for your neighbors who cannot get out of the house. Families with young children are in need of age appropriate food and supplies for children under three years of age. This includes baby formula, meat, snacks, pasta and rice, paper goods, cleaning supplies, toilet paper; as well as crayons and crafts for children to play and learn.

Check all resources regularly for updates since information is constantly changing.
THIS IS IMPORTANT FOR LOW-INCOME FAMILIES

COVID UTILITY PROTECTION ENDS SEPTEMBER 9, 2020

Protection can continue until October 31, 2020, if families call to get coded for HARDSHIP or WINTER protection.

Families can use information below to get Hardship or Winter Protection

To get Hardship or Winter Protection:

1. Call your utility company
2. Ask to be coded “Hardship” or “Winter” protection

Companies must offer a payment plan you can afford. Ask about:

- Below Budget Worksheet
  (payment of $50 or $75 per month regardless of back bill)
- New Start
  (affordable monthly payment/entire back balance forgiven if 12 months of consistent payments)
- Matching Payment Programs
  (affordable monthly payment as low as $75.00 – balance reduction)
- Energy Assistance
  (payment toward back heat bill – you can also call your local Community Action Agency)
- Operation Fuel
  (financial assistance for unpaid back bills for qualified customers)

CALL NOW TO EXTEND YOUR UTILITY PROTECTION AND GET A PAYMENT PLAN

- United Illuminating: 800-722-5584
- Eversource: 800-286-2000
- Connecticut Natural Gas: 860-727-3000
- Southern Connecticut Gas: 800-659-8299

For help or more information, call:

- Bonnie Roswig, Center for Children’s Advocacy: 860-566-0836
- United Way: 211 InfoLine
- Connecticut Public Utilities Regulatory Authority (PURA): 800-382-4586
The Valley Senior Services Council invite caregivers to a three part series to help you care for your loved one. Join us to have a discussion on an overview of the disease and the challenges that caregivers may face as well as coping mechanisms.

Wednesday August 19, 2020: Alzheimer’s – Cary Carpino, RN Senior Health and Wellness Coordinator at Griffin Hospital

Wednesday September 9, 2020: Parkinson’s – Stephanie Fisher, PT at Griffin Hospital

Wednesday September 23, 2020: Stroke – Gail Chaffee, RN Stroke/Hospice/Palliative Coordinator at Griffin Hospital

Presentations are being held via ZOOM
3:00PM-4:00PM

Events are free, Please RSVP for each event by calling:
TEAM Elderly at 203-736-5420 X 4225
ARE YOU:
Seeking a divorce, modification of child support, or custody?

IS YOUR:
Landlord trying to evict you, refusing to fix things, or unwilling to give back your security deposit?

WERE YOU:
Arrested for DUI, speeding or other traffic related violations, or a criminal matter?

HAVE YOU:
Been denied unemployment compensation?

DO YOU:
Have a claim, or have you been sued for, an amount less than $5,000?

Maybe the Modest Means Attorney Referral Program can help.

Call (203) 562-0162

More information and a financial eligibility application can be found at www.newhavenbar.org/lrs.php.
FOR IMMEDIATE RELEASE

CVS Opens COVID-19 Rapid Testing Site in New Haven

NEW HAVEN, Conn. – Today CVS opened a COVID-19 rapid testing site in New Haven. CVS has already launched two of these testing programs in the states of Georgia and Rhode Island, and it is an effective way to identify those who are COVID-19 positive and to further reduce the spread of the virus. Testing is free of charge and takes approximately thirty minutes. The New Haven rapid testing site is located at Gateway Community College, 60 Sargent Drive. Those interested in scheduling a test will need to preregister in advance online at CVS.com to schedule a time slot. Once an individual arrives at the testing site, medical staff will instruct them to stay in their vehicle and will be directed through the process.

"We see the effectiveness of COVID-19 rapid testing sites in other states like Georgia and Rhode Island, and I am glad that CVS has stepped up to open a rapid testing site in New Haven," stated Mayor Justin Elicker. "This partnership will aim to test up to 1,000 people a day in this location. The New Haven Health Department will also provide assistance to those residents without internet access by helping to fill out the online application. Call our emergency line at (203) 946-4949 for assistance. This is an unprecedented time for our communities, and it is critical we continue to stay home and stay safe to reduce the spread of COVID-19," he concluded.

If a resident is without a vehicle, they are to dial 2-1-1, and the State will provide them with a taxi service through the Connecticut based taxi company M7 free of charge. Drivers will wear new personal protective equipment (PPE)—masks and gloves—for each ride. Riders will also be given PPE before entering the vehicle. There will be a plexiglass shield separating the driver from the passenger. This ride service through 2-1-1 is also available for residents experiencing a disability. After each ride, the driver will clean and disinfect the vehicle. If the New Haven resident is without internet access, the New Haven Health Department will help them register for a test over the phone.

"The New Haven Health Department is ready to assist any New Haven resident that needs assistance with rapid test registration. There may be residents that have limited access to the internet, and we want to ensure all New Haven residents have access to testing in this very challenging time," said New Haven Health Director Mantza Bond.

To register for a test, residents are to access: www.cvs.com/minuteclinic/covid-19-testing

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165 Church Street, New Haven, CT 06510
COVID-19 TESTING SITES

Dear New Haven Residents,

In response to the disproportionate rates of COVID-19 cases in our communities of color, our team has been working closely with local partners.

I’d like to announce the opening of Murphy Medical Associates testing site in the Dwight and West River neighborhoods. This location is behind the Amistad School on the corner of Day Street and Chapel Street.

To sign up for testing, you can visit coronatestct.com or call the Health Department at (203) 946-4949, and we can sign you up over the phone.

The Murphy Medical Associates site is the fifth testing site that has been activated in New Haven, along with Fair Haven Community Health Center, Cornell Scott Hill Health Center, CVS, and Yale-New Haven Hospital. Thank you to all our partners for helping our communities that need it the most.

If you are unable to get a test at any of our community-based testing sites, the CVS rapid testing site is offering rides with taxi service M7. Just call 2-1-1, have your confirmation number ready, and schedule your ride.

If you would like to sign up to get tested at any of the available facilities, please find information on the City of New Haven’s website or call the New Haven Health Department Emergency Line at (203) 946-4949.

Please stay safe and stay home.

Always serving you,
Mayor Justin Elicker
(203) 500-2969
<table>
<thead>
<tr>
<th>Open</th>
<th>Jewish Family Services</th>
<th>1440 Whalley Ave, New Haven, CT 06511</th>
<th>203-397-0796</th>
<th>Wed &amp; Thurs. 9am-12pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>To be confirmed</td>
<td>Liberty Educational Service Center</td>
<td>47 Elizabeth St., New Haven, CT 06511</td>
<td>203-691-9494, 203-606-1905</td>
<td>2nd &amp; 4th Sat. 1pm-3pm</td>
</tr>
<tr>
<td>Open</td>
<td>Loaves &amp; Fishes</td>
<td>57 Olive St., New Haven, CT 06511</td>
<td>203-562-2691</td>
<td>Sat, 9am-10:30am</td>
</tr>
<tr>
<td>Open</td>
<td>Mount Hope Recovery Center</td>
<td>565 Dixwell Ave., New Haven, CT 06511</td>
<td>203-785-0656</td>
<td>Two Fridays a month from 5:30pm-6:30pm</td>
</tr>
<tr>
<td>Open</td>
<td>New Flame Restoration</td>
<td>1415 State St., New Haven, CT 06511</td>
<td>203-843-8831</td>
<td>3rd Thurs of month, 5:30pm-7pm</td>
</tr>
<tr>
<td>Closed</td>
<td>New Haven Church of Christ</td>
<td>16 Gem St., New Haven, CT 06511</td>
<td>203-777-2992</td>
<td>Thursday, 4-5:30pm</td>
</tr>
<tr>
<td>Open</td>
<td>New Haven Inner City Enrichment (NICE) Program - Hill Substation</td>
<td>410 Howard Ave., New Haven, CT 06511</td>
<td>203-479-0056</td>
<td>Last Sat of month, 11am-1pm</td>
</tr>
<tr>
<td>Open</td>
<td>Salvation Army - New Haven Corps</td>
<td>450 George St., New Haven, CT 06511</td>
<td>203-624-9891</td>
<td>M, W, F, 9:30am-11:30am</td>
</tr>
<tr>
<td>Open</td>
<td>Second Star of Jacob</td>
<td>185 Chapel St., New Haven, CT 06511</td>
<td>203-776-9603</td>
<td>2nd &amp; 4th Thursdays of month, 9:30am-11am</td>
</tr>
<tr>
<td>Open</td>
<td>St. Ann’s</td>
<td>930 Dixwell Ave., New Haven, CT 06511</td>
<td>203-562-5700</td>
<td>1st &amp; 3rd Fri of month, 9am-11am</td>
</tr>
<tr>
<td>Closed</td>
<td>St. Matthew’s Church</td>
<td>388 Dixwell Ave., New Haven, CT 06511</td>
<td>203-777-0472</td>
<td>2nd Sat of month, 8am-9am</td>
</tr>
<tr>
<td>Closed</td>
<td>Upon This Rock Ministries - Dwight Substation</td>
<td>150 Edgewood Ave., New Haven, CT 06511</td>
<td>203-387-1215</td>
<td>3rd Sat of month, 9am-11am</td>
</tr>
<tr>
<td>Open</td>
<td>Varick AME Zion</td>
<td>242-246 Dixwell Ave, New Haven, CT 06511</td>
<td>203-624-6245</td>
<td>1st Sat of month, 10am-12pm</td>
</tr>
<tr>
<td>Open</td>
<td>Vertical Church - Fair Haven Substation</td>
<td>296 Blatchley Ave, New Haven, CT 06511</td>
<td>N/A</td>
<td>3rd Sat of the month, 1pm-3pm</td>
</tr>
<tr>
<td>Open</td>
<td>Walk of Faith Church</td>
<td>104 Fairmont Ave, New Haven, CT 06511</td>
<td>203-469-5134</td>
<td>Wed, 10:30am-1:30pm</td>
</tr>
<tr>
<td>Open</td>
<td>Women of the Village - Dixwell Substation</td>
<td>26 Charles St., New Haven, CT 06511</td>
<td>203-675-9437, 203-376-2790</td>
<td>Tue, 12pm-2pm; Distributes nonperishable food items the 4th Fri of month, 4pm-6pm</td>
</tr>
<tr>
<td>Open</td>
<td>Ministry of Helps Foundation</td>
<td>308-310 Morse Street, Hamden, CT 06514</td>
<td>203-785-8057</td>
<td>Open 5-6 PM, or until supplies run out.</td>
</tr>
</tbody>
</table>

Distributing emergency bags by appointment only.
Only open to New Haven residents. Must call on Friday after 2pm to make anpt.

Call first for the schedule. April dates: April 17 & 24; call for May dates.

Next date: April 16th; check back for future dates

Call the Mobile Pantry hotline for the most current information (203) 741-9751.
Bring bags.

Grab-and-go during COVID-19

Tuesdays 1-2pm. Bags are pre-made, line up at 12:45pm.
<table>
<thead>
<tr>
<th>Client-Specific Needs</th>
<th>Soup Kitchens</th>
</tr>
</thead>
</table>
| - 19% 
- 20% COVID-19 
- 20% during major holidays, Gatebuster 
- 20% during major holidays, Gatebuster | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 |
| - Serving hot breakfast, Pick-up only 
- Serving hot breakfast, Pick-up only | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 |
| - Temporarily closed May - September 
- Temporarily closed May - September | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 |
| - Closed in August, Opens September 
- Closed in August, Opens September | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 |
| - Breakfast (Open to Everyone) 
- Breakfast (Open to Everyone) | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 | 117 Mission Ave. New Haven, CT 06511 
203-865-0341 |
No Closed Doors

Get free help with resumes, job applications and more

No Closed Doors is a case-management agency run entirely by student volunteers in New Haven. We provide a welcoming and inclusive environment where you can receive free assistance with job applications, resume writing, and much more.

We are closed indefinitely due to COVID-19. For help with finding a job or writing a resume, please contact us at nocloseddoors@gmail.com or at (203) 654-9512.

CONTACT

No Closed Doors
205 Whitney Ave, Suite 106
New Haven, CT 06511

nocloseddoors@gmail.com
(203) 654-9512

We look forward to assisting you!
To use the calculator, go to the web address above. Enter the size of the pool, the number of years the pool will last, and the rate of return you expect. The calculator will then provide you with a rough estimate of how much you can expect to earn from your investment. The formula for calculating the future value of a present amount is:

\[ FV = PV \times (1 + r)^n \]

Where:
- \( FV \) is the future value of the investment.
- \( PV \) is the present value of the investment.
- \( r \) is the annual interest rate.
- \( n \) is the number of years the investment will last.

Remember to adjust the rate and time as needed to reflect your specific investment scenario.
New Haven City Transformation Plan in Your Neighborhood

The City of New Haven is seeking help from the federal government for several neighborhoods to become a Promise Zone, as part of the City Transformation Plan. Here’s how this will impact your neighborhood, and how you can get involved.

<table>
<thead>
<tr>
<th>Sector</th>
<th>Our vision for the Promise Zone</th>
<th>Impact in your neighborhood by 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Job creation &amp; workforce</td>
<td>All Promise Zone residents have the job training, basic skills, and access to services that</td>
<td>• Establish a pipeline to train, track, and place residents into good jobs</td>
</tr>
<tr>
<td>development</td>
<td>they need to succeed in living wage employment and achieve financial stability.</td>
<td>• Broker agreements with new and existing businesses to employ local residents and provide customized training for new jobs</td>
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<td></td>
<td></td>
<td>• Increase access to adult literacy &amp; basic skills programs</td>
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<tr>
<td>Economic activity</td>
<td>All residents benefit from sustained economic growth and a thriving local economy, and all</td>
<td>• Support local small businesses and creation of new businesses</td>
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<td></td>
<td>neighborhoods have vibrant centers of commerce, jobs, and community cohesion.</td>
<td>• Revitalize neighborhood commercial corridors</td>
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<td></td>
<td></td>
<td>• Connect new large businesses with the jobs pipeline</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Increase large-scale economic activity, but ensure benefits to Promise Zone neighborhoods</td>
</tr>
<tr>
<td>Education &amp; youth</td>
<td>All New Haven children, birth through age 8, will be healthy, safe, thriving in nurturing</td>
<td>• Increase access to quality early education, including new Head Start slots</td>
</tr>
<tr>
<td>development</td>
<td>families, and prepared to be successful, lifelong learners. All youth will be at grade level</td>
<td>• Support parents and families with the specific services they need</td>
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<tr>
<td></td>
<td>in reading and math, complete an education that prepares them for success in college and career,</td>
<td>• Improve literacy and social-emotional learning in NHPS and afterschool programs</td>
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<td></td>
<td>and grow up supported by caring adults.</td>
<td>• Build Student Success Plans for all students</td>
</tr>
<tr>
<td>Crime &amp; neighborhood safety</td>
<td>All neighborhoods will be safe, cohesive, free of violent crime, and capable of supporting their</td>
<td>• Help residents successfully return from prison to their community</td>
</tr>
<tr>
<td></td>
<td>residents’ success.</td>
<td>• Enroll residents in local leadership development programs</td>
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<td></td>
<td>• Expand YouthStat to support more at-risk youth</td>
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<tr>
<td></td>
<td></td>
<td>• Increase trust between communities and police through community policing</td>
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<tr>
<td>Health</td>
<td>All residents will breathe freely, have enough to eat, and be able to access quality wraparound</td>
<td>• Develop asthma action plans for students and remove asthma triggers from homes</td>
</tr>
<tr>
<td></td>
<td>care and support to be physically, mentally, and emotionally well.</td>
<td>• Improve screening for mental health needs at all community providers and increase training in mental health first aid and in dealing with trauma</td>
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<td></td>
<td>• Increase access to healthy food through schools, community markets, and gardens to ensure no families are without food</td>
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<tr>
<td></td>
<td></td>
<td>• Develop a database of local care providers so that residents more easily get the referrals they need</td>
</tr>
<tr>
<td>Housing &amp; neighborhood</td>
<td>All residents have access to quality housing, infrastructure, and neighborhood spaces that</td>
<td>• Redevelop and renovate Housing Authority units paired with a construction workforce pipeline</td>
</tr>
<tr>
<td>infrastructure</td>
<td>promote community cohesiveness and are affordable.</td>
<td>• Develop new affordable housing for families and elderly residents</td>
</tr>
<tr>
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<td></td>
<td>• Expand access to housing for homeless and at-risk residents</td>
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<tr>
<td></td>
<td></td>
<td>• Improve physical conditions of neighborhoods, including sidewalks, safe streets, transportation, and options for residents to bike, walk, and exercise</td>
</tr>
</tbody>
</table>
Receiving State Benefits? What you should know about:
Reporting Changes

Changes which affect your program eligibility must be reported to the Department of Social Services within 10 days. You can report these changes to your worker by telephone, fax or you can mail verification to your worker explaining these changes.

Be sure to include your name, client ID number and the name of your worker on all correspondence. Your worker may ask you to send in verifications of these changes. When in doubt about reporting a change, contact your worker.

Examples of changes you should report are:

Changes in income

You start employment
You change employers
You end employment
You start to receive unemployment compensation
Your unemployment compensation ends
You start to receive social security
You start to receive child support payments
Any other changes in income over $100.00 per month

Changes in living arrangements

Someone moves into your household
Someone moves out of your household
You move
You get married
You get divorced
You become pregnant
You give birth
You enter a drug treatment program, rehabilitation facility or hospital for over 30 days

Other changes

You receive an inheritance
You receive a lawsuit settlement
You open or close a bank account
You buy or register a motor vehicle
You enroll in school, change schools, quit or graduate

The new customer phone line:

1 – 855 – 626 - 6632
Lube technician - Branford Car Wash (Branford)

We are currently seeking a Lube Technician to become an integral part of our team! Looking for part time and full time employees.
Responsibilities: Perform routine vehicle oil changes. Drive vehicles in and out of lift
Sales. Perform 14 point inspection on vehicles.
Qualifications: Previous experience as an automotive technician, mechanic, or other related fields. Knowledge and understanding of oil changes. Strong mechanical aptitude and troubleshooting skills
Work well with others. Drivers License, bilingual a plus. Must come in person to fill out application. Branford Car Wash 938 West Main Street Branford, CT 06405

Insulation Installer/Helper
(New Haven County)

Looking for candidates for training with pay! This is a very hands on position. Good communication, customer service and positive attitude are a must.
Previous experience is preferred and a willingness to succeed is required. Ability to show up ready to work with a positive attitude is a must. Must be able to pass a drug test, lift 50 # and work 6:00 am until the job is done. Responsibilities include: Preparing work site for insulation Assisting in preparing and cleaning job site before and after application. Our ideal candidate for this job will have the following qualifications: 2. Punctuality, good work ethic and attention to detail
3. Social and personal skills 4. Reliable transportation
5. Mechanically inclined. Valid driver’s license required. $15 to Start. de3a0f066ebc3561b556c8bf80e1a16@job.craigslist.org

PIZZA MAKER CHEF (MILFORD)

PIZZA MAKER FULL TIME GG’S WOOD FIRED PIZZA 591 BOSTON POST ROAD
MILFORD CT Pizza maker position includes preparation of dough and station set up.
Must have experience for very busy restaurant. Please apply in person
PIZZA FABRICANTE TIEMPO COMPLETO. El puesto de pizzero incluye la preparación de la masa y el montaje de la estación.
Debe tener experiencia para un restaurante muy concurrido. Solicite en persona. Garantiza que las estaciones de cocina estén desinfectadas y preparadas con las herramientas necesarias.
Prepara y almacena la masa de piza. Prepara salas para pizas. Solicita suministros, maneje el inventario, crea presupuestos para garantizar un costo de alimentos rentable.
Entrena a otros cocineros en el proceso de preparación para que todas las comidas sean uniformes. Verifica la calidad de las pizzas antes de servirlas a los invitados. Realiza un mantenimiento regular en el equipo de cocina. Colabora con el personal en los elementos del menú.
Resuelve las quejas de los clientes con diplomacia. Se asegura de que la cocina esté limpia y desinfectada.

Cashier - Branford Car Wash (Branford)

We are seeking a Cashier to become an integral part of our team! Full time and part time available.
Responsibilities: Welcome and identify customer needs. Able to balance and close out register.
Qualifications: Previous experience in sales, customer service, or other related fields. Must supply references. Must apply in person:
Branford Car Wash & Express Lube
938 West Main Street

Landscapers (West Haven)

Landscaping and tree company in business over 25 years is looking for experienced landscapers, with knowledge in running Xmark mowers, blowers, trimmers, etc. Positive attitude and responsible individual with a valid driver’s license. DRUG FREE environment. If that sounds like you please call 203.795.4474 or send an email with your contact information.

Join the All My Sons Family as a Mover/Helper (Stratford)

Lots of Work, Great Pay as an All My Sons Mover/Helper! Pay: Paid Weekly. $11 per hour
(Based on Experience). TIPS Earned Daily $20 to $100 Per Day REQUIREMENTS AND JOB DUTIES: No license required! Experience Preferred but training is available. Able to lift at least 75 lbs., move, push, pull, sit and stand for long periods of time.
Come in to the office or call/text Amanda at 203-360-2790 (cell) or 203-388-0094

CLEANING JANITORIAL AND PRESSURE WASHING (Fairfield)

Compensation: $16 hr plus OT
EXPERIENCED COMMERCIAL CLEANER NEEDED, CARpets, FLOOR FINISHING, WINDOW CLEANING PRESSURE WASHING Starting wage is $16 /hr. start. You have OT too @ time and one half after 40 hour. No drug or substance issues will be tolerated.
Good CT drivers license GREAT job for the right person. Spanish Bi-lingual with English skills.
Please respond with your experience. WRS of Fairfield CT
Please respond 203-331-8614 voice AND/or email resume when replying. Give your cleaning and pressure washing experience. If you live in NY please don’t respond. Thank you. 59bca24e90320e3e4e08b5f701@job.craigslist.org
Warehouse Associate
FMC Processing
West Haven, CT 06516

Fast-paced, well established warehouse/fulfillment center looking for full-time help. Previous picking/packing, shipping and receiving, knowledge of shipping software and product assembly experience a plus but not required. We will train you! The only requirement is an attention to detail, strong work ethic, a willingness to learn and being a team player. An excellent opportunity for the right person to learn and grow with us. Hours are Monday thru Friday 7:00am-3:30pm. Benefit packages are available. Salary based on experience.

Job Type: Full-time
Benefits: 401(k), Employee Discount, Health Insurance, Paid, Time Off

Schedule: Day shift, Monday to Friday.
Overtime Experience: Pallet Jack: 1 year (Preferred), Customer Service: 1 year (Preferred), warehouse: 1 year (Preferred)

Warehouse Skills: Computer literacy, Packaging

This Job Is: A job for which military experienced candidates are encouraged to apply. Open to applicants who do not have a college diploma

Benefit Conditions: Waiting period may apply

Work Remotely: No

APPLY ONLINE @ www.indeed.com

Amazon Picker/Packer
Amazon Workforce Staffing
New Haven, CT 06503

Shifts:
Overnight, Early Morning, Weekend
Location: Wallingford, CT. Job opportunities vary by location. We update postings daily with open positions. Hourly pay rate: Earn up to $16.75 per hour. Immediate openings available now. Start as soon as 7 days. No resume or previous work experience required. Become part of the dedicated team that gets orders ready for people relying on Amazon’s service. From flexible part-time roles to full-time set schedules with health care benefits. Amazon has a variety of jobs. Find the right Amazon opportunity for you today. Candidates must be 18 years or older with ability to read and speak English for safety.

Reasons you’ll love working here: Health and safety are a top priority with all of our roles and sites. We continue to consult with medical and health experts, and take all recommended precautions in our buildings and stores to keep people healthy.

Earn more: You can expect a competitive wage and reliable paycheck when you work for Amazon

Benefits: Our range of benefits can include health care starting on day one, employee discounts, 401(k) savings plans, paid time off and more! Find out which benefits you’ll get after you choose your role with us.

Stay active: You’ll be on the move for your whole shift in our fast-paced environments.

Check out what some of our employees have to say about their jobs:
https://www.amazondelivers.jobs/about/culture/Amazon is hiring for the following types of roles in your area: Delivery Stations – Amazon’s delivery stations are the final stop before an order heads out for delivery to the customer’s door. In this active job you sort packages into delivery routes. Sort Centers – It’s no small job to get every order from click to customer door. Our sort centers are the first stop on the journey from the warehouse. You’ll be up on your feet moving and sorting packages between trucks.

Basic qualifications: High school, GED, or equivalent diploma

APPLY ONLINE @ www.indeed.com

Picker/Packer - 2nd Shift
Colony Hardware Orange, CT 06477

Colony Hardware is seeking an experienced warehouse associate to join our Second Shift team in our Orange, CT headquarters location and distribution center! Reporting to the Shift Manager, this position has primary responsibility for keeping merchandise organized and ready to ship to customers as well as branch locations. The Distribution Center packers stack and pile goods into their correct containers and prepare them for shipment. Major Responsibilities:

- Reads pick tickets, prioritizing most critical orders, and verifies item picked matches pick tickets.
- Sends picked orders to packing department.
- Packs goods following a specific set of instructions/procedures.
- Properly seals and labels each container.
- Sorts and organizes merchandise for easy access.

Moves completed orders to appropriate shipment location. Loads trucks with packed orders in a specified sequence.

Communicates issues to supervisor for resolution. Ensures that Distribution Center is kept orderly and clean during.

Minimum Requirements:
- High school diploma or equivalent.
- One year of prior Distribution Center experience.
- Familiarity with scanning equipment preferred.
- Ability to operate stand up fork lift preferred.
- Ability to prioritize work and perform multiple tasks.
- Must have customer service mindset when dealing with internal and external customers.
- Demonstrated organizational skills and attention to detail.
- Valid drivers license.
- Excellent communication skills including speaking, reading and writing in the English language.
- Proficiency in use of computer.

APPLY ONLINE @ www.indeed.com
**Personal Care Assistant (Caregiver) Live In (Meriden, CT)**

I am looking for an experienced live in caregivers who can work 5 days a week with a wonderful employer who is site impaired. As a Live in with personal care assistant you will: Experience a personally rewarding work environment - it is more than just a job. Work one-on-one with your client in order to build a relationship. Receive specialized training from the employer. Competitive pay. Enjoy flexible work hours to align with your lifestyle and schedule. Responsibilities: Assist with activities of daily living. Observing and reporting changes of physical and mental conditions. Companionship and conversation. Other duties as assigned by Manager/Employer

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**Full Time Laborer / Technician Fire Water Mold (North Haven)**

Full-Time. Experience in loss mitigation (fire, water, wind, mold) is a plus. You must be a self motivated, hardworking accountable person. You must be able to lift greater than 50 lbs. This positions responsibility will include extracting water from structures, selective demolition, cleaning, organizing, and setting up equipment. You must have a clean valid driver’s license. You must be able to document daily activities. You must be able to work well with others and alone. You must be able to work mandatory weekends and evenings. This is a completely smoke-free and drug-free position / environment. Pre-Employment Background checks and Drug screenings will be performed. Health Insurance, Earned PTO, Paid Holidays, Retirement Plan, Pro-Kleen Cleaning and Restoration Services, Inc.

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**Golf Course Grounds Employee (Hamden)**

Fresh Outdoor Air! Social distancing at it’s finest. Excepting applications for a golf course grounds crew employee. Appropriate training provided. Applicants must be able to perform medium duty physical labor. Prior experience preferred but not necessary. Applicant must possess the ability to learn how to use rotary lawn mowers, walk behind powered mowers and have the ability to operate a vehicle. Must have the ability to lift 50 lbs. All applicants must possess the following capabilities: ability to arrive to work at 5 a.m., ability to walk mow grass for a few hours each day, ability to follow written and oral instructions. Saturday and Sunday morning work is required. Typical work schedule is 4 weekdays and both weekend mornings throughout the season. 40 to 46 hours per week. Starting pay is $14.00/hour. Position starts asap. Motivated individuals only! Must have valid identification. Only individuals who can arrive at work on time will be considered. Must be able to pass an initial drug screening. Respond by email for application instructions. T2995c8baa3b0dbb2e2c7f8333ad90 @job.craigslist.org

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**Hiring Delivery Drivers (Cheshire)**

We are hiring van drivers to deliver to supermarkets. Applicants should have a clean driving record and be able to lift 50 lbs. Hours are roughly 6:30 to 1:30 M/W/F with additional hours around holidays. Please respond via email with your name and phone number to schedule an interview. aceefc679ab36f3eb338e3635e3be7421be@job.craigslist.org

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**Auto Body Worker (New Haven)**

Job requirements include: must be able to sand and buff vehicles. Assist the Painter with preparing the vehicles for painting and refinishing. Ability to disassemble and reassemble auto body parts. Ensure that the customer vehicles are cleaned. And picking up auto body parts as needed.

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**Dishwasher (New Haven)**

Lenny and Joe’s Fish Tale New Haven’s #1 Seafood Restaurant is now hiring Line Cooks & Dishwashers for a fast pace high volume kitchen for our location in New Haven. Our team is dedicated, fast-paced and hard-working. We value organization and attention to detail and want people that value integrity, honesty and teamwork. Must be available to work all different shifts including nights, days, weekends and holidays. Prior restaurant kitchen experience required Please e-mail your resume or stop in to our location Monday-Friday 11am - 5 pm. 501 Long Wharf Drive New Haven, CT 06511

NO PHONE CALLS PLEASE.

eaf378dee7f39d0af1c3b6869c93fe @job.craigslist.org
Harvest Technician
Green Thumb Industries,
West Haven, CT

The Role
Do you love working with your hands? GTI is looking for a Harvest Technician to join our cultivation team. The Harvest Technician provides manual labor which supports the post-cultivation activities and operations of our cultivation department. This position will be responsible for preparing and processing harvests for flower sales and oil extraction. Our ideal candidate is a self-motivated, positive individual who can think of no better way to spend the work day than putting, big leafing, and harvesting our cannabis plants with expert care and precision. Responsibilities: Participating in cannabis harvest process including offload, harvesting, sanitizing and reloading flower rooms, milling and destruction of cannabis waste, Harvesting and drying wet cannabis plants. Accurately weigh and record post-harvest materials and manage cultivation waste. Maintain open communication with management team and co-workers. Maintain a neat and organized work area allowing for the proper segregation of materials and processes. Follow all SOPs, verbal directives, training information and policies when performing duties.

Qualifications: Previous experience in a hands-on environment with high attention to detail preferred. High school diploma or equivalent required. Basic math and computer skills, common sense and resourcefulness. Attention to detail and ability to focus on one task for extended periods of time. Adapts and thrives in a demanding, start-up, fast-paced environment. Ability to work independently throughout a workday with given directives. Additional Requirements: Must pass any and all required background checks. Must be and remain compliant with all legal or company regulations for working in the industry. Must be a minimum of 21 years of age. Must be approved by the D.O.A. to receive an Agent badge.

APPLY ONLINE @ www.indeed.com

Amazon Picker/Packer
Amazon Workforce Staffing
New Haven, CT 06503

Warehouse Team Members

Shifts:
Overnight, Early Morning, Weekend
Location: Wallingford, CT. Job opportunities vary by location. We update postings daily with open positions. Hourly pay rate: Earn up to $16.75 per hour. Immediate openings available now. Start as soon as 7 days. No resume or previous work experience required. Become part of the dedicated team that gets orders ready for people relying on Amazon’s service. From flexible part-time roles to full-time set schedules with health care benefits. Amazon has a variety of jobs. Find the right Amazon opportunity for you today. Candidates must be 18 years or older with ability to read and speak English for safety.

Reasons you'll love working here: Health and safety are a top priority with all of our roles and sites. We continue to consult with medical and health experts, and take all recommended precautions in our buildings and stores to keep people healthy.

Earn more: You can expect a competitive wage and reliable paycheck when you work for Amazon.

Benefits: Our range of benefits can include health care starting on day one, employee discounts, 401(k) savings plans, paid time off and more! Find out which benefits you'll get after you choose your role with us.

Stay active: You'll be on the move for your whole shift in our fast-paced environments.

Check out what some of our employees have to say about their jobs:

https://www.amazondelivers.jobs/about/culture/Amazon is hiring for the following types of roles in your area:

Delivery Stations - Amazon's delivery stations are the final stop before an order heads out for delivery to the customer's door. In this active job you sort packages into delivery routes. Sort Centers - It's no small job to get every order from click to customer door. Our sort centers are the first stop on the journey from the warehouse. You'll be up on your feet moving and sorting packages between trucks.

Basic qualifications: High school, GED, or equivalent diploma.

APPLY ONLINE @ www.indeed.com

Warehouse, Selector
Bazzuto's Inc. North Haven, CT 06473

PAID TRAINING! The Distribution Center (DC) Selector is responsible for, but not limited to:

Selection of product using voice systems. Palletize cases of product. Moving and positioning pallets. Loading and unloading trailers. Shifts run between 10-12 hours. Weekend and holiday hours required. Warehouse experience preferred. Previous experience working for a large wholesale food distributor a plus. All candidates must be able to pass a pre-employment physical, lifting assessment, drug screen and criminal background check.

Salary: $15.00 to $28.00 /hour

Walking, squatting, reaching, twisting, bending and carrying up to 75 pounds, distances of up to 8 feet on dry surfaces, wet surfaces, slippery surfaces and lifting up to a height of 70 inches. Pushing/pulling items with a resistance of up to 50 pounds. Stending and walking on concrete, climbing to a height of up to 11 inches. Use repetitive motions using upper and lower extremities. Perform work in a refrigerated work environment with temperatures that vary from -20 degrees Fahrenheit to 55 degrees Fahrenheit. Perform work in a non-refrigerated work environment with temperatures that vary from 40 degrees Fahrenheit to 90 degrees Fahrenheit. Obtain and properly inspect equipment minimum of two (2) times per shift. Ensure equipment operation check results are recorded properly and in a timely fashion. Must be able to operate Voice Recognition System. Accurately select product to meet the minimum production standard. Maintain standards of personal hygiene and proper dress code. Must be able to communicate promptly with management regarding all problems that interfere with a safe work environment. Must be 18 years of age or older. Available to work all shifts/days of the week.

APPLY ONLINE @ www.indeed.com
DO YOU KNOW IF YOU COUNT?

The unemployment rate for the City of New Haven is reported at only 10.4%*.
The State of Connecticut Department of Labor using the following definitions determines that figure:

LABOR FORCE CONCEPTS (As reprinted from DOL Office of Research)

The civilian labor force comprises all state residents age 16 years and older classified as employed or unemployed in accordance with criteria described below. Excluded are members of the military and persons in institutions (correctional and mental health, for example).
The employed are all persons who did any work as paid employees or in their own business during the survey week, or who have worked 15 hours or more as unpaid workers in an enterprise operated by a family member. Persons temporarily absent from a job because of illness, bad weather, strike or for personal reasons are also counted as employed whether they were paid by their employer or were seeking other jobs.
The unemployed are all persons who did not work, but were available for work during the survey week (except for temporary illness) and made specific efforts to find a job in the prior four weeks. Persons waiting to be recalled to a job from which they had been laid off need not be looking for work to be classified as unemployed.
The unemployment rate represents the number unemployed as a percent of the civilian labor force.

With the exception of those persons temporarily absent from a job or waiting to be recalled to one, persons with no job and who are not actively looking for one are counted as “not in the labor force”.
Over the course of a year, the size of the labor force and levels of employment undergo fluctuations due to such seasonal events as changes in weather, reduced or expanded production, harvests, major holidays and closing of schools. Because these seasonal events follow a regular pattern each year, their influence on statistical trends can be eliminated by adjusting the monthly statistics. Seasonal Adjustment makes it easier to observe cyclical and other non-seasonal developments.

The state Job Service is where you would traditionally receive help in seeking out employers who are hiring and receive other services to help prepare for the job market.

MAKE SURE YOU COUNT!
Go and get registered with the State of Connecticut Department of Labor 37 Marne Street as a Job Seeker.
Keep in monthly contact - stay included in the unemployment rate. *(DOL December '18 - only 2,513 people in New Haven without a job)

As of June 1, 2020
Minimum Wage is $11 in Connecticut

SAGA Support Services

Justice of the Peace

Free services to active recipients of DSS benefits – by appointment
Notarize documents     Marriages
Call (203) 946 – 8523
For an appointment
How to Effectively Market Yourself for a Job When You’ve Been Long-Term Unemployed  
www.shrm.org

For most people losing a job is a devastating experience. Not finding one right away is even more discouraging, but the sooner you get started looking and the more dedicated you are, the more likely your search will be a positive experience.

The Society for Human Resource Management (SHRM) is the largest HR association in the world, with more than 275,000 members. Our members, HR professionals in organizations representing all sizes and industries, recognize that as a result of the years-long economic downturn, an unprecedented number of Americans have been unemployed for six months or more.

We are educating our members on how to review their organization’s hiring procedures to ensure they do not intentionally or inadvertently give less consideration to certain job candidates based solely on their unemployment status. Nevertheless, having a resume with gaps in work history can pose a challenge for the job seeker. This challenge is not insurmountable, and SHRM members offer the following advice to help you, as a job seeker, put your best foot forward.

Step 1: Approach your job search as though it WERE your job

Devote time—up to eight hours a day—to finding a job. Set a schedule with daily tasks in order to establish a structured routine. Having a schedule makes people more efficient. Giving yourself a deadline by, say, blocking off 2 p.m. to 4 p.m. to work on an application or make your calls is better than saying you'll get around to it as soon as you can.

Try to maintain a flexible attitude, and project a willingness to learn. Your old job/career may not exist anymore, so you may need to develop new skills or apply the old ones in a different way.

If you are feeling stuck, seek out groups of people who are in the same situation. Many community centers, religious entities and other organizations host meetings for job seekers. It may help you to discuss your efforts with others.

Step 2: Stay active by engaging in productive activities

Find activities to show that you are still engaged in your community and focused on gaining skills and qualifications. Activities also fill time on your resume, showing employers that you haven’t been stagnant since you left your previous position.

- Personal Development or Professional Development

Classes at a community college, university or training program can keep you up-to-date with technology and other trends in your field so that you’ll be informed when you do go on interviews or even chat informally with employers.

Many educational institutions have career centers with well-connected advisors who know what employers are looking for and who is hiring. Consider a training program or temporary position, offered by many employers. Short-term positions give you a chance to test-drive a specific job or company.

- Development Through Volunteer Engagement

Volunteering can involve much more than planting trees and painting buildings; it’s also a great way to learn new skills. You can design a website, organize an event, write letters on behalf of the organization or have any variety of other responsibilities.

Volunteering can give you exposure to a new field or allow you to try out a new career. Volunteering at a specific organization you want to work for is an excellent way to get your foot in the door and make a notable first impression. If you can show you are a valuable and effective volunteer, employers will think you may make a valuable and effective employee.

Volunteering enables you to expand your network. By working on a cause you are passionate about, you will meet like-minded people, some of whom may be able to help with your job search.

Volunteering is a fun and valuable way to break up the monotony and provide you with an anchor while you look for a job. It can also provide a sense of accomplishment.

Step 3: Update and revise your resume

Understand the online application process before submitting your resume. Applying for a job today requires that you tailor your resume to the specific position. Before submitting your resume, make sure it contains some of the key words that are outlined in the job description.

Use terms that apply to the specific job and/or industry. Sprinkling in newer terms can show that you're current with the technology and other trends of the field.

Include accomplishments—both at work and outside of it—so employers can see how you've done, not just what you've done.

Quantify your experiences. Use numbers to communicate changes or improvements you have made over a specific period. Examples include quantitative gains in production or performance, notable customer satisfaction, greater organizational performance, cost reductions or cost avoidance.

Include legitimate volunteer or nontraditional work experience, to eliminate or decrease any gaps in employment.

If your formal education occurred more than 10 years ago, consider taking dates off and adding other training or education you have obtained since then.

Step 4: Network, network, network

Networking is still the most effective way to find out about jobs. Prepare your “elevator speech,” in which you describe your skills and career goals in two minutes. Preparing ahead helps you take advantage of opportunities to talk, at a moment’s notice, with someone who may be in a position to help you.

- Reach out to family, friends, neighbors and associates.

Use your connections to your advantage. The more people you know, the better your chances of finding and landing a job. Talk with your previous employers and co-workers. People who have seen you at work before and are in your field of experience can be the best people to know.
Seek out community groups for assistance, including those for unemployed people who help one another with leads, references and other support. Programs, both formal and informal, have started in communities nationwide. If you can’t find a group in your community, start one. With nearly a quarter of Americans laid off at some point because of the recession, you do not have to be alone in your search. Be willing to help others in your groups. Paying it forward can be of great benefit when your colleagues get settled in a new role. Not only will it help you, but it looks great to businesses if you let them know you started a group or are active in one that helps people in the community.

- Use online sites, including LinkedIn.

If you don’t have a LinkedIn profile, create one. Employers use this site to look for new talent so make sure your profile contains keywords that are relevant to jobs that interest you.

Use the search function on LinkedIn to find profiles of people seeking positions similar to what you are interested in pursuing. Then use these profiles as templates to modify your profile.

See what companies your connections and their connections have worked for. Those who worked at a company a few years ago likely still know people who work there.

Join groups that apply to you. Many industries, regions and even companies have their own pages. These are a great source of information and a way to keep current with what’s happening in a particular field.

- Reach out to employers that interest you.

Many companies host open houses or exhibitions to showcase their work. If it looks interesting to you, check it out. Ask questions and make some contacts, too.

If you want to talk with someone at an organization, go for it. Reach out to a firm you have great interest in and ask to come in and learn more about it. Don’t mention employment in the first conversation. A good first impression can lead to that important referral or helpful information.

- Look for local nonprofit or government organizations that can help you with your job search.

Never pay an organization to find you a job—most likely it is not a legitimate business.

Take advantage of the services that government-funded Career One Stop centers offer. These centers provide free assistance to job seekers. More information is available at http://www.careeronestop.org/

Learn about local nonprofit organizations serving the long-term unemployed. The programs are as varied as the communities they serve and can be researched online.

Step 5: Become More Technologically Proficient

It’s no secret that many employers look up their applicants online. While most people know to keep offensive pictures and posts off Facebook, you can take this a step further by creating a brand for yourself. Use LinkedIn as your primary tool, but learn more about how to effectively use Twitter and Facebook as a means of “branding yourself.”

Social networks are an excellent way to interact with potential employers. Sharing information via a status update on LinkedIn or re-tweeting or tweeting at an employer or sending messages on Facebook with relevant information can get you noticed.

Scanning blogs on relevant topics allows you to stay up-to-date with the industry and hear different perspectives. Commenting on blogs and engaging with their authors are other valuable methods of gaining contacts in the field.

Joining listserves is a great way to crowdsource your information gathering. People often mention opportunities they heard of or topics they think are worth sharing.

Although it’s efficient to comb through the larger online job boards, it’s worth noting that many listings receive hundreds of applicants. One way to find less visible opportunities is to research what companies you might like to work for and search their sites for vacancies. It takes longer to do this, but you may just find that perfect under-the-radar opportunity. Following up your application with a message to the company contact person further enhances your potential of being noticed.

If you need help in navigating the world of computers or even getting access to a computer consider a local library. Most libraries have computers available to the public, and some offer free resources like classes or coaching. Career OneStops also offer classes and computers for public use.

Step 6: Prepare for your future interview

Get fit by exercising and eating right. When you feel good you will come across well in an interview.

Consider how you look. A good haircut and neat, clean business attire are a way to say “I respect myself.” You don’t have to buy expensive suits if you don’t have the budget; just scour the resale shops, and make sure the clothes fit and are clean and ironed.

Address gaps in your resume’s work history upfront. Offering an explanation prevents a potential employer from making assumptions that may be incorrect. Similarly, take the opportunity to address any possible concerns about your being overqualified for the position. When a candidate raises the issue, this can help put an employer’s mind at ease.

Never underestimate the value of a handwritten note. Send one to each person who takes time to meet with you in an interview or with whom you have a key networking conversation. In a high-tech world, the high-touch approach always gets noticed.

Online Resource for the Job Seeker

www.shrm.org/workforcereadiness -SHRM developed this webpage to house information about workforce readiness and long-term unemployment. Information on this site can give you a better understanding of how HR professionals view these issues.
5 Questions Every Candidate Should Ask in a Job Interview

By Dominique Rodgers
Monster Contributing Writer

For many job seekers, the "Do you have any questions for me?" portion of an interview signals the end is near. It's tempting to just say "no" and get out of the hot seat as quickly as possible, but fight that urge.

Asking questions shows the interviewer you were listening while they were talking, conveys your interest in the company and helps you decide if it's where you want to work. After all, interviews are a two-way street -- the hiring team decides whether you're what they want in an employee, and you decide if the company culture and specific role are where you want to devote your time and energy for the foreseeable future.

Here are five essential questions you should ask in a job interview.

1. "How do you define success for this job?"

This question helps you get a clear understanding of what the job entails and the expectations the company will have for you in it, says John Crossman, president of real estate management firm Crossman & Company.

For example, if you're applying for a sales position, an answer to this question might be that you acquire 10 new clients in the next 90 days. It may also be that you upsell current customers by 25 percent over 90 days. As a candidate, you'll want to know whether you'll be cold-calling prospects or focusing on existing customers before you make your decision.

2. Something specific about the organization

It's always a great idea to ask a question that shows you did your research before the interview says Chris Delaney, author of "The 73 Rules of Influencing the Interview." He recommends building rapport and showcasing your research skills with a technique he calls "share expertise, ask question."

His example: "I recently read that the organization is looking to break into Europe. What do you foresee as the main barrier with this project?"

3. "Can I have a quick tour?"

See also: "Can I meet some people I'd be working with?"

Both questions will get you out of the interview room and allow you to get a better look at the office. This will give you a chance to gauge co-worker interaction, workspace design (lighting, noise level, cleanliness) and the department as a whole, says Michelle Comer, practice area leader and vice president at the Messina Group, a staffing consulting firm.

Requesting a tour or a quick introduction to potential co-workers also "signals to the interviewer that a candidate is taking a vested interest in the position," she says.

4. "What is your favorite part about working here?"

"Companies, like job candidates, are putting their best foot forward during the interview process, often highlighting all of their corporate perks. By asking every person you interview with what they like best about working at the company you'll get a better sense of the perks that people regularly experience versus the perks that live only on paper," explains Sherry Dixon, a senior vice president at Adecco Staffing US.

5. "Do you see any reason I might not be a good fit for this position?"

It may seem counterintuitive to inquire about your potential flaws during an interview, but it's actually a great thing to bring up at the end of the interview says Morgan Nichols, managing partner at Chicago-based recruiting and staffing firm Torrey & Gray.

"This gives you an opportunity to know that the interviewer is thinking about you and gives you a last chance to clarify any misconceptions they may have or elaborate further on something important."
Next Steps Ex-Offenders Program

The Workforce Alliance supports four American Job Center /CTWorks Career Centers, providing services for job seekers and employers within the South Central Connecticut region.

Job development job fairs have the people you need. Workforce Alliance offers an array of job development services to employees looking for jobs and careers, through our employee services professionals at the four AJC/CTWorks Career Centers. Job Fairs can be a great source of information.

Job-seekers can visit our computer lab, workshops or make an appointment to meet with an employment specialist, who may suggest training opportunities. If you are looking for the ideal job or help with writing a cover letter - check out our career resource library.

Metrix Online Learning Provides Flexibility and Choice - American Job Center in South Central CT offers Metrix Learning to provide impactful job skills training online.

CTHires for Jobseekers and Employers - CTHires is the Connecticut Department of Labor's new hub for job development, training and other career services. Jobseekers and employers both new and continuing can use this system. To learn more visit www.cthires.com.

Year-Round and Summer Youth Programs - Youth programs prepare for post-secondary educational opportunities, advanced training, or employment. Programs serve both in-school (ages 14-21), and out of school (ages 16-24) youth. The Summer Youth Employment program provides eight weeks of paid work in July and August, and is run by each municipality.

AJC/CTWorks' Jobs First Employment Services (JFES) offers employers the opportunity to hire eligible participants for 16 weeks of employment at no charge. Employees are paid $8 per hour for up to 20 hours work per week during the program.

The American Job Center (AJC) at New Haven Correctional Center, 245 Whalley Avenue, now open. First of its kind in CT will assist 175 inmates develop career and training plans while incarcerated, and help enter into employment or job training post-release.

The AJC/CTWorks Career Centers are operated by HRA, Inc. The AJC/CTWorks Career Center in New Haven is open Monday and Wednesday from 8:30 a.m. until 6:30 p.m. and on Tuesday, Thursday and Friday from 8:30 a.m. until 4:30 p.m. AJC/CTWorks in Hamden, Middletown and Meriden are open from 8:30 a.m. to 4:30 p.m. Monday through Friday.

Workforce Alliance Main Office
New Haven: 560 Ella T. Grasso Blvd. | Phone: 203.867.4030 | Voice/TDD 203-624-1493 x258

AJC/CT Works Career Centers

Hamden: 37 Marine Street | Phone: 203.859.3200 Meriden: 85 West Main Street | Phone: 203.238.3688
New Haven: 560 Ella T. Grasso Blvd. | Phone: 203.867.4030

Email: info@workforcealliance.biz

http://www.workforcealliance.biz/
Fact Sheet: One-Stop Career Centers

The Workforce Innovation and Opportunity Act (WIOA), signed into law on July 22, 2014, is the first legislative reform of the public workforce system in 15 years. WIOA presents an extraordinary opportunity to improve job and career options for our nation’s workers and jobseekers through an integrated, job-driven public workforce system that links diverse talent to businesses. It supports the development of strong, vibrant regional economies where businesses thrive and people want to live and work.

HIGHLIGHTS OF WIOA REFORMS FOR ONE-STOP CENTERS

WIOA retains the nationwide system of one-stop centers, which directly provide an array of employment services and connect customers to workforce-related training and education. WIOA furthers a high quality one-stop center system by continuing to align investments in workforce, education, and economic development to regional in-demand jobs. The new law places greater emphasis on one-stops achieving results for jobseekers, workers, and businesses. WIOA reinforces the partnerships and strategies necessary for one-stops to provide job seekers and workers with the high-quality career services, education and training, and supportive services they need to get good jobs and stay employed, and to help businesses find skilled workers and access other supports, including education and training for their current workforce.

Improved Access to Comprehensive Services

- Each local area must have one comprehensive one-stop center that provides access to physical services of the core programs and other required partners.
- In addition to the core programs, for individuals with multiple needs to access the services, the following partner programs are required to provide access through the one-stops: Career and Technical Education (Perkins), Community Services Block Grant, Indian and Native American Programs, HUD Employment and Training Programs, Job Corps, Local Veterans’ Employment Representatives and Disabled Veterans' Outreach Program, National Farmworker Jobs Program, Senior Community Service Employment Program, Temporary Assistance for Needy Families (TANF), Trade Adjustment Assistance Programs, Unemployment Compensation Programs, and YouthBuild. TANF is now a required partner, unless the Governor takes special action to make TANF an optional one-stop partner.
- WIOA eliminates stand-alone Wagner-Peyser Employment Service offices. These services will now be provided alongside partner programs within one-stop centers.

WIOA PROGRAMS

WIOA authorizes the one-stop career center (also known as American Job Center) service delivery system and six core programs. The core programs are:

- WIOA Title I (Adult, Dislocated Worker and Youth formula programs) administered by Department of Labor (DOL);
- Adult Education and Literacy Act programs administered by the Department of Education (DoED);
- Wagner-Peyser Act employment services administered by DOL; and
- Rehabilitation Act Title I programs administered by DoED.

WIOA also authorizes the Job Corps program, the YouthBuild program, Native American programs, and Migrant and Seasonal Farmworker programs, as well as evaluation and multistate projects.


Enhanced and Streamlined Operations:

- Local areas are encouraged to integrate the intake, case management, reporting, and fiscal and management accountability systems of one-stop partners.
- All partners are required to share in the funding of services and infrastructure costs of the one-stop delivery system.
- One-stop operators will be selected through a competitive process.
- Local boards are responsible for improving access to and the effectiveness of one-stop and program services.
- Local boards will be required to negotiate and regularly review a Memorandum of Understanding (MOU) with every one-stop partner to describe operations, services provided and coordinated, funding, and referrals. MOUs will be reviewed every three years.
- Local boards will certify one-stops every three years, using criteria written by the state Workforce Development Board that covers effectiveness, programmatic and physical accessibility, and continuous improvement. Local Workforce Development Boards may also establish additional certification criteria.

Better Public Recognition

WIOA calls for the Department of Labor to establish a common identifier, also known as a "brand", for the one-stop system to help job seekers and employers readily access services. The common identifier will be established through the final rule, with guidance and implementation assistance provided by ETA.

EFFECTIVE DATES FOR IMPLEMENTATION AND TECHNICAL ASSISTANCE

In general, WIOA takes effect on July 1, 2015; however, the planning requirements common indicators of performance take effect on July 1, 2016 and other exceptions specifically noted in the law.

DOL is working in coordination with the Department of Education and the Department of Health and Human Services to support the public workforce system to implement WIOA. The DOL WIOA Resource Page (www.doleta.gov/WIOA) will include updated guidance and resources, as well as communicate opportunities to provide input. The WIOA Collection Page (wioa.workforcegaps.org) provides links to technical assistance tools and information to support implementation. Questions regarding WIOA can be emailed to DOL.WIOA@dol.gov.
ABOUT NEW HAVEN WORKS

In January 2012, the New Haven Board of Aldermen created a Jobs Pipeline Working Group to investigate solutions for New Haven’s unemployment and under-employment and regional employers’ needs for well-trained job applicants.

The Working Group, which included individuals representing the business and institutional community, labor, elected leaders, city officials, foundations, the workforce system, un- and under-employed residents, and youth, advocated for a new program called “New Haven Works” that would partner with employers, service providers and the workforce system to match qualified New Haven residents to regional job opportunities.

New Haven Works seeks to grow the local economy and improve economic stability in all communities by providing employers with a trained and qualified workforce and connecting residents to good jobs.

Established in October 2012, New Haven Works is governed by an independent board of directors, and will be funded by public and private sources.

New Haven Works opened an office at 205 Whitney Avenue — just one year after the first convening of the Board of Aldermen’s Working Group!

Established in October 2012, New Haven Works seeks to grow the local economy and improve economic stability in all communities by providing employers with a trained and qualified workforce and connecting residents to good jobs.

More economic security for New Haven families means...

- Regular paychecks that flow back into the local economy and support small businesses
- Access to healthcare, which reduces overall healthcare costs/emergency room visits
- Better educational outcomes
- Reduction in crime and violence

Access for businesses to a trained, qualified, skilled local workforce means...

- Attracting new businesses in technology, manufacturing, bio-sciences, and healthcare
- A stable employment base and lower turnover, recruitment, and training costs
- A new vision of corporate citizenship and community involvement for local businesses — contributing to a safer, more economically stable city while meeting workforce needs

CONTACT US

205 Whitney Avenue, 1st floor, New Haven 06511
(203) 562 – 9000
info@newhavenworkspipeline.org

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<thead>
<tr>
<th>Participant Requirements:</th>
<th>Participants Must Bring:</th>
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<tr>
<td>• Must have a High School Diploma or GED</td>
<td>• Updated Resume</td>
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<td>• Must be a New Haven resident</td>
<td>• ID</td>
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<td>• Must be 18 years of age or older</td>
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<td>• Must be able to work legally in the USA</td>
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What?
The Connecticut Education & Training ConneCTion is a Web site that provides the most comprehensive source of information on education and training programs offered in Connecticut. The following search options allow the user to explore the world of education & training in Connecticut:

• Which Education & Training Providers are in my area?
• Which Providers offer the type of Program or Course I am interested in?
• Which Programs or Courses are related to the Occupation I'm interested in?
• Which Programs or Courses are offered by a particular provider?
• Advanced Search offers several sections of criteria that allow a user to limit their program search results. Search by certification/degree that you require, area of study, provider type, occupation or program title keyword search, or programs that lead to a license in a specific career. Combinations of choices can be made to customize a search.

The Connecticut Education & Training ConneCTion also includes Learning Links that connect the user to information about education and training that can provide the skills necessary to begin a career in a chosen occupation. These include education resources, financial aid assistance, school to career information, and opportunities in apprenticeship or the military.

Why?
The Connecticut Education & Training ConneCTion is the result of an effort by the Connecticut Department of Labor's Office of Research to collaborate with the most reliable and accurate sources of education information in the state: the Connecticut Department of Higher Education, Connecticut State Department of Education, and the Connecticut Workforce Investment Boards.

Where?
Don't have a computer? Your local CT WORKS Center or library has public computers with Internet access you can utilize.

The Connecticut Education & Training ConneCTion is available through 'Step 3' on the Connecticut Job & Career ConneCTion at: www.ctjobandcareer.org
The Education & Employment Information Center (EEIC) is a statewide referral service of the Connecticut Department of Higher Education. We are a central source of free information for anyone who has questions about college, careers and job training.

The EEIC hotline operates from 9:00 a.m. to 4:00 p.m. every weekday except holidays. A trained information specialist will either answer your question immediately or direct you to the proper source.

We can tell you about educational offerings at all levels including college, adult, continuing education and job training programs. We also provide career information, such as job descriptions and services designed to help you find a job. We do not collect job listings, but we can tell you where to find them.

Most of the EEIC’s callers are adults looking for retraining or new careers. The EEIC also helps teenagers making college or career decisions, unemployed or dislocated workers exploring job options, adults who have not completed high school, homemakers looking to return to college or the job market, professionals making mid-life career changes, senior citizens wishing to enrich their lives with new knowledge, and employers seeking training programs or recent college graduates.

Call the EEIC toll-free hotline or browse our many publications for useful web sites and other resources.

**Guides for Students, Parents and Job Seekers**

- **Career Planning & Management Resources** — Finding the right job involves exploring popular guides as well as reference books and websites. This pamphlet presents a comprehensive list of sources.

- **College Degree Accreditation** — Lists sources for verifying the accreditation status of postsecondary programs and institutions, including private occupational schools, colleges and universities.

- **Course Search Websites** — Lists websites for colleges, adult education offices and online degrees for young or adult students looking for credit or non-credit courses.

- **Financial Aid Resources** — Financial websites for all students appear here, including interest-specific sites and community foundations.

- **Foreign Student Resources** — This pamphlet contains information for international students pursuing a degree in the U.S., and students who wish to learn English or obtain a high school equivalency degree.

- **Health Occupation Training** — A comprehensive list of Connecticut training programs in health fields.

- **Job Lines & Web Sites** — Describes major websites to use in searching for employment.

- **Life After High School** — Designed for middle and high school students, this publication lists a variety of websites to use for planning for college, learning about college entrance exams, tips for study skills, applying to college online and financial aid resources. For those embarking on careers, it includes career/interest match sites, career exploration sites for middle and high school students, and career descriptions.

- **Parent College Prep** — This checklist is designed to guide you and your college-bound student through the college application process.

- **Questions to Ask When Choosing A College** — A variety of questions students and parents may want to explore with college admissions officers or while visiting college campuses.

- **Teach in Connecticut** — Information for persons seeking to become certified teachers.

- **Tuition Aid for Veterans** — Information on tuition waivers for veterans.
Respect to skill information. USDOL/ETA funded this workforce solution and makes no guarantees, warranties or assurances with such information. If you are interested in participating in the SCSEP, call 1-800-4-99-3032 x 4 or contact us online. If you have any questions, concerns, or comments about this page, please contact us by email or phone. The SCSEP is administered by the U.S. Department of Labor. This website was funded by a grant awarded by the U.S. Department of Labor.

Participating male and female 16 or older and ready to meet family income guidelines, age 55 or older, or be unemployed, you must be eligible for the SCSEP and schedule, and training needs. While in the program, you will also receive support to improve work skills and ready to meet family income guidelines, age 55 or older, or be unemployed, you must be eligible for the SCSEP and schedule, and training needs. While in the program, you will also receive support to improve work skills and ready to meet family income guidelines, age 55 or older, or be unemployed, you must be eligible for the SCSEP and schedule, and training needs. While in the program, you will also receive support to improve work skills and ready to meet family income guidelines, age 55 or older, or be unemployed, you must be eligible for the SCSEP and schedule, and training needs. 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Job Search Resources

If you have a library card or resident ID card -

The New Haven Free Public Library invites you to browse our pages and visit our branches for a world of knowledge and information at your fingertips. Through its collection, media, services and programs, the library promotes literacy, reading, personal development and cultural understanding for the individual and the community at large.

http://www.cityofnewhaven.com/Library/

Find interactive career planning and job search assistance through the library’s website:

Career Cruising

Found under the “Databases” section of their site. Career Cruising is an interactive career resource designed for people of all ages. Explore different career options and plan future education and training.

Career Cruising is available online from your home or office computer as well as at any library computer.

Please call Business, Job and Nonprofit Services at the Main Library (203) 946-7431 for more information and details.

Found at the bottom of their main web page

Job Now!

Live, anytime, anywhere job assistance, including up-to-date nation-wide and local job search engines, professional resume critique and proven interview techniques.

Experience personalized career center seamlessly integrated with advanced virtual technology to help job seekers of diverse backgrounds and needs.

Need technical assistance or have questions?

Contact Brainfuse at 1-866-BRAINFUSE (1-866-272-4638) or send an email to info@brainfuse.com

When contacting Brainfuse, please provide an email address and the name of the library from which you are using the Brainfuse service.

There's a branch of the New Haven Free Public Library near you

Mitchell - 37 Harrison Street
(203) 946-8117

Wilson - 303 Washington Avenue
(203) 946-2228

Fair Haven - 182 Grand Avenue
(203) 946-8115

Stetson - 200 Dixwell Avenue
(203) 946-8119

Libraries are open on the following days & times:

MAIN: Mon 12-8 | Tue 10-8 | Wed 10-8 | Thu 10-8 | Fri 10-5 | Sat 10-5 | Sun Closed

FAIR HAVEN: Mon 10-6 | Tue 10-6 | Wed Closed | Thu 12-8 | Fri Closed | Sat 12-5 | Sun Closed

MITCHELL: Mon 12-8 | Tue Closed | Wed 10-6 | Thu 10-6 | Fri Closed | Sat 12-5 | Sun Closed

STETSON: Mon 10-6 | Tue 10-6 | Wed 12-8 | Thu Closed | Fri Closed | Sat 12-5 | Sun Closed

WILSON: Mon Closed | Tue 12-8 | Wed 10-6 | Thu 10-6 | Fri Closed | Sat 12-5 | Sun Closed
THE ROUTE TO THE HIGH SCHOOL CREDIT PROGRAM - An Overview of the High School Credit Program - Registration Process for New/Returning Students

Program Description: To receive a high school credit diploma, you must earn 23 credits, including those you may have earned at your former high school. The New Haven Adult & Continuing Education credit program offers small classes and on-line courses. When all credits are completed, which for four must be English, three in Mathematics, two in Science, and three Social Studies (including U.S. History and Civics), a diploma will be awarded. The program is open to students who are 17 years or older, do not hold a high school diploma, and are no longer officially enrolled in high school.

Effective July 1, 2011, the age at which a parent or guardian may provide consent for a child to withdraw from school was raised from 16 to 17 years old in C.G.S. Section 10-184. Therefore, individuals 17 years of age seeking enrollment in adult education should have officially withdrawn from school prior to July 1, 2011.

Adult Education creates and supports a positive, innovative learning community that promotes students’ success through several components:

- Providing a rigorous curriculum with units of study to build students’ deep understanding of instructional lessons from the College and Career Ready standards. 2) Implementing a performance-based curriculum as another opportunity to assess students’ learning. 3) Utilizing assessment practices that help students make explicit connections between the content of what was learned to a meaningful and relevant application. 4) Providing a competency-based tracking & reporting system which lends itself to an individualized learning pace. 5) Establishing a clear & explicit promotion & graduation criteria. Each student will be placed in an advisory group for the duration of their schooling. Having the same advisory group will support positive relationships and bring a sense of belonging. The students at NHAEC will engage in career awareness and have an opportunity to further explore and prepare for those careers through internships, volunteer opportunities, and specialized workshops.

For more information, please contact Tonitho Thorpe, HSC Facilitator (203) 492-0214 or email: tonitho.thorpe@nhboe.net

THE ROUTE TO YOUR GENERALIZED EDUCATIONAL DEVELOPMENT PROGRAM - Overview of the GED Program - Registration Process for New/Returning Students

Program Description: The GED program at The New Haven Adult Education & Continuing Education Center (NHAEC) prepares adult learners to pass the 4-part, computer-based GED exam to earn a State of Connecticut diploma. Students receive necessary instruction in each of four subject areas- Social Studies, Science, Math, and Reading through Language Arts. In addition, basic computer skills are introduced to assist students with the exam. Students may purchase the official GED preparatory book at any local bookstore, if they would like. We, also, encourage students to attend tutorial classes and/or practice on-line.

How to register for the GED Exam: To register for the GED exam, students must be at least 17 years old and officially withdrawn from school for 6 months. Seventeen year-olds must submit a withdrawal form with a parent’s or guardian’s signature. Individuals who are 18 years of age must submit a withdrawal form signed by the student or a letter from their last high school stating that the class with which they entered ninth grade (or would have entered if never enrolled in high school) has already graduated. Students can begin the GED testing registration process online to create an account at: www.ged.com and complete the process at The New Haven Adult and Continuing Education Center. Participants must attend and complete both placement and assessment testing in order to enroll in GED classes.

GED course registration is: Mon.-Fri. 9-11:00am and Mon.-Wed. 3:30-8:00pm.

Day 1
Go to community room to register.
Proceed to Room 3 to take ccs Appraisals Test (if applicable)

Day 2
Return to Room 3 to take CASAS Pre-/Post Assessment (if applicable)
See counselor in community room to be enrolled in appropriate courses.

For GED courses - Evening Classes New/Returning Students - Go to community room to register. Proceed to Room 3 to take CcS Appraisals Test and/or CASAS Pre-/Post Assessment (if applicable). See counselor for enrollment placement process.

For more information, please contact Tahisha Porter, GED Facilitator (203) 492-0213 or email: tahisha.porter@nhboe.net Office Hours: 8:30am - 3:15pm

Individuals with documented disability, who require accommodations to take the GED exam, should contact: Maureen Ryan at: 203.492.0213 or email: maureen.ryan@nhboe.net or Sabrina Mancini at the Connecticut State Department of Education at: (860) 807-210 or E-mail: sabrina.mancini@ct.gov.

THE ROUTE TO NATIONAL EXTERNAL DIPLOMA PROGRAM (NEDP) - is a non-credit, web-based high school diploma program. NEDP is an applied performance assessment system that assesses the high school level skills of adults and out-of-school youth. The NEDP evaluates the reading, writing, math, and workforce readiness skills of participants in life and work contexts. Many adults have acquired their high school level abilities through work, family, and community experiences. NEDP allows adults to demonstrate their skills by applying their life experiences to real-life situations presented in the program. NEDP evaluates competencies that are based on skills outlined in the Common Core College and Career Readiness Standards such as: Cultural Literacy, Financial Literacy, Health Literacy, Civic Literacy, Geography and History, Consumer Awareness, Science, and Twenty-first Century Workforce Skills. NEDP is designed for self-directed adults. Clients must have a general familiarity with the computer. Through a series of take-home projects and proctored In-Office Checks, this flexible program allows clients to complete assignments at home and to set their own pace of working. Their skill level at the time they begin and the amount of time they can devote to their school work determine the length of time required to complete the program. Upon completion, clients are awarded their high school transcript and diploma through New Haven Public Schools. NEDP is free to students who live in New Haven. All other individuals are welcome and should call the adult education office for the fee schedule. There is open enrollment throughout the year. HOW TO REGISTER FOR THE NEDP PROGRAM Register in the Community Room at: NHAEC. Complete E-test and other required math and reading tests Meet with a counselor and NEDP staff to determine eligibility for the program Requirements needed:

Good computer skills, access to a desktop or laptop computer and internet access Self-motivated, organized, and mature Ability to finish tasks independently

Complete assessment tests and has attained minimum required scores For more information, please contact

Briana Randis, NEDP Lead Assessor (203) 492-0213 or email: briana.randis@nhboe.net
LITERACY VOLUNTEERS OF GREATER NEW HAVEN

New Haven Office: 4 Science Park, New Haven, CT 06511
203-776-5899
Meriden Office: 14 West Main St, Meriden, CT 06451
203-235-1714
Valley Office: 415 Howe Avenue, Shelton, CT 06484
203-924-6651, ext. 102

What is Literacy Volunteers?
Literacy Volunteers of Greater New Haven is a non-profit organization that has been active in the region since 1976. Last year Literacy Volunteers supported 231 volunteer tutors who delivered free tutoring to more than 1246 adult students at 37 sites.

Literacy Volunteers is supported by Connecticut Department of Education funds, private foundations and community grants (CDBG dollars, the Community Foundation of Greater New Haven, United Way of Meriden/Wallingford, the Valley United Way, the Valley Community Foundation) as well as donations from individuals and businesses.

How Does the Program Work?
Adults who speak English but need help learning to read at a higher level work together in small groups. The groups meet twice a week with trained volunteer tutors using an established curriculum with workbooks. A computer software program provides additional help.

Non-English speaking (ESOL or English for Speakers of Other Languages) adults also work with tutors in small group settings. Classes are held weekly at a variety of sites throughout the area.

Day and night time classes are offered. All classes are free and are set up on a semester basis.

Who are the Tutors?
Tutors come from many different backgrounds – men and women of all ages and diverse life experiences. They may be retired, have full-time jobs or they may be students. Many have some college experience. Only a few have previously taught. What tutors have in common is their desire to help someone improve his or her life.

Tutors go through an Orientation and Training Program before they start tutoring. They receive ongoing support from Literacy Volunteers program managers, who help the tutors prepare lessons, test students and locate helpful resource materials.

For Additional Information
Please visit our website:  www.lvagnh.org.
The SBCC is a "One Stop Shop" where new entrepreneurs and current business owners alike can obtain support and services that will support business start-ups and growth.

In-person Consultation:
Office Hours: Monday through Friday, 9 a.m. and 5 p.m.
155 Church Street, 6th floor
(802) 346-8383
www.sbccvt.org

The SBCC provides training modules designed for both small and medium-sized businesses. The training modules are designed to help entrepreneurs with everything from how to start a business and find financing, to making strategic and financial decisions, and acquiring and retaining customers. The modules are designed to be flexible, allowing entrepreneurs to work at their own pace.

Overall, the SBCC training modules are the best way to start a business by providing a range of training modules. Each module is designed to fit your specific situation. You can design your own training program, or you can choose from one of the SBCC's pre-defined modules. The modules are designed to be easy to use and they are updated regularly to ensure that they are up-to-date with the latest business trends.

Marketing and Sales:
Our staff is here to help with all your business needs. We can provide you with advice on finding new customers, retaining existing ones, and increasing sales. We can also help you with marketing your business through social media, email campaigns, and other strategies. We can also help you with setting up a website and using online tools to promote your business.

Business Planning and Management:
The SBCC provides training modules designed for business planning and management. These modules are designed to help entrepreneurs with everything from how to start a business and find financing, to making strategic and financial decisions, and acquiring and retaining customers. The modules are designed to be flexible, allowing entrepreneurs to work at their own pace.

Business Basics - The entrepreneur's business plan, starting your business, and managing your business. Understanding your finances and understanding how to use financial statements to make informed decisions. Setting up your accounting system and understanding how to use financial statements to make informed decisions.

Business Numbers: You will learn how to analyze your financial statements, understand your finances, and make informed decisions. You will also learn how to read and understand financial statements. Understanding financial statements and how to use them to make informed decisions. Setting up your accounting system and understanding how to use financial statements to make informed decisions.

Marketing Analysis and Strategy:
This module is designed to help entrepreneurs with understanding how to develop a marketing plan and how to implement it. You will learn how to analyze your target market, how to develop a marketing strategy, and how to implement it. You will also learn how to measure the effectiveness of your marketing efforts.

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INFORMATION TECHNOLOGY PATHWAY CERTIFICATION

The Higher Heights Youth Empowerment Program OFFERS FREE MICROSOFT OFFICE SPECIALIST CERTIFICATIONS and INTERNSHIPS.

The Microsoft Office Certification Program offers extensive knowledge in all three Microsoft Office applications:

- Microsoft Word Certification
- Microsoft Excel Certification
- Microsoft PowerPoint Certification

Upon completion of the Microsoft Office Specialist (MOS) Certification, Higher Heights offers Resume strategies and interviewing skills.

To qualify you must be:

- Age 18 to 24
- Low Income or Unemployed
- Education background No High School Diploma, GED, or High School Diploma

BECOME MICROSOFT OFFICE CERTIFIED ENROLL IN THE HIGHER HEIGHTS YOUTH MICROSOFT OFFICE SPECIALIST PROGRAM TODAY!

Eligible applicants must:

- Be a New Haven resident
- Between the ages of 18-24 on date of enrollment
- Be a documented high school drop-out or enrolled at an Adult Education Program
- Be willing and able to make a long-term commitment to their involvement in the Information Technology program

Be able to provide documentation proving ONE of the following criteria:

- Enrollment in a GED and Adult Education Program
- A current or former foster youth
- An adult offender
- A youth who is an individual with a disability
- A youth offender
- A child of an incarcerated parent
- A low-income youth

PROVIDE THE FOLLOWING DOCUMENTATION IS NEEDED FOR ENROLLMENT:

- State Photo ID
- Birth Certificate
- Social Security Card
- Proof of Residence (a piece of mail with name and address on it)
- Parent or Guardian Pay stubs
- Student Pay stubs if working
- Permanent Resident Card (if applicable)
- Letter of enrollment in a GED or Adult Education Program
- Letter from school of disenrollment
- Letter of Assistance from Social Services
JOB CORPS AND VETS: HELPING VETERANS START A NEW CAREER

What is Job Corps?
Transitioning from the military and starting a new career can be challenging. Job Corps can help. At Job Corps, veterans can train for a new and rewarding career alongside other veterans. After training, our staff will work with veterans to find a job for up to 21 months.

Job Corps offers hands-on training to eligible 16- through 24-year-olds in America’s fastest-growing careers. Each year Job Corps provides training and support services to more than 100,000 young people in more than 100 career areas at 123 centers across the nation. No matter where veterans are coming from or where they want to go, there is a Job Corps center nearby.

What does Job Corps offer to veterans?
Veterans receive priority enrollment at all Job Corps centers. While they may attend any Job Corps center in the nation, there are three centers that offer dorm areas exclusively for veterans. They will be living among other veterans who are also transitioning from the military to civilian life. Those centers are:

- Atterbury Job Corps Center in Edinburgh, Indiana
- Earle C. Clements Job Corps Center in Morganfield, Kentucky
- Excelsior Springs Job Corps Center in Excelsior Springs, Missouri

Starting a new career.
One of the program’s biggest benefits is its post-graduate support. When veterans are ready to start looking for a job, staff will work with them to find job openings and submit resumes. Job Corps will help graduates for up to 21 months after graduation to connect with housing, transportation, and other support services.

Want to learn more about Job Corps? Visit us at www.jobcorps.gov.

(800) 733-JOBS
www.jobcorps.gov
VA is dedicated to helping homeless Veterans and Veterans at risk of homelessness secure and maintain employment leading to increased residential and personal stability.

Our goal is to afford Veterans the opportunity to return to healthy, productive lifestyles within their own communities.

The Homeless Veteran Supported Employment Program (HVSEP) provides vocational assistance, job development and placement, and ongoing supports to improve employment outcomes among homeless Veterans and Veterans at-risk of homelessness. Formerly homeless Veterans who have been trained as Vocational Rehabilitation Specialists (VRSs) provide these services.

VA's Compensated Work Therapy (CWT) Program is a national vocational program comprised of three unique programs which assist homeless Veterans in returning to competitive employment: Sheltered Workshop, Transitional Work, and Supported Employment. Veterans in CWT are paid at least the federal or state minimum wage, whichever is higher.

VA's National Cemetery Administration & Veterans Health Administration have also formed partnerships at national cemeteries, where formerly homeless Veterans from the CWT program have received work opportunities.

The Vocational Rehabilitation & Employment (VR&E) VetSuccess Program assists Veterans with service-connected disabilities to prepare for, find, and keep suitable jobs. Services that may be provided include: Comprehensive rehabilitation evaluation to determine abilities, skills, and interests for employment; employment services; assistance finding and keeping a job; and On the Job Training (OJT), apprenticeship, and non-paid work experiences.

For information about possible employment services in their area, Veterans can call the National Call Center for Homeless Veterans hotline at 1-877-4AILD-VET. You will be connected to a trained VA staff member. Hotline staff will conduct a brief screen to assess your needs. Homeless Veterans will be connected with the Homeless Program point of contact at the nearest VA facility.

Contact information will be requested so staff may follow-up.

Housing Assistance For Veterans

Housing assistance for homeless Veterans and their families is available through several federal programs. The U.S. Department of Housing and Urban Development and VA Supportive Housing Program (HUD-VASH) partner to provide permanent, supportive housing and treatment services for homeless Veterans.

HUD allocated nearly 38,000 “Housing Choice” vouchers across the country, which allows Veterans and their families to live in market rate rental housing while VA provides case management services. A housing subsidy is paid to the landlord directly by the local public housing authority on behalf of the participating Veteran. The Veteran then pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. The case management services facilitate the attainment of the Veteran’s recovery goals. The HUD-VASH Program is for the most vulnerable Veterans, and provides special services for women Veterans, those recently returning from combat zones, and Veterans with disabilities.

http://va.gov/HOMELESS/for_homeless_veterans.asp
VA - Errera Community Care Center  (203) 479-8000
114-152 Boston Post Road, 2nd floor,  West Haven, CT 06516
http://www.erreracc.com/

Over the past two decades, through a steady process of program modification and development, VA Connecticut's Errera Community Care Center (“ECCC”) has evolved into one of the leading centers of innovation in psychosocial rehabilitation and in the integration of the psychosocial and biomedical approaches.

ECCC serves veterans struggling with mental illness and/ or substance abuse disorders, homelessness, and/or aging. At the ECCC, a team of multidisciplinary mental health professionals come together to provide an array of community-based rehabilitative programs including day and crisis intervention programs, vocational programs, housing programs (ranging from subsidized to non-subsidized, supported to non-supported), homeless outreach and advocacy and case management programs.

Believing in recovery and hope, and utilizing the principles of psychiatric rehabilitation, ECCC staff-members partner directly with the veteran being served to identify his or her goals and needs. Recovery plans build on the person’s strengths and help the individual compensate for the negative effects of the psychiatric disability. Services and supports are provided in the community to enhance natural support systems, to advance independence, and integration, so that each individual can live and function at optimal levels in the least restrictive environment possible.

Affirmative, non-stigmatizing attitudes about persons with mental illness, framed by an empowerment structure serve as the foundation of ECCC psychosocial rehabilitation services. ECCC represents the vanguard of the national movement to integrate Peer Specialists into mental health treatment and recovery programs. Peer Specialists are health and mental health service consumers who have received peer counseling training, and have demonstrated the skill, motivation, and desire to help their peers in a supportive and/or counseling role. Most have either suffered from mental or physical illness, substance abuse problems, and/or have been homeless. ECCC’s eleven Peer Specialists are integrated throughout ECCC’s programs. In a myriad of ways, they strengthen and enrich those programs.

People in recovery operate the Veterans Empowerment Committee (VEC). Recipients of services play an active role in the day-to-day operations of the ECCC by orienting all new recipients of services, running the community lunch program, identifying issues and needs, and advocating and seeking resources to meet these needs. Persons in recovery are involved in all aspects of ECCC programming including writing and/or co-signing all policies. Persons in recovery also hold direct leadership roles by serving as Community Mental Health Advisory Board members who advise and consult to the Chief, Mental Health Care line and staff at VA CT. They monitor the services provided, advocate both within the hospital leadership structure and within the recovery community on issues important to quality of care, access to care, and resources. In addition, recipients of services serve as facilitators for Vet-to-Vet, a consumer designed, run and facilitated psycho-educational program which was initiated at the ECCC by Moe Armstrong in early 2002. Meetings are both educational and supportive and are led by consumers each weekday. Critical to the full spectrum of services provided at the ECCC are the community partnerships that have been established and nurtured with a wide range of private industry, charitable and governmental bodies in the region.

At ECCC veterans are served with innovative, effective, individualized programs to find transitional and supportive housing and jobs through a Compensated Work Therapy Program. In addition, staff advocate locally and regionally to rectify the overwhelming effects of homelessness, poverty, inadequate resources and the stigma of mental illness.

Evidence of ECCC’s recognition as the leader in each of its fields of endeavor is found in the increasing number of organizations coming to ECCC to learn, the role its staff plays in education throughout the country, how it operates, and how its model can be replicated throughout the nation.

While the contents of this site have been developed in cooperation with VA personnel, it is not an official site of the Department of Veterans Affairs.
Soldiers’, Sailors’ and Marines’ Fund

Categories: Active Military/Veterans, Income Assistance, Older Adult Programs

The following is summarized from The Soldiers’, Sailors’ and Marines’ Fund web site http://www.ct.gov/ssmf

Financial assistance for health and maintenance needs of eligible veterans with an honorable discharge, and their spouses (or widows) and their minor children (ages 0 through 17). The spouse or child must be living with the veteran or living with the veteran at the time of his/her death. Funds can be used for food, clothing, shelter, fuel, utilities, and burial expenses (For hospital care and other medical expenses, veterans should first contact the United States Veterans Administration (VA) to determine if they are eligible for any VA benefits). The Fund is limited by its earnings, so it may not be able to completely meet the veteran’s need.

The fund was created by the Connecticut General Assembly in 1919 and is administered by the American Legion.

WHO IS ELIGIBLE?

• Veteran must demonstrate need
• Must have served in at least one of the armed services, including National Guard and Reserves
• Must reside in Connecticut at the time of application and while in receipt of aid
• Must have honorable discharge
• Must have at least 90 days of active duty service, unless discharged for a service-connected disability, or for the full extent of the conflict in a combat or combat support role if the war campaign or operation lasted less than 90 days.
• Assistance is limited to once in a twelve month period

APPLICABLE DATES OF SERVICE:

• World War I: April 6, 1917-November 11, 1918
• World War II: December 7, 1941-December 31, 1946
• Korean Conflict: June 27, 1950-January 31, 1955
• Vietnam Era: February 28, 1961-July 1, 1975
• Persian Gulf Era (a.k.a. Global War on Terrorism, includes Afghanistan, Bosnia, Iraq, Kuwait, Qatar, Saudi Arabia, Somalia): August 2, 1990-Indefinite (Must have been discharged prior to applying for assistance)

OR: Combat or combat support service is required for the following service periods:
(Must have been awarded the Armed Forces Expeditionary Medal.)

• Lebanon: July 1, 1958 to November 1, 1958; and September 29, 1982 to March 30, 1984
• Grenada: October 25, 1983-December 15, 1983
• Panama: December 20, 1989-January 31, 1990

HOW TO OBTAIN SERVICE: State office or regional offices will tell callers where to apply for assistance; also, name and address of nearest Fund Representatives may be obtained from the local American Legion Post or the office of the Town or City Clerk, where the names and addresses of the Fund Representatives are registered.
What do you want to do for a living?

"I want to be a ..."
Search careers with key words.

"I'll know it when I see it."
Browse careers by industry.

"I'm not really sure."
Tell us what you like to do.

Check out this government sponsored site... it just may help you find that next perfect job or a pathway to learn and prepare for a new career.

Are you a veteran looking for work?

Click on the link to:
My Next Move for Veterans
for help finding a civilian career similar to your military job
Veterans Tuition Waiver

Under Connecticut state statutes, tuition at Connecticut public colleges and universities may be waived for:

- eligible veterans.
- active members of the Connecticut Army and Air National Guard.
- any Connecticut resident who is a dependent child or a surviving spouse of a member of the Armed Forces killed in action on or after September 11, 2001 who was a Connecticut resident.
- state residents who are dependent children of a person whom the Armed Forces has declared to be either missing in action or a prisoner of war while serving in the Armed Forces after January 1, 1960.

The state tuition waiver also covers the amount of tuition which exceeds the tuition benefit received under the federal 2008 Post-9/11 Veteran Educational Assistance Act.

College costs other than tuition — such as for books, student activity and course fees, parking and room and board — are not waived. When applying for admission or registering for courses, remember to bring a copy of your separation paper (Form DD-214). Note that waivers may be reduced by the amount of education reimbursement you may receive from your employer.

This guide, prepared by the Education & Employment Information Center (EEIC), contains general information on waivers for veterans. As procedures vary across Connecticut campuses, you should contact colleges directly for more details. National Guard members also may contact their Education Service Officer. To learn about other types of college financial aid, contact the EEIC, a statewide clearinghouse on learning and career opportunities operated by the Connecticut Office of Financial and Academic Affairs for Higher Education.

How to Qualify

To be eligible at a public college or university, veterans must:

- be honorably discharged or released under honorable conditions from active service in the U.S. Armed Forces (U.S. Army, Navy, Marine Corps, Air Force, and Coast Guard). National Guard members, activated under Title 10 of the United States Code, also are included.
- have served at least 90 or more cumulative days active duty in time of war (see Periods of Service) except if separated from service earlier because of a federal Department of Veterans Affairs (VA) rated service-connected disability; or the war, campaign or operation lasted less than 90 days and service was for the duration.
- be accepted for admission at a Connecticut public college or university.
- be domiciled in Connecticut at the time of acceptance, which includes domicile for less than one year.

Periods of Service

Only those who "performed service" in the following manner may qualify:

- Active duty for at least 90 or more consecutive days during:
  - World War II — December 7, 1941 to December 31, 1946
  - Korean Conflict — June 27, 1950 to January 31, 1955
  - Vietnam Era — February 28, 1961 to July 1, 1975
  - Persian Gulf War — August 2, 1990 until an ending date prescribed by Presidential proclamation or by law (no end date at this time).
  - All military war service subsequent to August 2, 1990 is covered, including but not limited to Enduring Freedom, Noble Eagle, Iraqi Freedom, Somalia and Bosnia.

- Engaged in combat or in a combat-support role in:
  - Lebanon — July 1, 1958 to November 1, 1958 or September 29, 1982 to March 30, 1984
  - Grenada — October 25, 1983 to December 15, 1983
  - Operation Earnest Will — July 24, 1987 to August 1, 1990
  - Escort of Kuwait oil tankers flying the U.S. flag in the Persian Gulf
  - Panama — December 20, 1989 to January 31, 1990

Service in time of war does not include time spent attending a military service academy. Reservists must be mobilized in time of war for other than training purposes.

Other Sources of Financial Aid

The federal government offers education and training assistance for veterans and their dependents. For information on GI Bill Benefits offered through the U.S. Department of Veterans Affairs, including the Yellow Ribbon Program, contact the VA Education Customer Service: 888/442-4551 or www.gibill.va.gov.

Current and retired service members interested in teaching careers should contact Troops to Teachers (888/463-6488, www.newenglandtlt.org) for eligibility requirements and applications.

The Entrepreneurship Boot Camp for Veterans with Disabilities (EVB), (http://whitman.syr.edu/evb/) is a privately-funded initiative which offers free small business management and entrepreneurial training to post-9/11 veterans with service-connected disabilities at the University of Connecticut.

Active duty military personnel stationed in Connecticut, including spouses and dependents, are eligible for in-state tuition.

The Connecticut Technical High Schools (www.cttech.org) offer tuition waivers for eligible veterans in adult vocational training programs.
Are you homeless and need a photo ID?

http://ct.gov/dmv/site/default.asp

http://www.cceh.org/findhelp

The State of Connecticut passed legislation to assist homeless persons who are residents of authorized shelters or transitional housing programs in obtaining a State of Connecticut Department of Motor Vehicles issued non-driver photo identification:

Sec. 1-1h. Identity cards. (a) Any person who does not possess a valid motor vehicle operator’s license may apply to the Department of Motor Vehicles for an identity card. The application for an identity card shall be accompanied by the birth certificate of the applicant or a certificate of identification of the applicant issued and authorized for such use by the Department of Correction. Such application shall include: (1) The applicant’s name; (2) the applicant’s address; (3) whether the address is permanent or temporary; (4) the applicant’s date of birth; (5) notice to the applicant that false statements on such application are punishable under section 53a-157b; and (6) such other pertinent information as the Commissioner of Motor Vehicles deems necessary. A fee of twenty-two dollars and fifty cents shall be paid to the department upon issuance to the applicant of an identity card which contains a picture of the applicant and specifies the applicant’s height, sex and eye color. The applicant shall sign the application in the presence of an official of the department. The commissioner may waive the fee for any applicant who has voluntarily surrendered such applicant’s motor vehicle operator’s license or whose license has been refused by the commissioner pursuant to subdivision (4) of subsection (e) of section 14-36. The commissioner may waive the fee for any applicant who is a resident of a homeless shelter or other facility for homeless persons. The commissioner shall adopt regulations, in accordance with the provisions of chapter 54, to establish the procedure and qualifications for the issuance of an identity card to any such homeless applicant.

(b) An identity card shall expire within a period not exceeding six years from the date of issuance of such card. Each such card shall indicate its date of expiration. Any person who holds an identity card shall be notified by the commissioner before its expiration and may renew such card in such manner as the commissioner shall prescribe upon payment of a fee of twenty-two dollars and fifty cents.

(c) A distinctive identity card shall be issued to any applicant less than twenty-one years of age. The identity card shall contain a statement that it is issued subject to the same verification of the applicant’s identity as required for the issuance of a motor vehicle operator’s license. The card may thereafter be exhibited to establish the age and identity of the person to whom it was issued.

(d) The Commissioner of Motor Vehicles, in consultation with the Liquor Control Commission, shall adopt regulations in accordance with the provisions of chapter 54 to carry out the purposes of this section and section 30-86.

(e) Any person who misrepresents his age or practices any other deceit in the procurement of an identity card, or uses or exhibits an identity card belonging to any other person, shall be fined not more than fifty dollars or imprisoned not more than thirty days or both.

*******************************************************************************

Under this program the DMV waives the normal application fee one time within the 6 year life of an ID cards expiration – and only when the shelter or transitional housing program staff completes the proper form (DMV form B-230) accompanied by required documentation.

Talk to your shelter / transitional housing case manager about receiving this assistance
Know Yourself by Zarka Herford www.essentiallifeskills.net

To know yourself is your first priority.

How can you set goals, go about life, and have relationships if you don’t know who you are or what you want?

You really can’t.

To not know yourself leads to confusion and wasting much time in hit and miss situations.

We tend to underestimate the importance of knowing ourselves. Many of us go through each day reacting to events and just getting by rather than making conscious choices based on who we are and what we want.

When we don’t know where we are headed it’s hard to set goals, get motivated and determine the best course of action. Before we can do any of these things we must establish who we are.

To know yourself:

- Be aware of your strengths, weaknesses, likes and dislikes
- Observe and be aware of your moods, reactions and responses to what is happening around you
- Become aware of how these moods and emotions affect your state of mind
- Examine how you interact with others
- Observe how your environment affects you

Knowing and understanding yourself better, in turn, leads to better decision making, setting and reaching appropriate goals and altogether living more productively.

There are many interesting personality tests and evaluations for self-discovery that can help you become more in tune to yourself and are fun to do.

Two powerful tools I found exceptionally helpful are:

The Myers-Briggs Type Indicator [MBTI] (http://www.myersbriggs.org)

The Enneagram (http://www.enneagraminstitute.com/)

Not only do these tools help you understand yourself better and what drives some of your behaviors, they also help you understand and get along better with others.

NOTE

The afore information is taken as found from the Internet.

Anyone reading these materials is encouraged to discuss them and the ideas they relate with professionals they may be under formal treatments or helpful service.
Why Citizenship? The stigma of having lived with multiple experiences with mental health, trauma, co-occurring substance abuse, and having involvement in the criminal justice system, has led to many feeling and being seen as outsiders or second class citizens.

The Citizens Project started over 12 years ago to address these concerns of community disconnection. The project was inspired and developed from the research of Drs. Michael Rowe & Madelon Baranoski, and people in recovery. Dr. Rowe defines Citizenship as a person’s strong connection to the “5 R’s”: Rights, Roles, Responsibilities, Resources and Relationships that a healthy society makes available to its members through public and social institutions and through associations with others. The vision of the Citizens Project is for All to have a full and meaningful citizenship!

Project Components: As a student of the Citizens Project, Individuals participate in a co-learning process; learning from each other. Classes (sample of the 24 classes)

- Relationship Building
- Negotiating the Criminal Justice System
- Advocacy & Leadership
- Career—Educational and Vocational Development
- Public Speaking
- Housing Options and Issues
- Communication 101
- Healthy Alternatives

Classes are held twice a week (Tuesdays and Thursdays 2-4:30pm)

Mutual Support Group

The “What’s Up?” Group is an opportunity for students to share successes, provide support, and offer feedback around challenges. What’s Up? is a mutual support group facilitated by the students.

Valued Role Projects

Individual or group community projects inspired by students’ passions, knowledge and experiences.

Who Can Enroll as a Student? Anyone who...

- Is 18 years or older
- Is a resident in the Greater New Haven area for the duration of the 6 month project
- Receives care/follow-up for mental health or co-occurring mental health and substance use
- Has had involvement in the criminal justice system (arrest, probation, parole or incarceration) within the past 3 years
- Is interested in learning and sharing with others
- Will commit to a 6-month project that meets twice a week

ALL can engage with the Citizens Project:

Ideas for classes that may enhance the Citizenship experience?

Community projects that the students can collaborate on?

If so, Please contact the Project Director

What’s in it for me? Classes on rights, responsibilities, relationships, roles and re-sources for individual and community enhancement. A mutual support group called: “What’s Up?” Peer Support in the classes and the community with a person in recovery with “similar” life experiences Individual or group community projects inspired by students’ knowledge, passion and experiences Ten (10$) Stipend for each class you attend Weekly social networking activity Certificate of Completion and Graduation Ceremony at City Hall

Citizens Project - A project of Yale School Of Medicine, Dept. of Psychiatry, Program for Recovery and Community Health & Connecticut Mental Health Center.
MCCA offers outpatient treatment services through individual, group and family therapy.

Clients are able to participate in a variety of programs such as intensive outpatient, relapse prevention, early intervention, women’s and men’s services and Latino outpatient. Through these supportive therapies clients are able to recognize triggers and destructive behavior and begin to create the positive changes leading to the well-being created by a healthier lifestyle.

Family education and therapy is also available and covers the many issues family members must cope with when dealing with a family member suffering from an addiction or mental illness.

Our objective is to accommodate clients by allowing them to remain in the home and be able to work or attend school while in treatment. Most programs and counselors are available during evening hours.

Services include:
- Evaluations and assessments
- Individual, group and family therapy
- Education and treatment for family members and significant others
- Relapse prevention groups
- Gender and age specific services
- Continuing care and referral services

Specialized Groups
- Intensive Outpatient Program
- Anger management
- Gender specific trauma group
- Dialectical Behavior Therapy (DBT)
- Co-occurring Groups
- Ongoing Maintenance
- Suboxone group
- Problem gambling group
- Mommy and Me

Outpatient Treatment for:
- Substance Abuse
- Mental Health/Co-occurring Disorders
- Bettor Choice Gambling Program
- Latino Outreach

Open Access at all of MCCA locations

There is no need to wait weeks for an appointment, simply walk-in. If you are not seen on that day, you will definitely walk out with a scheduled appointment. Please note, clients will be seen on a first come, first serve basis.

MCCA offers walk-in day hours in our New Haven facility on Tuesdays from 8:30am to 12pm for all clients in need of an outpatient evaluation.

If you prefer to schedule your appointment by phone, call our scheduling department at 877-874-6222 between the hours of 8am and 8:30pm to make a reservation for an appointment. On your appointment day - please arrive 15 minutes early to complete paperwork.

MCCA participates in the Connecticut General Assistance Behavioral Health Program. For your convenience, we accept cash, checks and most major credit cards.

MCCA participates in many managed care plans, and we also accept traditional insurance. Some insurance plans may require that you obtain authorization from them before you visit us. Since this differs by plan, please check with your insurance company so you may receive complete benefits from your coverage. Many insurance plans require that you make a co-payment at the time of your visit.

MCCA is recognized by the Internal Revenue Service as a 501(c) 3 non-profit community-based organization.

MCCA 38 Old Ridgebury Road, Danbury, CT 06810 877.874.6222
Recovery and Empowerment for Women

The Village of POWER is a program that provides services to women struggling with substance abuse, homelessness, mental health challenges or HIV/AIDS.

In conjunction with Northside Community Outpatient Services, the program offers groups specializing in employment readiness, medical and psychiatric wellness, household management, spirituality, parenting and emotions management.

Clients are encouraged to utilize the program daily and for as long as they need assistance. Growing through Sewing is one of the recovery programs offered at the Village of POWER. Recovery principles are reinforced through this program including patience, concentration, problem solving, working as a team and stress management.

The Village of POWER is open for all referrals. Call (203) 503-3484.
226 Dixwell Avenue, New Haven, CT 06511 • Monday – Friday 9:00 am – 5:00 pm
Anxiety Reduction Group

Worried? Stressed out? Feeling anxious?

Join this group to:
- Learn about anxiety, including where it comes from, how to feel more in control and how small changes can make a big difference
- Learn more about the mind/body connection
- Learn how you can lead a more relaxed life

Group meets Wednesdays at 10:00 am
Cornell Scott-Hill Health Center
State Street Counseling Services
913 State Street, 2nd floor, New Haven, CT
In the large group room
Call 203-503-3663 for more information.
Group led by Jessica Sinchak, LPC

Relapse Prevention

An outpatient group for adults recovering from substance use disorders in a safe and supportive environment

You're encouraged to attend if:
- You are enrolled in treatment at the health center's State Street Counseling Services
- You are considering, trying to, or have entered the recovery process
- You need additional support to assist in preventing relapse

The group will focus on:
Triggers to Alcohol & Drug Use, Relapse Prevention, Building Coping Skills and Enhancing Strengths

Group meets Tuesdays from 11:00 am - 12:00 pm
Cornell Scott-Hill Health Center
State Street Counseling Services
Large Group Room
913 State Street, New Haven, CT

To join, talk to your therapist and ask for a referral or call:
Katherine Rende, MSW at 203-503-3668

Cornell Scott Hill Health Center
www.HillHealthCenter.com • Facebook • Instagram
A Statewide No Cost Transportation Service

RIDES TO AND FROM

Sober Houses | Recovery Houses | Shelters | Detoxification Facilities
Treatment Programs | Hospitals

Road to Recovery staff will respond to completed applications.
Once eligibility is confirmed, rides can be arranged within hours, sometimes the same day.
Transportation is available state wide, Monday through Friday, from 8 am to 5 pm.
Participants must be active Husky D recipients, receiving no cash assistance.
No fees are charged to participating agencies or the eligible riders.
Road to Recovery will discuss fee for service for ineligible riders.
For more information call:
Edna Brown, Road to Recovery at (203)401-2087.
Applications can be faxed to (203)401-2086 or scanned and e-mailed to
roadtorecovery@columbushouse.org.

A program of Columbus House funded by
The CT Department of Mental Health and Addiction Services
&
Advanced Behavioral Health.
HOW TO DEAL WITH ANGER IN YOURSELF
Not by ignoring or suppressing it. Experience and science have shown repeatedly how poorly those strategies work. Once anger rises past a certain point, it seems to require satisfactory expression to be diffused. That is, it must be expelled in a way that feels good—in a way that is literally emptying. The goal then would be to expel it in a way that does as little damage as possible. How one does this depends on why the anger one feels is rising in the first place. Anger aimed at harming oneself. Depression is almost certainly the cause and should be identified and treated. Anger aimed at achieving control. Ask yourself why you feel out of control. Fear is a common reason. Actually lacking control is another. Anger is, fortunately or unfortunately, often a good strategy to regain control in the short-term, and easier to feel than many of the emotions that trigger it. But as it ultimately remains an expression of our unfulfilled need to control (if we actually had control, we wouldn’t get angry), far better to identify a means to actually provide us real control rather than the illusion of it. When such control isn’t possible, a next best option is to fully recognize what feelings being out of control leads to first, before anger: fear and uncertainty. If we can identify these feelings each time they arise, we at least have a chance to deal more constructively with them—or at least more consciously.

Anger aimed to make us feel powerful. Control isn’t exactly the issue here. It’s more that we feel small and insecure and have stumbled upon anger as an effective means to feel bigger than those around us. Recognizing this is what’s going on empowers us again to interrupt the generation of anger and instead to deal with the feelings of insecurity. Anger that arises from insecurity is particularly efficient at destroying intimate relationships.

Anger at injustice. How best to discharge this anger? Take action to correct the injustice, whether committed against yourself or someone else.

Of course, anger may arise for more than one of these reasons at one time. Anger at an injustice committed against you (as opposed to someone else) may intermingle with anger aimed at achieving control (as an expression of a wish for control that could have prevented the injustice from being committed in the first place). Anger aimed at yourself for being powerless in a given situation may intermingle with anger at someone else as a way to achieve the very power you lack.

HOW TO DIFFUSE ANGER IN OTHERS
The goal here is two-fold, your ability to carry out the second being dependent on your ability to carry out the first:

Remain in control of yourself. When you find yourself on the receiving end of someone’s anger, they’re either trying to control you in some way or make you feel small so they can feel big. Or you’ve done them some kind of wrong. You should seek to understand which of the three it is. You must tell yourself that anger is their strategy and has nothing to do with you at all, unless of course you really have committed an injustice against them, in which case you should make amends.

Help them discharge their anger in a way that feels satisfying without causing harm. Responding to anger with anger rarely accomplishes anything positive. If you remain in control of yourself so that another’s anger neither manipulates you nor makes you feel small, you have a chance to help them deal with the real issue that triggered their anger in the first place. What tactics work to accomplish this?

Validate their anger. Resisting a person’s anger, getting angry back at them, denying that their anger is justified all do nothing more than inflame it. Even if their anger isn’t justified in your mind, what would convincing them of that accomplish? It likely wouldn’t give them control over it. Feelings require no justification to be felt. Apologize. I told my patient how sorry I was he had such an unpleasant experience. It wasn’t my fault, but in commiserating with him, I was able to validate his anger.

Help turn their anger into language. Get them to express in words, rather than in harmful action, just how angry they are. This is often an effective way to help them discharge their anger in a way that feels satisfying. Get angry with them. Get even angrier than they are. Transform yourself from the object of their anger into their partner in feeling the same anger as they.

Though buried deeply, fear was the obvious cause of my patient’s anger, an emotion with which I could far more easily sympathize. As he’d already calmed down by the time he came to see me [he’d satisfactorily discharged a lot of his anger already over the phone], I spent most of my time validating his anger and attempting to address its underlying cause. He never would acknowledge he was afraid, however, which made me worry there would be similar future outbursts (there were), but having fully apprehended its cause, his anger never again intimidated me. He was ultimately diagnosed with lymphoma, endured several cycles of chemotherapy, and was eventually cured. Of his lymphoma, that is.
Mission Statement

To help adults who have a mental illness lead more meaningful, fulfilling and healthy lives by offering resources, education and opportunity.

Value Statement

1. Fellowship Place serves and supports adults in their efforts to overcome the challenges of living with mental illness.

2. Fellowship Place welcomes, accepts and values the contributions of the people it serves, treating them with dignity and respect.

3. Fellowship Place provides a safe environment for the people it serves so that they can challenge themselves and exceed their own expectations.

4. Fellowship Place effectively serves its constituents through staff commitment and expertise.

5. Fellowship Place works to eliminate the stigma associated with mental illness, and it promotes the acceptance and integration of people with mental illness into the broader community.

6. Fellowship Place partners with other organizations to meet the needs of the people it serves.

Please visit us at www.fellowshipplace.org to learn more about the Career Development Program.

Follow Us Online:
facebook.com/FellowshipplaceInc
twitter.com/FellowshipPlace
www.fellowshipplace.org

441 Elm Street, New Haven, CT 06511
(203) 401-4227
www.fellowshipplace.org
Supported Employment Program

Services & Supports Include:

- Pre-employment Services & Supports
- Prevocational Services & Supports
- Employment Preparation Workshops
- Job placement
- Basic Literacy/Literacy English
- Employability Assessment, and Advancement
- Community Employment
- Resume workshops and critique by a community employer
- Mock interviews with local employers
- On-line virtual simulation job interview
- Basic computer classes taught by Rosetta Stone software to learn and practice English
- On-site GED instruction
- On-site GED Classes taught by New Haven Adult Education Instructors
- Certification obtaining
- Skills Assessment with Career Ready 101
- Interview clothes
- Vocational counseling

Supports Include:

- Job Supports
- Assistance completing FAFSA and applications for scholarships
- Assistance getting in academic readiness
- Attending campus tours and
- Ready 101 academic training on-line with Career Development
- Education support group
- Education programs
- Assistance enrolling in post-secondary
- Literacy
- Academic counseling and assessment
- On-site GED classes

Services & Supports Include:

- Maintenance employment workshops on how to get, keep, and bus passes until the first paycheck
- Assistance finding a volunteer position
- Basic Intermediate and advance on-line
- Literacy volunteers
- Assistance preparing for job interviews with local employers
- Literacy/Literacy English
- Basic computer classes taught by Rosetta Stone software to learn and practice English
- On-line GED instruction
- On-line GED Classes taught by New Haven Adult Education Instructors
- Certification obtaining
- Skills Assessment with Career Ready 101
- Interview clothes
- Vocational counseling

Program Development Fellowship Place
The Taking Initiative Center

The Taking Initiative Center is a place to foster dialogue about what the next steps may be for recovery. It is also a place where people can safely talk with their peers, consult with counselors, and just get away from their normal daily routine. Individuals can make use of the free computers, recovery groups, meals, and extensive literature.

Access to Treatment

If immediate transportation to treatment is needed the staff will assist you with getting there.

Eligibility Requirements

Interested people must be residing in New Haven, are currently not actively involved in the service system or in treatment, and who have not had success with previous recovery strategies.

People will be screened for DMHAS eligibility.

What are you doing today?

The Taking Initiative Center (TIC) is a safe place for individuals from New Haven who are using drugs, drinking, trying to stop using, or in early recovery from addictions or alcoholism.

- We serve breakfast until 10:00AM and lunch in the afternoon.
- We offer optional groups daily: meditation, plan for the day, recovery and education.
- Three computers are available for client use.
- We have two telephones for making local calls.
- We provide a safe and comfortable space to play games, watch television or educational movies, read, chat, and relax.
- Washer, dryer and a shower may be available upon first visit.
- Monday—Friday we offer rides from Columbus House to TIC at 9 AM and from TIC to select New Haven program sites at 3 PM.
- We will assist you in obtaining social services that may benefit you.
- We are not a treatment center, but we will assist you in finding one if you want.

Your confidentiality is respected and protected
People Who've Been There
Helping
People Who Are There

Life Support

Through both direct scholarships and scholarship facilitation, program members can attend New Haven Environmental Protectors, Gateway Community College and/or ATEC for the following training programs:

- Construction w/OSHA, RRP, Hilti, & Weatherization
- Intro to HVAC w/EPA
- Business/Office Assist
- Bookkeeping
- Medical Assistance
- ServSafe Food Service
- Desktop Publishing w/Adobe Creative Suite
- CNC
- Blueprint Drafting w/AutoCAD
- Computer Repair w/Comptia

How We Help

A program that combines vocational training, behavioral therapy and help in general, what sets Life Support apart is that all group facilitators have been where you are.

The rationale behind the program is that every individual is responsible for his or own success. Therefore, the nature of our support is to assist with immediate needs while empowering people to recognize their own potential and take responsibility for it.

Examples of Participant Benefits Can Include:

- Assistance w/Childcare Costs
- Dream Achievement Planning
- Bus Passes
- Person Specific Needs
- Housing/Rental Assistance
- Scholarships for Vocational Training
- Gift Cards
- The Cost of DMV Identification

(203) 626-1JOB
WE CAN HELP!

Your needs or those of a loved one may include assistance with communicating with service providers, accessing community resources, and coordinating community services, policies, and procedures. And, if you need assistance right now, you can receive help in a single, clear, and accessible format. This document provides a one-stop shop for individuals who may need help navigating life-changing situations.

Our goal is to empower individuals to advocate for themselves.

Advocacy
Planning for the future
Referrals for care management
Referrals for employment assistance
Support counseling
Community resources

Gateway for Communities

Community choices serve the following:

Nutrition
Transportation services
In-home services
Employment, training, housing
Elder abuse prevention
Disability services
Adult day care
Information about community resources

Welcome to the Center for Disability Rights. We are here to empower you to navigate the world with confidence and independence. Whether you need assistance with a disability or mobility challenges, our mission is to assist individuals in finding the information and resources they need.

For more information, please visit our website: [CDRCenter.org]

Get Involved:
- Donate
- Volunteer
- Join the mailing list
- Follow us on social media

Contact Us:
(203) 924-7078  764 - A Campbell Avenue
West Haven, CT 06516

CDR is an equal opportunity provider, officer of the state, and the taxpayer by promoting the removal of barriers, inclusion of people, and the growth of the abilities of all people. Our mission is to assist individuals in finding the information and resources they need.

Visit our office:
The easiest access is US 95 South at Exit 43, then follow signs to the next light (Commercial Ave). We are the center just south of the restaurant.

We are a partner and help facilitate the center for disability rights. The center for disability rights needs from 3:00 PM to 7:00 PM, on the second Friday of every month at the center. We also run the extension of the center for disability rights. The center for disability rights provides a one-stop shop for individuals who may need help navigating life-changing situations.

For more information, please visit our website: [CDRCenter.org]

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For more information, please visit our website: [CDRCenter.org]
Where do you start?

Contact the Bureau of Rehabilitation Services (BRS) office nearest to your home to apply for services. If you are younger than 18 years old, your parent or guardian will have to be involved in the process. You will be asked to provide information about your disability, your education and any work or volunteer opportunities you may have had. When necessary, you may be asked to participate in medical, psychiatric, psychological or other evaluations that will be paid for by BRS.

Talk to a professional

A Vocational Rehabilitation (VR) counselor will explain how our process works and answer any questions you may have. Once you make the decision to apply for services the counselor has up to 60 days to determine if you are eligible.

Our expertise, your plan

If you are eligible for VR services, you will work with a BRS counselor to develop an Individualized Plan for Employment (IPE). Your IPE will identify your vocational goal, what steps are needed to help you achieve your goal and who is responsible for each step. Both you and your counselor will reach an agreement on your IPE services and take actions toward completing each service of the IPE.

BRS @ work

BRS provides individualized services to help you find employment that best matches your interests, values, personality and abilities. Services are provided based on the current job market and availability of funds. All services must be pre-authorized by your BRS counselor.

BRS may provide a full range of services, in any combination, that best fit your needs, including:

- Vocational counseling
- Benefits counseling
- Job search assistance
- School-to-work transition services
- Skills training and career education in college and/or vocational schools
- On-the-job training in business and industry
- Assistive technology services such as adaptive equipment for mobility, communication and work activities
- Vehicle and home modification
- Supported employment services
- Services to assist in restoring or improving a physical and/or mental impairment
- Nursing home transition services
- Help accessing other programs and services

Your counselor will explain when BRS will pay for part or all of a service. We will also help you find other resources including financial aid, medical insurance and your own finances.

Important factors that impact eligibility

- If you receive Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI), you may be presumed eligible for VR services. Our benefits specialists are here to help you understand how work can affect your benefits.
- Individuals with the most significant disabilities may receive services on a priority basis called the Order of Selection.
- If your disability is not found to be “significant,” you may not be eligible for services. If this occurs, you may be added to a waiting list and be given other potential options for assistance. More help if you need it.

The Client Assistance Program (CAP) can provide advice, advocacy and legal information regarding BRS. CAP is located at: The Office of Protection and Advocacy (P&A) 60-B Weston Street, Hartford, CT 06120 Phone: 1-800-842-7303 (toll-free) or 860-297-4326 (statewide).
Are you Receiving Benefits and Interested in Working? Check out the...

Ticket to Work Program

http://www.ssa.gov/work/receivingbenefits.html

If you are interested in working, the Ticket to Work Program is the key to unlocking vocational rehabilitation, training, job referrals, and other ongoing support and services to help you reach your employment goals. The program is available for people who are between the ages of 18 and 65 and receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) benefits because they are disabled or blind.

Work Incentive Liaisons (WIL)
Each local Social Security Administration (SSA) office has a Work Incentive Liaison (WIL) who provides advice and information about SSA's work incentive provisions and employment support programs to individuals with disabilities and outside organizations that serve those with disabilities. Contact your local SSA office for the name and telephone number of this Work Incentive Liaison.

What are the advantages of using the Ticket and Work Incentives?
While you are actively participating in the Ticket to Work program, you can get the help you need to find the job that is right for you and you can safely explore your work options without losing your benefits.

- You can easily return to benefits if you have to stop working (known as “expedited reinstatement of benefits”);
- You can continue to receive healthcare benefits; and
- You will not receive a medical continuing disability review (CDR) while using your Ticket.
APNH is now providing a Medication Treatment Adherence program
For HIV+ clients who are having difficulty with medication compliance, APNH is now offering a program to support medication management and disease education.

- Infectious disease Registered Nurse will provide medication management and assist with medication compliance
- The Program is Client Centered and Compliance Focused
- An experienced RN will meet with clients in office or at the clients preferred setting to provide medication management and/or general disease education
- Services include pharmacy setup, medication reconciliation, support & referrals
- Comprehensive approach to help patients achieve & maintain an undetectable Viral load & optimal health

AIDS New Haven PROJECT

CONTACT: Mary Giannotti, BSN, RN
AIDS Project New Haven
1302 Chapel St., New Haven, CT 06511
Phone: (475) 441-7033 or (203) 624-0947 ext. 242
Fax: (203) 401-4457
Email: mary.giannotti@apnh.org
114-125 Boston Post Road, West Haven, CT
Emergency Community Care Center
Drop-in
(855) 393-7955 (24/7)
VA National Homelss Veterans Hotline:
(203) 710-6529 (during business hours)
VA Connecticut Homelss Veterans Hotline:
Call: 30
tional healthcare facility or many other services.
VA Connecticut can connect you to permanent housing.

For more information on veteran services, call 211.

For information on veterans services, call 211.

If you know of a veteran in need of housing, please visit the CT Hero Project to lead the effort of housing homeless veterans. The Connecticut Coalition to End Homelessness has partnered with recent federal funding to enable Connecticut to offer housing.

Resource for Homless Veterans

- VA Connecticut Homelss Veterans Hotline: (203) 710-6529
- VA Connecticut: (203) 710-6529
- VA National Homelss Veterans Hotline: (855) 393-7955
- VA Connecticut: (203) 710-6529

For more information on veterans services, call 211.

If you know of a veteran in need of housing, please visit the CT Hero Project to lead the effort of housing homeless veterans. The Connecticut Coalition to End Homelessness has partnered with recent federal funding to enable Connecticut to offer housing.

Resource for Homless Veterans

For more information on veterans services, call 211.
Social Services Block Grant (SSBG) Case Management

The Social Services Block Grant (SSBG) Case Management program is administered by the Connecticut Association for Community Action, Inc. (CAFCA) with funding provided by the Connecticut Department of Social Services (DSS). SSBG Case Management services are services or activities that help individuals and families meet their needs. All services are free. These services are available to anyone who may need them.

Who benefits?

- People who are under or unemployed
- People who need help applying for social services
- People who need referrals to basic needs, treatment, health, and shelter services
- People in need of job search assistance or who need help identifying job training and educational opportunities

Who is eligible?

- Connecticut residents at least 18 years old
- Single adults
- Families with at least 1 child under 18 living with you
- There are income guidelines. A SSBG case manager will verify your income during your first appointment

What can SSBG help with?

- Food and nutrition
- Application completion
- Goal planning
- Housing information and assistance
- Referrals to other services
- Transportation assistance
- Help finding education or training opportunities
- Job search and resume writing
- Money management and budgeting

**PLEASE NOTE ACCESS TO SSBG RESOURCES DEPENDANT ON ENROLLMENT IN CASE MANAGEMENT SERVICES AND DETERMINED BY CAANH, Inc.**
Coordinated Access:
A simpler and more effective way to serve our homeless neighbors.

Connecticut 2-1-1
Get Connected. Get Answers.

To access shelter and housing resources call 2-1-1.
*Effective Monday, January 26, 2015*

Connecticut’s Coordinated Entry guidelines now require that everyone seeking emergency shelter and housing go through the state’s 2-1-1 system.

Community professionals, including educational, judicial, medical, and social service staff, should assist those who cannot call without help, by calling 2-1-1 with them.

After dialing, select option 3, and then option 1, to reach trained Housing Specialists. A 2-1-1 Housing Specialist will perform an initial assessment, make referrals as needed to help avoid homelessness and, when appropriate, schedule a community-level appointment with one of our designated case managers. This does not guarantee immediate shelter or housing placement. However, we will seek to access all available resources for each household through this process.

If you cannot dial 211 from your phone, dial 1-800-203-1234.

*In times of extreme weather, please seek shelter immediately.*

*First-come, first-serve MALE walk-ins are still accepted at Emergency Shelter Management Services (645 Grand Avenue, New Haven) and the Columbus House Winter Overflow (232 Cedar Street, New Haven).

*Our new Overnight Warming Center will accept male and female adults from January 15th to March 15th. The hours are 10:30 PM to 6:00 AM at Church on the Rock (95 Hamilton Street, New Haven, CT).*
LIBERTY SAFE HAVEN DAY PROGRAM

The Day Program located at Liberty Safe Haven offers a place for homeless individuals to spend their day and gain access to important support services. Open to individuals who are homeless and confronting chronic illness, mental illness or addiction, the Day Program fills a critical need for many people in our community.

The services offered include counseling, referral to community resources, help with job searches, laundry room access, shower and bath facilities, and transportation to medical appointments.

A community room is available, with television, a library, meals and coffee.

The program also offers an on-site computer center, with classes for all levels of experience. Users are taught computer skills, both for personal use and to give them knowledge and experience that will help them in today's job market. Participants also have telephone access, and are given individual voice mail accounts. This combination of computer access, phone access, voice mail and email are important to finding a job or making medical appointments, and they help participants to remain connected with the community.

The hours of operation for the Safe Haven Day Program are Mondays through Fridays from 8:30 am to 3:30 pm.

Please call (203) 495-1770 for more information or to schedule an intake.

Vaccines for adults can prevent serious diseases and even death. Ask your doctor about what immunizations you need. Because staying healthy at any age isn't kid stuff.
MY LIFE, MY HOME, MY CHOICE

PURPOSE OF LEEWAY'S COMMUNITY LIVING MODEL:
To support personalized positive change for individuals living with multiple chronic conditions by integrating health and wellness support/services in the community.

ARE YOU OR SOMEONE YOU KNOW STRUGGLING WITH ALCOHOL/DRUG ADDICTION?

ARE YOU OR SOMEONE YOU KNOW FEELING HOPELESS?

ARE YOU OR SOMEONE YOU KNOW IN NEED OF BEHAVIORAL HEALTH RESOURCES?

RECOVERY COACH CAN BE THE ANSWER...

What is a Recovery Coach?

A Recovery Coach is someone interested in promoting recovery by assisting individuals to identity and overcome barriers to recovery. A Recovery Coach can help individuals find resources to make positive changes in their life, with the environment, health, and personal self. The individual will define their own personal recovery goals and The Recovery Coach lend support.

ROLES OF RECOVERY COACH

A MOTIVATOR, ENCOURAGES, AND CELEBRATES.

Create Wellness Plan with Personal Goals

Trustworthy and Caring

Actively Listener

Friend and Companion

Link to Resources in Community with Personal Goals

Provides Helpful Information and Offers Suggestions

Connect Individuals with Recovery Support

Assist in Problem Solving with Wellness Plan

Please Email or Call:
Valencia Cook RC
vcook@leeway.net 203.980.1582
School of Dental Medicine offers care for recipients of DSS Husky plans. UConnLink on-line: https://appointments.uchc.edu/index.aspx

**Hours of Care**

Care are generally 8:30 a.m. to 5 p.m., Monday through Friday.平常的护理时间为早上8:30至下午5:00，周一至周五。

**Student Clinics**

Student Clinics offer patients comprehensive dental care in a comfortable environment provided by dental students under the supervision of experienced and licensed clinical faculty. Although the time required to complete treatment in our student clinics is longer than with in a private practice setting, fees are generally less. You will receive an appointment for a brief oral and dental examination to determine your general treatment needs and to make an assessment whether your needs can be met by our student providers. If accepted, you will be assigned to an appropriate clinic for your care.

New patients must first schedule a screening appointment then are registered into the system before scheduled in clinic. Timeline for scheduling appointments averages 4 – 6 weeks.

**Resident Clinics**

Resident Clinics offer both comprehensive and specialized treatment with care provided by graduate dentists receiving advanced training. Residents provide care under the supervision of experienced and licensed clinical faculty and care will generally take less time than with our student providers, however, the fees are generally higher. You may be referred to one of our residency clinics from our student clinics as deemed appropriate for your specific needs such as in areas of care: * Advanced General Dentistry - Comprehensive dental care: restorative, cosmetics, and implant therapy
* Endodontics - Root canal therapy
* Orthodontics/ Braces
* Oral & Maxillofacial Surgery
* Oral & facial surgery, dental implants

**Pediatric Dentistry**

*Children's dentistry - Connecticut Children's Medical Center
* Burgdorf Dental Clinic

**Periodontics**

* Periodontal (gum) disease, dental implants

**Prosthodontics**

* Cosmetic and Reconstructive Dentistry
* Venetians, crowns, bridges, implants, dentures

**Emergency Dental Care**

The University of Connecticut School of Dental Medicine provides emergency dental care for our patients and for the community. Emergency care is available without appointment during regular clinic hours. If you have questions about emergency care, call UConnLink or 860-679-2325.

If you require emergency dental care after hours, including evenings, weekends, and holidays, care is provided by the School in the John Dempsey Hospital Emergency Department of the University of Connecticut Health Center. Call UConnLink or 860-679-2588 (Emergency Department) or 860-679-2626 - ask for the dental resident.


**Free Dental Care Clinics**

FreeDentalCare.us is a free website maintained by users like you. Our volunteers work hard to make sure the information on these clinics is up to date and accurate. Please be aware that not all clinics are completely free. Some cities also have a low number of clinics so in many cases we have included nearby clinics in the search results.

If you are aware of any clinics that offer free or low cost services to patients needing dental care, please contact us. Also, if you are the owner of a clinic or work at a clinic that is listed on this website and wish to update our site, please contact us.
CUT OUT ADDED SUGARS

Added sugars are sugars added to foods and beverages when they're processed or prepared. Consuming too much may make you sick and may even shorten your life.

THE AMERICAN HEART ASSOCIATION RECOMMENDED DAILY LIMIT FOR ADDED SUGARS:

**WOMEN**

6 TEASPOONS

100 CALORIES

OR LESS

**MEN**

9 TEASPOONS

150 CALORIES

OR LESS

WHERE DO ADDED SUGARS COME FROM?

- DECEPTIVE DRINKS
  - Flavored Milk
  - Sports & Energy Drinks
  - Sugary Soda & Tea
  - Sweetened Juice
- UNBALANCED BREAKFASTS
  - Breakfast & Energy Bars
  - Granola
  - Sugary Cereal
  - Sweetened Oatmeal
- SWEET, SWEET SYRUPS
  - Coffee Flavors
  - Drink Mixes
  - Gelatin & Jello
  - Pancake Syrup
- ICE-COLD CANDY
  - Ice Cream & Gelato
  - Frozen Yogurt
  - Fruit-Flavored Popsicles
  - Sherbet & Sorbet
- BEWITCHING BAKED GOODS
  - Bread & Pastries
  - Cakes, Cookies & Pie
  - Donuts
  - Flavored Yogurt

EASY WAYS TO AVOID THEM:

- Check nutrition facts label and ingredients
- Choose simple foods over heavily processed ones
- Limit sweets and sugary beverages
- Rinse canned fruits if they are canned in syrup

AMERICANS NINE out of 10 CONSUME TOO MUCH SODIUM

On average, American adults eat more than 3,400 milligrams of sodium daily – more than double the American Heart Association’s recommended limit of 1,500 milligrams.

WHERE does the sodium we eat come from?

- 25% comes from restaurants*
- 10% comes from food bought in retail stores*
- 65% comes from home cooking & at the table*

Choose lower-sodium foods and cook at home more often.

- Look for the Heart-Check mark to find products that can help you make smarter choices about the foods you eat.
- Check the Nutrition Facts label for the amount of sodium per serving AND the number of servings per container.
- Read food labels. Assorted brands of the same food often have different sodium amounts.

Excess sodium increases a person’s risk for HIGH BLOOD PRESSURE, which can lead to heart disease and stroke.
Resources to Help You Quit Smoking

1-800-Quit-Now

The CT Quit line is a **free** telephone service that offers counseling and information to help you quit smoking. The Quit Line can answer your questions and give you support to stop smoking. A trained Quit Coach will help you create your own Quit Plan. You will also get Quit Guides that are full of tips and information to help you stay on track.

**Worried About Cravings?**

Your Quit Coach will help you decide if the nicotine patch, nicotine gum, or other medication will work for you.

Your Quit Coach can refer you to programs in New Haven that can help you stop smoking.

The CT Quit line is open 7 days a week from 8:00 A.M. to 3:00 P.M.

English and Spanish speaking coaches are available.

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**Programs to help you quit smoking:**

**Fair Haven Community Health Clinic, Inc.**

374 Grand Avenue
New Haven, CT 06513
(203) 777-7411

**Yale-New Haven Hospital St, Raphael’s & York Street**

1450 Chapel Street
New Haven, CT 06511
(203) 789-4146

**Yale School of Medicine**

50 York Street
New Haven, CT 06511
(203) 974-7588

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**Websites to help you quit Smoking:**

**Department of Public Health**
www.quitnow.net/connecticut

**New England Lung Association**
www.ffsonline.org

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**Did you know?**

Medicaid now pay for nicotine patches, nicotine gum, medication and counseling to help you quit smoking.
Top Ten Bed Bugs Tips

1. Make sure you really have bed bugs, not fleas, ticks or some other insect. You can compare your insect to the pictures on our bed bug Web page or show it to your local extension agent.

2. Don't panic! Eliminating bed bugs is difficult, but it's not impossible. Don't throw out all of your things because most of them can be treated and saved. Throwing stuff out is expensive, may spread the bed bugs and could cause more stress.

3. Think through your treatment options – Don't immediately reach for the spray can. Try other things first. Integrated pest management (IPM) techniques may reduce the number of bed bugs and limit your contact with pesticides. If pesticides are needed, always follow label directions or hire a professional. There is help available to learn about treatment options.

4. Reduce the number of hiding places – Clean up the clutter. A cluttered home provides more places for bed bugs to hide and makes locating and treating for them harder. If bed bugs are in your mattress, using special bed bug covers (encasements) on your mattress and box springs makes it harder for bed bugs to get to you while you sleep. Leave the encasements on for a year. Be sure to buy a product that has been tested for bed bugs and is strong enough to last for the full year without tearing.

5. Regularly wash and heat-dry your bed sheets, blankets, bedspreads and any clothing that touches the floor. This reduces the number of bed bugs. Bed bugs and their eggs can hide in laundry containers/hampers, so clean them when you do the laundry.

6. Don't rely on do-it-yourself freezing as a reliable method for bed bug control. While freezing can kill bed bugs, temperatures must remain very low for a long time. Home freezers are usually not cold enough to kill bed bugs. Putting things outside in freezing temperatures can kill bed bugs, but it can take several days when the temperature is 0°F and almost a week when the temperature is 20°F.

7. Use heat to kill bed bugs, but be very careful. Raising the indoor temperature with the thermostat or space heaters won't do the job. Special equipment and very high temperatures are necessary for successful heat treatment. Black plastic bags in the sun might work to kill bed bugs in luggage or small items, if the contents become hot enough (about 110°F for at least 3 hours).

8. Don't pass your bed bugs on to others. Bed bugs are good hitchhikers. If you throw out a mattress or furniture that has bed bugs in it, you should slash or in some way destroy it so that no one else takes it and gets bed bugs.

9. Reduce the number of bed bugs to reduce bites. Thorough vacuuming can get rid of some of your bed bugs. Carefully vacuum rugs, floors, upholstered furniture, bed frames, under beds, around bed legs, and all cracks and crevices around the room. Change the bag after each use so the bed bugs can't escape. Place the used bag in a tightly sealed plastic bag and in an outside garbage bin.

10. Turn to the professionals, if needed. Hiring an experienced, responsible pest control professional can increase your chance of success in getting rid of bed bugs. If you hire an expert, be sure it's a company with a good reputation and request that it use an IPM approach. Contact your state pesticide agency for guidance about hiring professional pest control companies.

August 28, 2012
EPA 735-F-12-001

For more information, visit www.epa.gov/pesticides/bedbugs/
SUNRISE

Free Breakfast Café

ALL ARE WELCOME

Breakfast: 7:30AM-9:30AM
Community Time: 9:30AM-11:00AM
Monday to Friday

Corner of Olive and Chapel Streets (57 Olive St.)
The Episcopal Church of St. Paul & St. James

Sponsored by Liberty Community Services
NEW HAVEN

FOOD ASSISTANCE RESOURCE GUIDE

OPEN TO ALL

FOOD PANTRIES

No proof of income or residency status required

- All agencies that distribute TFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to complete and sign a self-declaratory form attesting to their eligibility.

Believe in Me Empowerment
427 Dixwell Ave.
203-772-2771
3rd Thurs of month, 4pm-6pm

Bethel AME Church
255 Coffe St.
203-665-0514
203-915-2947
3rd Sat of month, 10am-12pm

Breakthrough Church & Life Kingdom Ministries - Newhallville Substation
203-691-9256
596 Winchester Ave.,
4th Tue of month, 4pm-6pm;
481 Shelton Ave.,
3rd Sat of month, 12pm-2pm

Cathedral of Higher Praise
155 Grand Ave.
203-776-7676
3rd Sat of month, 9am-10am

Centro San Jose
290 Grand Ave.
203-777-6771
Last Fri of month, 9am-12pm

Christian Community Action
168 Davenport Ave.
203-777-7848
M-W, 9:30am-11:45am and
2pm-3:45pm; Th, 10am-11:45am; Wait in registration on T; 2pm-3pm
Visit limit to once per month;
Priority to families with
children and people who are elderly or disabled.

Christian Love Center-West River
154 Derby Ave.
203-752-1644
2nd & 4th Thurs of month,
4pm-6pm

Community Baptist Church
143 Shelton Ave.
203-562-7060
1st Wed of month, 10am-11am

Door of Salvation Church
3 Arch St.
203-691-5608
3rd Tue of month, 10am-11am

Downtown Pantry
311 Temple St.
203-624-6426
Wed, 2-3pm

Glorified Deliverance
604 Dixwell Ave.
203-624-4175
4th Sat of the month,
11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
3rd Wed of the month,
10am-12pm

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
4th Sat of the month,
8am-9:30am

Jewish Family Services
1440 Whalley Ave.
203-397-0795
Wed & Thurs, 9am-12pm
By appointment only.

Liberty Educational Service Center
47 Elizabeth St.
203-691-9494
203-606-1905
2nd & 4th Sat, 1pm-3pm
Only open to New Haven residents. Must call on Friday after 2pm to make appt.

Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 9am-10:30am

Mount Hope Recovery Center
565 Dixwell Ave.
203-785-0656
Two Fridays a month from
5pm-6pm. Call first for the schedule.

New Flame Restoration
145 State St.
203-843-8831
3rd Thurs of month,
5:30pm-7pm

New Haven Church of Christ
166 Church St.
203-777-2992
2nd & 3rd Fri of month,
11am-12:30pm

New Haven Inner City Enrichment (NICE) Program - Hill Substation
110 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm

Salvation Army - New Haven Corps
450 George St.
203-624-9891
M, W, F, 9:30am-11:30am

Second Star of Jacob
185 Chapel St.
203-776-9603
Last Tue & Thurs of month,
9:30am-11am

St. Ann’s
930 Dixwell Ave.
203-562-5700
1st & 3rd Fri of month,
9am-11am

St. Luke’s Church
111 Whalley Ave.
203-865-0141
1st & 3rd Fri, 10am-12pm
Closed in July & Aug.
Reopens after Labor Day.
Priority to women and children from Dwight/Whalley/Dixwell;
Low-income

St. Matthew’s Church
388 Dixwell Ave.
203-777-0472
2nd Sat of month, 8am-9am.
Call to verify, schedule varies.
Closed during Jan, July and Aug.
Reopens on 3rd Sat in Sept

Upon This Rock Ministries - Dwight Substation
150 Edgewood Ave.
203-387-1215
3rd Sat of month, 9am-11am

Varick AME Zion
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm

Vertical Church - Fair Haven Substation
296 Blatchley Ave.
Phone: N/A
3rd Sat of the month,
1pm-3pm

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 10:30am-1:30pm

Women of the Village - Dixwell Substation
26 Charles St.
203-675-9437
203-376-2790
Tue, 12pm-2pm Distributes
nonperishable food items
the 4th Fri of month,
4pm-6pm

Connecticut Food Bank Mobile Pantry
Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

UPDATED SEPT 2019
SOUP KITCHENS

Community Soup Kitchen
84 Broadway
203-624-4594
Lunch: M, T, Th, F, 11:30am-1:30pm
Breakfast: Sat, 8:30am-9:30am

Downtown Evening Soup Kitchen (DESK)
311 Temple St.
203-624-6426
Year-round hours.
Mon-Thurs, 5:30-6:30pm;
Sun, 4:30-5:30pm;
323 Temple St
Sept-May only (closed during the summer months):
Fri, 6-7:30pm
Sat, 5-6pm

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
Sun, 1:30-2:30pm

St. Ann's
930 Dixwell Ave
203-562-5700
M-F, 11:30am-12:30pm

St. Luke's Church
111 Whalley Ave.
203-865-0141
Lunch (Women & Children only) Tue & Thurs,
12pm-1pm
Breakfast (Everyone)- Wed, 8:30am-9:30am
Closed during July & Aug

St. Martin Deporres
136 Dixwell Ave.
203-624-9944
Tue, 8:30am-9:30am
Closed in Aug, Opens Sept 11th

St. Matthew's Church
388 Dixwell Ave.
203-777-0472
3rd, 4th, & 5th Sat of month, 8am-9am; Closed in Jan

St. Paul's Church
150 Dwight St.
203-624-3937
Fri, 8:30am-9:30am

St. Thomas More Chapel
268 Park St.
Wed, 11:30am-12:45pm
Begin the first Wed in Oct and ends the last Wed in April

Sunrise Café
57 Olive St.
203-495-7600
M-F, 7:30am-9:30am

Thomas Chapel Church of Christ
30 White St.
203-865-6254
Wed, 11am-1pm

Varick AME Zion
242 Dixwell Ave.
203-624-6245
Mon, 5:30pm-6:30pm
Closed during major holidays.

Yale Community Kitchen
323 Temple St.
Phone: N/A
Fri, 6pm-7pm (Oct-April) & Sat, 5pm-6pm (Oct-April).
Closed May-Sept

CLIENT-SPECIFIC NEEDS

FOOD PANTRIES

Ed Leduc Memorial Food Pantry – A Place to Nourish Your Health
1302 Chapel Street
203-624-0947
M, W, Th, 10am-12:30pm & 1:30-4:30pm; F, 10-11:30am.
Food pantry for individuals with HIV.
Walk-in basis with referral from AIDS Project New Haven,
another agency case manager, or setup appt. prior to accessing pantry.

Free Forever Prison Ministry
149 Rosette Street
203-772-2555
Call M-F, 9am-5pm for an appointment.
Food pantry provides food for individuals with HIV or recently released from prison.
Call for more information.

Integrated Refugee & Immigrant Service
203-562-2095
Wed, 8:30am-11am
Pantry serves immigrants, refugees, asylees, asylum seekers, and CT residents.

SNAP (Food Stamps)
Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under 'Apply for Benefits'.

Women, Infants & Children (WIC)
Women, Infants & Children's (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 yrs old. To apply to be a WIC participant, please call 1-800-741-2142.

This guide was developed in collaboration with

Please visit www.getconnectednewhaven.com for the most up-to-date list. Powered by 211ct.org
<table>
<thead>
<tr>
<th>Name &amp; Address</th>
<th>Hours</th>
<th>Process to Apply</th>
<th>Area Served</th>
<th>What you will need – other information</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Beacon on the Hill</td>
<td>Monday thru Saturday 9:30 a.m. – 11:30 a.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>There is a $5.00 annual fee. Shop once a month, bring a box or bag.</td>
</tr>
<tr>
<td>Cades Christian Church</td>
<td>Wednesday 1:00 p.m. – 2:30 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>No Restrictions / requirements</td>
</tr>
<tr>
<td>Christian Community Action</td>
<td>Monday – Friday 9:00 a.m. – 4:30 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>No restrictions</td>
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<tr>
<td>Glorified Deliverance Church</td>
<td>2nd &amp; 4th Saturday Noon – 2:00 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>Need Photo Identification</td>
</tr>
<tr>
<td>Harbor Health Services</td>
<td>Monday thru Thursday 9:30 a.m. – 2:00 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>There is a $10.00 annual fee. Shop twice a month - allowed 10 pieces of clothing and dishes, pots and pans (if available) each visit.</td>
</tr>
<tr>
<td>Loaves &amp; Fishes Food Pantry</td>
<td>First (1st) &amp; Third (3rd) Saturday 9:15 a.m. – 10:30 a.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>Need Photo Identification Spanish speaking</td>
</tr>
<tr>
<td>St. Luke’s Episcopal Church</td>
<td>Wednesday’s &amp; Friday’s 10:00 a.m. – 12:00 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>No restrictions / requirements</td>
</tr>
<tr>
<td>Trinity Temple Church</td>
<td>Every Thursday &amp; Third Saturday 9:00 a.m. – 10:30 a.m.</td>
<td>CALL FOR APPOINTMENT</td>
<td>Greater New Haven</td>
<td>No requirements / restrictions</td>
</tr>
<tr>
<td>Varick A.M.E. Zion Church</td>
<td>Monday’s 6:00 p.m. 7:00 p.m.</td>
<td>Clothing provided during soup kitchen hours</td>
<td>Greater New Haven</td>
<td>No requirements / restrictions</td>
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*Last updated 4-2-11. Information may have changed – check with agency on current policies
### New Haven Mobile Pantry List

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<td>Mon</td>
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<td>St. Francis Church- Bright St Parking Lot</td>
<td>397 Ferry St.</td>
<td>9-10 AM/ 1st of the month- open to all</td>
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<td>Tue</td>
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<td></td>
<td>Door of Salvation Church</td>
<td>3 Arch St.</td>
<td>10-11 AM/3rd of the month- open to all</td>
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<td>Wed</td>
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<td></td>
<td>Community Baptist Church</td>
<td>143 Shelton Ave.</td>
<td>10-11 AM/1st of the month- open to all</td>
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<td>Wed</td>
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<td></td>
<td>West Rock Author's Academy School</td>
<td>311 Valley St.</td>
<td>5-6 PM/ 3rd of the month</td>
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<td>Wed</td>
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<td></td>
<td>Storehouse Project- Valley Street</td>
<td>261 Valley St.</td>
<td>12:30-1:45 PM/ 1st &amp; 3rd of the month</td>
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<td>Sat</td>
<td></td>
<td>Storehouse Project- McConaughy Terrace</td>
<td>410 Valley St.</td>
<td>10-11:30 AM/ 2nd of the month</td>
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<td>Sat</td>
<td></td>
<td>Storehouse Project- Bella Vista Housing</td>
<td>339 Eastern St.</td>
<td>10-11:30 AM/4th of the month</td>
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<td></td>
<td>Sat</td>
<td>Storehouse Project- Gateway Community College</td>
<td>TBA</td>
<td>Closed June-August</td>
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<td></td>
<td>Sat</td>
<td>Storehouse Project- Southern Connecticut State University</td>
<td>TBA</td>
<td>Closed June-August</td>
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### New Haven Police Substation Pantry List

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<td></td>
<td>Tue</td>
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<td>Breakthrough Church &amp; Life Kingdom Ministries</td>
<td>596 Winchester Ave.</td>
<td>3:30-6:30 PM/ 4th of the month</td>
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<td>Fri</td>
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<td>Women of the Village</td>
<td>26 Charles St.</td>
<td>Tuesday: 12:30-2 PM Friday: 4-6 PM/ 4th of the month</td>
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<td>Sat</td>
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<td></td>
<td>Reach the Nations</td>
<td>329 Valley St.</td>
<td>10-2 PM/ 4th of the month</td>
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<td></td>
<td>Sat</td>
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<td></td>
<td>New Haven Inner City Enrichment Program</td>
<td>410 Howard Ave.</td>
<td>11-1 PM/ Last Saturday of the month</td>
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<td></td>
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<td></td>
<td>Sat</td>
<td></td>
<td></td>
<td>Upon This Rock Ministries</td>
<td>130 Edgewood Ave.</td>
<td>9-11 AM/ 3rd of the month</td>
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<td></td>
<td>Sat</td>
<td></td>
<td>Vertical Church</td>
<td>296 Blatchley Ave.</td>
<td>1-3 PM/ 3rd of the month</td>
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<td></td>
<td>COMING SOON</td>
<td>90 Hallock St.</td>
<td>COMING SOON</td>
</tr>
</tbody>
</table>

*Last Updated June 7, 2018*
# A Guide to Recycling

Connecticut now has a universal list of what belongs in your recycling bin and what doesn’t. All items should be **empty**, **rinsed**, **clean** and **open**. Do not shred, box, bag or bundle. To learn more, go to RecycleCT.com

## What's IN?

**PAPER**
- Cardboard & boxboard
- Food & beverage cartons
- Junk mail
- Magazines & newspaper inserts
- Newsprint
- Office paper
- Pizza boxes

**GLASS**
- Beverage bottles & jars
- Food bottles & jars

**METAL**
- Aerosol containers (food grade only)
- Aluminum foil
- Cans & bottles
- Foil containers
- Metal lids from cans & bottles

**PLASTIC**
- Plastic bottles (with or without caps attached)
- Plastic containers, tubs & lids
- Plastic one-use cups (no lids, no straws)

## What's OUT?

- Gift wrap & gift bags
- Ice cream containers
- Paper cups (hot & cold)
- Shredded paper
- Take-out food containers
- Tissue paper

- Ceramic mugs & plates
- Drinking glasses

- Aerosol containers (deodorizers, cleaners, pesticides, etc.)
- Foil tops from yogurt containers
- Paint cans
- Pots & pans
- Small pieces of scrap metal
- Spiral wound containers

- Loose bottle caps
- Plastic bags & wrap
- Plastic plates, bowls & utensils
- Prescription bottles
- Single-use coffee containers
- Styrofoam cups, containers & packaging peanuts
- Water filters

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