CAREERS

"CAREERS" is available as a PDF on www.newhavenct.gov

Where the Jobs Are

HAPPY LABOR DAY

CITY OF NEW HAVEN
Social Services

NH Op-C
New Haven Opportunity Center

Publisher of "Careers" since 1996

"WHAT WE BELIEVE
AND HOW WE BEHAVE
DETERMINES
WHAT WE BECOME!"

Individual Assessments
- Plans of Service
- Financial Workshops/
  One on one counseling
- Individual Employment &
  Career Counseling
- Educational Guidance
- Support Services:
  Referral to Other Agencies

By appointment ONLY
- Please call to schedule
Phone (203) 946-8523
Fax (203) 946-7269

*Services on case per case basis for
New Haven residents
HELPFUL NUMBERS

Connecticut Department of Housing: 211*31
DSS Community Options Unit 1 (800) 445-5394 (in home skilled nursing assistance)
Catholic Family Services (203) 787-2207 501 Lombard Street, New Haven, CT 06513
Community Action Agency of New Haven (203) 387-7700 419 Whalley Avenue, New Haven, CT 06511
Community Action Agency of New Haven (Energy Assistance) (203) 285-8018
DORS Connect-ability 1- (866) 844-1903 (employment related services for disabled)
Get Connected New Haven - a 211 resource designed for use by New Haven residents
www.getconnectednewhaven.com

InforLine 211 information regarding a variety of statewide community services
Statewide Legal Services 1- (800) 453-3320 New Haven Legal Assistance (203) 946-4811

New Client Information Line 1-855 - 626 - 6632
50 Humphrey Street, New Haven, CT 06511
Office hours 8:00 A.M. – 4:00 P.M. Monday through Friday
Apply online or by phone

Fair Haven Community Health Center (203) 777-7411, 374 Grand Avenue, New Haven, CT 06513

Cornell Scott Hill Health Center (203) 503-3000

Mental Health Services, 913 State Street, New Haven, CT 06511 (203) 503-3000
Hispanic Clinic (203) 974-5800

CHOICES (Medicare & Insurance) 1 (800) 994-9422

Social Security Administration: (SSI, disability, retirement and Medicare Benefits)
Federal Building (866) 331-5281 150 Court Street 4th Floor
New Haven, CT 06510

SAGA / Husky D Health Insurance
Client Assistance Center if you would like to find out which providers participate in
Medicaid LA in your area call 866 409-8430 or visit the web www.ctdssmap.com.

Dental Call the Connecticut Dental Health Partnership 1(866) 420-2924 for help.
Pharmacy 1(866) 409-8430
Transportation 1(855) 478-7350 Veyo

Substance abuse treatment 1 (800) 606-3677 Some services that are not covered by Medicaid may be covered
by the Department of Mental Health and Addiction Services.

Social Services City of New Haven (203) 946-8523 at the New Haven Opportunity Center, 316 Dixwell Avenue. Services
for New Haven residents – confidential individuals assessments, plans of service, access to transportation resources, career
counseling, community referrals

New Haven Financial Empowerment Center (203) 946 – 8523 at the New Haven Opportunity Center, 316 Dixwell Avenue.
Free services for New Haven residents – confidential financial counseling by certified financial counselors. One-on-one or via
group workshops

The City of New Haven does not discriminate on the basis of disability in admission to, access to, or operations of programs,
services, or activities. Individuals who need an accommodation, publications in alternate formats or who need auxiliary aids
for effective communication in programs and services of the City of New Haven can make such requests by calling
(203) 946-7833 or TTY/TT (203) 946-8582.
Check out the great new city website – redesigned for easier access and use.
DISCOVER. CONNECT. SUCCEED.

GetConnectedNewHaven.Com

Get Connected New Haven is a comprehensive database of services for New Haven residents.

BASIC NEEDS  EMPLOYMENT  FOOD  HEALTH CARE  HOUSING  MORE
New Haven City Transformation Plan

What is the City Transformation Plan?
In Fall 2014, 67 organizations came together with city agencies and other community partners to apply for designation as a federal Promise Zone. From this work, Mayor Toni Harp asked the city to design a five-year New Haven City Transformation Plan (CTP). In Spring 2015, we learned that our bid for the Promise Zone designation was not successful, although we were one of the top 10 finalists in the nation.

We proceeded with the CTP and many additional organizations signed on to a broader effort, committing to:
- Create new partnerships for innovative solutions to social issues
- Use data to be accountable to New Haven communities
- Emphasize equity in all our work

What is the New Haven Promise Zone?
The City is applying again to consider part of New Haven as a federal Promise Zone. New Haven, like many cities, has been marked by inequality and segregation. Certain neighborhoods have been stuck in poverty, with few opportunities and resources for residents. Too few of the benefits of economic development have actually reached the city’s poorer neighborhoods.

Having these neighborhoods become a Promise Zone helps us address these issues all together. While the City Transformation Plan aims to make improvements for the whole city, it will specifically target areas with lower incomes, where conditions make it very difficult for individuals, families, and neighborhoods to thrive. It also identifies “opportunity groups” that have previously been underserved or left behind. Examples include focused work to improve educational achievement for youth of color, health needs for young mothers, or job training in neighborhoods with high unemployment.

Get Involved!
It’s important that city residents get involved in making sure this plan works for you!
- Check out the plan web site at http://www.transformnewhaven.org/ to monitor the work and connect to specific opportunities
- Sign up for emails at http://bit.ly/ctp-list
- Contact your Alder to get involved
- Attend your monthly Community Management Team meetings
- Follow the City Transformation Plan on Facebook at http://bit.ly/transformnhv
## New Haven City Transformation Plan in Your Neighborhood

The City of New Haven is seeking help from the federal government for several neighborhoods to become a Promise Zone, as part of the City Transformation Plan. Here's how this will impact your neighborhood, and how you can get involved.

<table>
<thead>
<tr>
<th>Sector</th>
<th>Our vision for the Promise Zone</th>
<th>Impact in your neighborhood by 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Job creation &amp; workforce development</td>
<td>All Promise Zone residents have the job training, basic skills, and access to services that they need to succeed in living wage employment and achieve financial stability.</td>
<td>• Establish a pipeline to train, track, and place residents into good jobs&lt;br&gt;• Broker agreements with new and existing businesses to employ local residents and provide customized training for new jobs&lt;br&gt;• Increase access to adult literacy &amp; basic skills programs</td>
</tr>
<tr>
<td>Economic activity</td>
<td>All residents benefit from sustained economic growth and a thriving local economy, and all neighborhoods have vibrant centers of commerce, jobs, and community cohesion.</td>
<td>• Support local small businesses and creation of new businesses&lt;br&gt;• Revitalize neighborhood commercial corridors&lt;br&gt;• Connect new large businesses with the jobs pipeline&lt;br&gt;• Increase large-scale economic activity, but ensure benefits to Promise Zone neighborhoods</td>
</tr>
<tr>
<td>Education &amp; youth development</td>
<td>All New Haven children, birth through age 8, will be healthy, safe, thriving in nurturing families, and prepared to be successful, lifelong learners. All youth will be at grade level in reading and math, complete an education that prepares them for success in college and career, and grow up supported by caring adults.</td>
<td>• Increase access to quality early education, including new Head Start slots&lt;br&gt;• Support parents and families with the specific services they need&lt;br&gt;• Improve literacy and social-emotional learning in NHP5 and afterschool programs&lt;br&gt;• Build Student Success Plans for all students</td>
</tr>
<tr>
<td>Crime &amp; neighborhood safety</td>
<td>All neighborhoods will be safe, cohesive, free of violent crime, and capable of supporting their residents' success.</td>
<td>• Help residents successfully return from prison to their community&lt;br&gt;• Enroll residents in local leadership development programs&lt;br&gt;• Expand YouthStat to support more at-risk youth&lt;br&gt;• Increase trust between communities and police through community policing</td>
</tr>
<tr>
<td>Health</td>
<td>All residents will breathe freely, have enough to eat, and be able to access quality wraparound care and support to be physically, mentally, and emotionally well.</td>
<td>• Develop asthma action plans for students and remove asthma triggers from homes&lt;br&gt;• Improve screening for mental health needs at all community providers and increase training in mental health first aid and in dealing with trauma&lt;br&gt;• Increase access to healthy food through schools, community markets, and gardens to ensure no families are without food&lt;br&gt;• Develop a database of local care providers so that residents more easily get the referrals they need</td>
</tr>
<tr>
<td>Housing &amp; neighborhood infrastructure</td>
<td>All residents have access to quality housing, infrastructure, and neighborhood spaces that promote community cohesiveness and are affordable.</td>
<td>• Redevelop and renovate Housing Authority units paired with a construction workforce pipeline&lt;br&gt;• Develop new affordable housing for families and elderly residents&lt;br&gt;• Expand access to housing for homeless and at-risk residents&lt;br&gt;• Improve physical conditions of neighborhoods, including sidewalks, safe streets, transportation, and options for residents to bike, walk, and exercise</td>
</tr>
<tr>
<td><strong>KeyBank Hassle-Free Account</strong></td>
<td><strong>Wells Fargo Easy Pay Card</strong></td>
<td></td>
</tr>
<tr>
<td>--------------------------------</td>
<td>-----------------------------</td>
<td></td>
</tr>
<tr>
<td>No checks</td>
<td>No checks</td>
<td></td>
</tr>
<tr>
<td>Can open account online</td>
<td>Can open account online</td>
<td></td>
</tr>
<tr>
<td>$10 opening deposit</td>
<td>$25 opening deposit</td>
<td></td>
</tr>
<tr>
<td>No monthly service fee</td>
<td>No monthly service fee</td>
<td></td>
</tr>
<tr>
<td>No overdraft fees</td>
<td>No overdraft fees</td>
<td></td>
</tr>
<tr>
<td><strong>Chase</strong></td>
<td><strong>Bank of America</strong></td>
<td></td>
</tr>
<tr>
<td>No checks</td>
<td>No checks</td>
<td></td>
</tr>
<tr>
<td>Can open account online</td>
<td>Can open account online</td>
<td></td>
</tr>
<tr>
<td>$25 opening deposit</td>
<td>$5 monthly service fee</td>
<td></td>
</tr>
<tr>
<td>$4.95 monthly service fee</td>
<td>No overdraft fees</td>
<td></td>
</tr>
<tr>
<td>No overdraft fees</td>
<td>No overdraft fees</td>
<td></td>
</tr>
</tbody>
</table>

**Available through the branches of the banks below or online.**

**Safe and Affordable Accounts for You!!**
How to Update Your W-4 Payroll Withholding with Your Employer to Change Your Refund

The following is presented for informational purposes and is not intended as tax or legal advice. Money Management International

The new tax bill that took effect for the 2018 tax year made significant changes to the tax code. As a result, some Americans are getting a smaller tax refund than in previous years, and others are owing money when they expected to get money back. A smaller refund doesn’t necessarily mean you paid more in taxes for the year. You could actually pay less income tax and wind up with a smaller refund depending on how much money is withheld from your paychecks throughout the year. However, it can still be disappointing if you were planning on a large refund. If you’d like to change your refund for next year, you may want to update your Form W-4s with your employers.

What is the Form W-4?

Form W-4 is the tax form that you submit when you start a new job as an employee. You can update it at any time by giving your employer a new Form W-4. Employers use your Form W-4 and income to help determine how much money to withhold from your paychecks and send to the IRS. If you want a larger refund, you may want to claim fewer allowances or ask your employer to withhold more money from each paycheck. If you want a smaller refund, you may want to claim more allowances and make sure you aren’t having additional money withheld.

The IRS has a withholding calculator you can use to check your withholdings. It doesn’t work for every situation, but it’s a great resource if you’re looking for help while updating or filling out a new Form W-4.

Reviewing and updating your Form W-4s

The part of the Form W-4 that you fill out only takes up a third of a page, and most of that is just your name, address, and Social Security number. However, filling out the Form W-4 can still be confusing, especially if you have more than one job or both you and your spouse work.

There are seven boxes that you’ll want to review when filling out a Form W-4. A few of these (boxes one, two, and four) are for your identifying and contact information and should be easy to understand and fill out. Box three asks if you’re single, married, or married and file your tax return with the married filing single status. Your filing status can impact your tax situation, so marking the correct box is important. After boxes one through four, skip ahead to box seven, which asks if you’re exempt from withholdings.

Some employees don’t need to have any money taken out of their paychecks because they know they won’t owe any federal income tax by the end of the year. These employees can check “exempt” in box seven and skip boxes five and six.

To qualify as exempt you need to meet two criteria:

1. You didn’t have any federal income tax liability last year, and all the federal income tax you paid was refunded when you filed your tax return.

2. You don’t expect to owe any federal income tax this year. For example, if you’re single and no one else can claim you as a dependent, you won’t owe any federal income tax if you make less than $12,000 – the standard deduction for a single taxpayer.

If you’re not exempt, go back to boxes five and six.

Box five may be the most important, and most confusing, on the Form W-4 – it’s where you’ll put your number of allowances.

Allowances correspond with situations when you’re eligible for tax credits or deductions. Each allowance you claim will lead your employer to take less money out of your paycheck.

A single taxpayer who doesn’t qualify for any tax credits will only claim one allowance. Claiming more allowances could lead to a smaller refund (or owing more money) when you file your tax return.

There are two worksheets on page three of the Form W-4 that you can use through to determine how many allowances to claim.

If you have more than one job or both you and your spouse work, then you’ll need to fill out a Form W-4 for each employer. You should use the two-earners/multiple jobs worksheet on page four to figure out your total number of allowances.

Claim all your allowances on the Form W-4 for your highest-paying job, or the highest-paying job between you and your spouse. Claim zero allowances on all the other Form W-4s.

Box six allows you to have a specific amount of money withheld from each paycheck. You may want to do this if you have other forms of income, such as contract work, dividends, or long-term capital gains that you receive without any money being withheld. If you don’t withhold enough and owe $1,000 or more when you file your tax return, you may have to also pay a penalty and interest. So, it could be a good idea to have money withheld from your paychecks. Alternatively, you could make estimated tax payments throughout the year.

IRS Withholding Calculator


The IRS encourages everyone to use the Withholding Calculator to perform a quick “paycheck checkup.” This is even more important following the recent changes to the tax law for 2018 and beyond. The Calculator helps you identify your tax withholding to make sure you have the right amount of tax withheld from your paycheck at work.

There are several reasons to check your withholding:

Checking your withholding can help protect against having too little tax withheld and facing an unexpected tax bill or penalty at tax time next year. At the same time, with the average refund topping $2,800, you may prefer to have less tax withheld up front and receive more in your paychecks. If you are an employee, the Withholding Calculator helps you determine whether you need to give your employer a new Form W-4, Employee’s Withholding Allowance Certificate. You can use your results from the Calculator to help fill out the form and adjust your income tax withholding. If you receive pension income, you can use the results from the calculator to complete a Form W-4P and give it to your payer.

Plan Ahead: Tips For Using This Program:

The Calculator will ask you to estimate values of your 2019 income, the number of children you will claim for the Child Tax Credit and Earned Income Tax Credit, and other items that will affect your 2019 taxes. This process will take a few minutes. Gather your most recent pay stubs. Have your most recent income tax return handy; a copy of your completed Form 1040 will help you estimate your 2019 income and other characteristics and speed the process.

Keep in mind that the Calculator’s results will only be as accurate as the information you provide. If your circumstances change during the year, come back to this Calculator to make sure that your withholding is still correct. The Withholding Calculator does not ask you to provide sensitive personally-identifiable information like your name, Social Security number, address or bank account numbers. The IRS does not save or record the information you enter on the Calculator.

IMPORTANT NOTE: This Withholding Calculator works for most taxpayers. People with more complex tax situations should use the instructions in Publication 505, Tax Withholding and Estimated Tax. This includes taxpayers who owe self-employment tax, alternative minimum tax, the tax on unearned income of dependents or certain other taxes, people with long-term capital gains or qualified dividends, and taxpayers who have taxable social security benefits. (The calculator won’t determine the taxable portion of your social security benefits, but if you estimate the taxable amount (e.g., using the worksheet in the Form 1040 instructions), you can enter that into the calculator as other nonwage income so that the calculator can take it into account.)

To use the calculator, go to the web address above.
Bienestar Basado en La Garza
Unaste a nuestro Programa de

¿Estás en riesgo o sufriendo de presión alta, colesterol alta, enfermedad del corazón, diabetes o altas presiones de presión arterial?

Y comienza tu camino hacia un estilo de vida más saludable!

Ninos son bienvenidos!

Pare más información, envíe un texto con la palabra "salud" al 970-00. Para aprender más llame al 203-997-6152

Children are welcome too!

Wellness to 970-00.
For more information, text the word Wellness to 203-997-6152
To learn more call 203-997-6152

And start your journey towards a healthier lifestyle!

Join our Farm-Based Wellness Program

Are you at risk for or struggling with high blood pressure, high cholesterol, diabetes, or heart disease?
ENERGY ASSISTANCE PROGRAM
STARTS
AUGUST 1, 2019

Call for an Appointment:
(203)
285-8018

Have a Question Call: (203)387-7700

www.caanh.net

Address: 419 Whalley Ave.
New Haven CT.
List of Documents needed to apply for Energy Assistance

- **Photo ID, Social Security number** and Date of Birth for EVERYONE in the household
- **Current Electric and Gas Bill**
  - If your heat is included in your rent we need your current lease/contract for verification; lease must contain landlord’s name, address and phone number.
- **Current year Section 8 letter.** Housing Authority recertification letter. Utility check stub. The letter must have the landlord’s name, address and telephone number.
- **Current and complete (all pages) statements of ALL liquid assets for every household member, such as Savings Checking accounts, Bonds, Stocks/shares, Certificates of Deposit, Annuities, IRA. Over the age 18 years.**

**Current Income Documentation for EVERYONE 18 or Older in Household**

If you receive income weekly:

- **Employment** - need 4 most recent consecutive pay stubs, Letter from employer (on company letterhead) showing paydate and gross income.  
  *If you receive income bi-weekly:* need 2 most recent consecutive pay stubs

- **Unemployment** – Dept. of Labor payment history printout for last 4 weeks (within 24hrs prior to appointment)  [www.ctdol.state.ct.us](http://www.ctdol.state.ct.us)
- **Child Support** – Child Support Enforcement Printout for last 4 weeks, Divorce Decree, or Family Relations Court Letter/printout
- **Alimony** – Divorce Decree, Family Relations Court Letter/printout or bank statement
- **Social Security, SSI, VA benefits** – Current MONTHLY Social Security, SSI and/or Veteran’s benefit income, bank statement, or check statement
- **Pension or Annuity** – Check stubs, or a letter from the payer on their letterhead stating gross amount, current pension statement or IRS form 1099
- **Rental** – Current documentation verifying the amount of rent you collect from tenants. Rent receipts for rental income or Rental Income form.

- **DSS Cash Assistance Award Letter**—Showing current income

If you or a household member are Self-Employed:

- A Notarized Self-Employment Worksheet and most recently filed IRS 1040 form plus all schedules. ([Worksheet available @ CAANH](http://Worksheet available @ CAANH)).
Free Summer Meals

Kids and Teens, 18 & under
No requirements

Comidas gratis en el verano
Niños y jóvenes menores de 18 años
Sin requisitos

For sites near you visit:
Para encontrar un lugar cerca de usted visita:
www.nhps.net/summermeals
www.CTSummerMeals.org

Newhall/Hillside
Edgerton Park, 750 C St
B 9:00-9:10am L 9:10-9:15am
B 6/4-6/7

Edgerton Park, 750 C St
B 9:00-9:10am L 9:10-9:15am
B 6/4-6/7

Lincoln Beach School, 130 Beach St
B 8:15-8:45am L 8:45-9:00am
B 6/4-6/7

Willard Crest High School, 181 Mitchel Blvd
B 8:15-8:45am L 8:45-9:00am
B 6/4-6/7

Lincoln Beach School Splash Pad, 130 Beach St
L 3:45-4:15pm
B 6/4-6/16

Christman Tabernacle Baptist Church
423 Newhall St
B 7:30-7:45am L 7:45-8:00am
B 6/4-6/16

Jocelyns Square Park
170-180 Huenyey St
L 1:15-1:45pm
B 6/4-6/16

East Rock School
133 Nash St
B 8:15-8:45am L 8:45-9:00am
B 7-7/31

King Robinson School
150 Farnier St
B 8:45-9:10am L 9:10-9:15am
B 7-7/31

CT Center for Arts & Technology ConCAT
4 Science Park Winchester Ave
B 8:45-9:10am L 9:10-9:15am
B 7-7/31

Kauff Community Center, 1 Pine St
B 8:45-9:10am L 9:10-9:15am
B 7-7/31

Hill
Hill (Regional High School)
140 Legion Ave
B 8:45-9:10am L 9:10-9:15am
B 6/4-6/7

Roberta Clemente High School,
360 Columbus Ave
B 8:45-9:10am L 9:10-9:15am
B 6/4-6/7

Catholic Outreach, 203 Rosseta St
B 5:15-5:45pm
B 6/4-6/16

Cottrell Scott Health Center
429 Columbus Ave
L 5:30-6:00pm
B 6/4-6/16

Galvin Playground Sprinkler
415 Greene Ave
L 3:30-4:00pm
B 6/4-6/16

Haltom Street Playground, 59 Arch St
L 1:00-3:30pm
B 6/4-6/16

Hope for New Haven, 81 Olive St
B 8:30-9:00am L 9:00-9:15am
B 6/4-6/7

Sound School, 60 South Water St
B 8:45-9:00am L 9:00-9:15am
B 6/4-6/7

Trumbull & Sprague Park
156 Carisse St
L 1:15-1:45pm
B 6/4-6/16

Hillcrest School, 140 DeWitt St
B 8:45-9:00am L 9:00-9:15am
B 7-7/31

Trumbull School, 140 Trumbull St
B 8:45-9:00am L 9:00-9:15am
B 7-7/31

Boys and Girls Club of New Haven
250 Columbus Ave
B 8:45-9:00am L 9:00-9:15am
B 7-7/31
Amazon is coming to North Haven

Join the team at our brand new location in North Haven. Don't miss out on being a part of this exciting opportunity, and start earning up to $17.40/hr as a full-time warehouse team member. Visit one of our upcoming hiring events in partnership with Workforce Alliance and American Job Centers and discover your next opportunity at Amazon.

Upcoming Hiring Events

**Tuesday, August 13th**
9:00 a.m. – 5:00 p.m.
Coginchaug Regional High School | 135 Pickett Lane,
Durham, CT 06422

**Friday, August 30th**
9:00 a.m. – 5:00 p.m.
New Haven City Hall | 165 Church St., New Haven, CT 06510

Benefits for you

- Medical benefits
- Flexible schedules
- Paid time-off
- Tuition assistance

Visit [http://amazon.com/connecticutjobs](http://amazon.com/connecticutjobs) or text CTNOW to 77088 to be the first to know about new opportunities.
Van Driver
Where: New Haven and Middletown, CT
Description: Full-time driver. $13-$13.50/hour plus benefits.

Charter Sales Representative
Where: New Haven, CT
Description: Full-time - Responsible for securing customer and sales information from initial point of contact to trip completion with aim towards repeat business. Requirements: high school diploma or equivalent, strong computer skills, previous experience in support role.

Multiple Positions in Warehouse/Logistics
Where: North Haven, CT
Description:
Team Member - Full-time. $13-$15/hour: Prepare and complete orders for delivery. HS diploma or GED, ability to operate motorized pallet and work flexible schedule.
Dispatcher - Full-time. $13-$15/hour: provide support for home delivery: Assist in the management of the day to day operations of contracted drivers. Two-year degree or equivalent work experience. Prior experience in Customer Service.
Office Manager - Full-time - responsible for achieving the overall performance goals for productivity, cost, quality, of a dedicated-onsite white glove home delivery service. Bachelor’s degree in business or logistics, transportation management is preferred, not required. 3-5 years’ management experience in a 3PL or home delivery environment.

Quality Assurance/Quality Control
Where: West Haven, CT
Description: Full-time position - inspect quality of finished product and assure it matches specifications as outlined.

Industrial sewer
Where: West Haven, CT
Description: Full-time - sewing product after initial assembly. Must be able to operate and maintain professional grade sewing machine.

Assembler
Where: West Haven, CT
Description: Full-time - Assemble parts per CAD design and prepare for sewing department.

School Bus Driver
Where: Middletown and Andover, CT
Description: Part-time. $16-$18/hour- driving school routes. Will train.
Engineer
Where: New Haven, CT
Description: Entry level Civil Engineer Full-time Admin Assistant.

Commercial Roofing Laborers
Where: Rocky Hill, CT
Description: Full-time. $16-18/hour - Commercial Roofing knowledge is preferred, but not required. Must pass a pre-employment drug test. No background check required. Able to lift 50 lbs. & climb up & down ladders to minimum heights of 25 feet.

Senior Admin Assistant
Where: New Haven, CT
Description: Full-time in finance and admin. Six years of related work experience, four of them in the same job family at the next lower level, and high school level education; or four years of related work experience and an Associate's degree; or little or no work experience and a Bachelor's degree in a related field; or an equivalent combination of experience and education.

Aerospace Positions: CNC Machinist & QC
Where: Meriden, CT
Description: CNC Machinist- Full-time 2nd and 3rd shifts. Full-time QC Inspector with following qualifications: Associate's degree (A.A.) or equivalent from two-year college or technical school; or six months to one year related experience and/or training; or equivalent combination of education and experience. Experience using hard gages including mics, calipers, pin gages, etc. CMM experience a plus.

Security Guards
Where: North Haven, CT
Description: Part - time - Must be 18 with valid guard certification.

Loss Prevention Officer
Where: Orange, CT
Description: Full-time - Monitors customer and associate activities in the store for potential theft of assets. Takes appropriate action to prevent theft; apprehends individuals engage in theft activity when prevention is not effective.

Staffing Agency - QuickBooks & Executive Assistant
Where: New Haven, CT
Description: Apply online to Kaiser Whitney Staffing and notify AJC for referral.

Program Director
Where: Bridgeport, CT
Description: Full-time- Responsible for overseeing a Department of Corrections (DOC) contracted facility includes, but not limited to operations, staff supervision and coordination; audit preparation and review. Bachelor's degree required with experience within behavioral health environment, specific to residential programs. Prior supervisory experience required.

Part-time Librarian I
Where: Guilford, CT
Description: Part-time position overseeing Library Assistants, Custodians and volunteers. Delivers reference services to public, circulation desk coverage, possible weekend and evening shifts.
PCT
Where: Wallingford, CT
Description:
Full-time (32-40 hours/week); part-time and per diem patient care technician positions available to work in medical and rehab-based inpatient units. Required: CNA or certified Medical Assistant; CPR certification. Preferred: patient care experience in acute care setting.

CNA
Where: Chester, CT
Description: Multiple CNA positions - both full and part time in 60 bed facility.

Communications Manager
Where: New Haven, CT
Description:
Full-time - salary based on experience; primary role is as Ambassador of United Way. Point person for all marketing strategies/concerns, position involves fund-raising and eve planning.
Tax season is coming – remember, if you are of lower-income you can use a VITA free tax preparation site. Call 2-1-1 for locations.

Are you prepared to get your tax refund quickly directly deposited into your savings or into your checking account? Act now! Check out the really low fee accounts:

BankOn New Haven

BankOn New Haven connects residents with safe and affordable accounts that have very low fees and no overdraft fees.

For more information contact Samantha Savvadou at:
(203) 906 – 8804
ssavvadou@cahs.org

You Can Make the Change - contact us!
(203) 946-8523 or NHFEC@newhavenctct.gov

LEARN WAYS TO TRIM COSTS
With the help of certified financial counselors, you'll find out about free services like the VITA Free Tax Preparation Clinics for moderate-income families & save on paid income tax preparer fees.

After meeting with NHFEC counselor Stacy Downer, Julia developed a manageable budget then worked with her landlord to avoid eviction - developing a plan to get back on track in meeting her monthly rent and utility obligations.

Counselor Cynthia Brown-McLarin
Receiving State Benefits? What you should know about:
Reporting Changes

Changes which affect your program eligibility must be reported to the Department of Social Services within 10 days. You can report these changes to your worker by telephone, fax or you can mail verification to your worker explaining these changes.

Be sure to include your name, client ID number and the name of your worker on all correspondence. Your worker may ask you to send in verifications of these changes. When in doubt about reporting a change, contact your worker.

Examples of changes you should report are:

Changes in income

You start employment
You change employers
You end employment
You start to receive unemployment compensation
Your unemployment compensation ends
You start to receive social security
You start to receive child support payments
Any other changes in income over $100.00 per month

Changes in living arrangements

Someone moves into your household
Someone moves out of your household
You move
You get married
You get divorced
You become pregnant
You give birth
You enter a drug treatment program, rehabilitation facility or hospital for over 30 days

Other changes

You receive an inheritance
You receive a lawsuit settlement
You open or close a bank account
You buy or register a motor vehicle
You enroll in school, change schools, quit or graduate

The new customer phone line:

1 – 855 – 626 - 6632
DO YOU KNOW IF YOU COUNT?

The unemployment rate for the City of New Haven is reported at only 3.7%.
The State of Connecticut Department of Labor using the following definitions determines that figure:

LABOR FORCE CONCEPTS (As reprinted from DOL Office of Research)
The civilian labor force comprises all state residents age 16 years and older classified as employed or unemployed in accordance with criteria described below. Excluded are members of the military and persons in institutions (correctional and mental health, for example).
The employed are all persons who did any work as paid employees or in their own business during the survey week, or who have worked 15 hours or more as unpaid workers in an enterprise operated by a family member. Persons temporarily absent from a job because of illness, bad weather, strike or for personal reasons are also counted as employed whether they were paid by their employer or were seeking other jobs.
The unemployed are all persons who did not work, but were available for work during the survey week (except for temporary illness) and made specific efforts to find a job in the prior four weeks. Persons waiting to be recalled to a job from which they had been laid off need not be looking for work to be classified as unemployed.
The unemployment rate represents the number unemployed as a percent of the civilian labor force.

With the exception of those persons temporarily absent from a job or waiting to be recalled to one, persons with no job and who are not actively looking for one are counted as "not in the labor force".
Over the course of a year, the size of the labor force and levels of employment undergo fluctuations due to such seasonal events as changes in weather, reduced or expanded production, harvests, major holidays and closing of schools. Because these seasonal events follow a regular pattern each year, their influence on statistical trends can be eliminated by adjusting the monthly statistics. Seasonal Adjustment makes it easier to observe cyclical and other non-seasonal developments.

The state Job Service is where you would traditionally receive help in seeking out employers who are hiring and receive other services to help prepare for the job market.

MAKE SURE YOU COUNT!
Go and get registered with the State of Connecticut Department of Labor 37 Marne Street as a Job Seeker.
Keep in monthly contact - stay included in the unemployment rate.
*(DOL February '19 - only 3,198 people in New Haven without a job)*

As of May 1, 2019
Minimum Wage is $10.10 in Connecticut

City Social Services

Justice of the Peace

Free services to active recipients of DSS benefits – by appointment
Notarize documents Marriages
Call (203) 946 – 8523
For an appointment
**Position:** COMMUNITY LIAISON TRAINER - FINANCIAL EMPOWERMENT (M-5213) (NOT TESTED)

**Department:** COMMUNITY SERVICES ADMINISTRATION

**Salary:** (RANGE 12) MINIMUM: $44,957 ANNUALIZED

**Hours:** 35 HOURS PER WEEK

**Funding:** SPECIAL FUNDS

CONTINUED EMPLOYMENT CONTINGENT UPON AVAILABILITY OF FUTURE FUNDING

**Nature of Work**

The New Haven Financial Empowerment Center (NHFEC) aims to improve the financial stability of New Haven households by providing confidential, high-quality, certified one-on-one financial education and counseling to low-income and poverty eligible residents. The professional certified lead position delivers consumer counseling while taking a nurturing supportive role in the development of emergency NHFEC Counselors. Work involves delivering and planning activities which will aid in the future development of NHFEC services. NHFEC services are utilized and delivered in person and out posted to community partner organizations. Additionally, the position requires a wide range of responsibilities.

MISCELLANEOUS:

Graduation from an accredited college or university with major course work in finance related field. 1 to 3 years experience in debt management consumer credit counseling, individual financial case planning, or any equivalent combination of training and experience which provides the necessary knowledge, abilities and skills as stated in the job description. Graduating from and not limited to: Knowledge of debt management consumer credit counseling. Knowledge of national government structure and function. Knowledge of federal and state funding structure as it relates to municipal government. Knowledge of local community agencies and knowledge experience in delivering training and in development of promotional campaign. Knowledge of counseling and adult learning approaches, methods. Knowledge of grant management and reporting.

SPECIAL REQUIREMENTS

Certification as a financial counselor or certified credit counselor preferred upon application to the position. But required within one year of hire. Training to prepare to obtain the certification will be provided.

**TO APPLY**

1) Go to [http://onemart.com](http://onemart.com)
2) Click on Employment Opportunities and follow all instructions provided. You will need a valid working email address to apply.

APPLICATIONS FOR THIS POSITION ONLY ACCEPTED ON-LINE at [http://onemart.com](http://onemart.com)

AN EQUAL OPPORTUNITY EMPLOYER M/F/D

Immigration Reform and Control Act of 1986 requires the hiring of only American Citizens and aliens who are authorized to work in the United States. Please post this announcement in a conspicuous area on the Department Bulletin Board.
POSITION: DATA CONTROL CLERK, PART TIME (M-1088)  
(NOT TESTED)

DEPARTMENT: CITY WIDE
SALARY: Minimum $14.14/ hour
HOURS: 19 HOURS PER WEEK
FUNDING: GENERAL FUNDS

NATURE OF WORK:
This is a PART TIME responsible position which encompasses data terminal entry activities and varied clerical duties, the ability to exercise independent judgment and appraisals in the implementation and maintenance of related state and/or federal mandated formulas, research and respond to inquiries related to departmental activities. The work performed requires a high degree of accuracy and the ability to perform audits of all data entered, satisfaction of time schedules and deadlines for related entry, the ability to perform terminal entry in a fluent and uninterrupted manner, applications, receive and respond to inquiries relevant to such formulas and related interrogatives. Work is performed under the direction of the respective supervisor and is subject to review and audit. Current vacancy in Elderly Services.

MINIMUM REQUIREMENTS:
Graduation from an accredited high school supplemented by 3 to 5 years’ experience in computer terminal entry; or any equivalent combination of training and experience which provides the following knowledge, skills and abilities, including but not limited to: Knowledge of, and experience with data entry procedures. Skill in the operation of computer terminals; Ability to configure worksheets and understand functions of Microsoft Excel software package; Proficient in the use of Microsoft Word software package; Knowledge of arithmetical computations and tabulations and the ability to perform computations with accuracy and speed; Knowledge of clerical tasks and ability to readily adhere to prescribed routines; Ability to understand and follow oral and written instructions; Ability to operate various office related equipment and to quickly learn other computer software programs related to activities of the department.

Part Time Position: A person in this Part Time Position is not eligible to receive medical benefits, vacation pay, holiday pay, union membership or union contractual benefits. The period of part time employment will not be construed in any way to mean probationary employment.

Employment is contingent upon the successful completion of: (1) a background check, and (2) a physical examination, including drug screening.

TO APPLY
1) Go to https://newhavenct.muniselfservice.com/
2) Click on Employment Opportunities and follow all instructions provided. You will need a valid, working email address to apply.

APPLICATIONS FOR THIS POSITION ONLY ACCEPTED ON-LINE at https://newhavenct.muniselfservice.com/
Internet access is available to applicants without computers or internet service at the following location Dept. of Human Resources 200 Orange St. Room #102 New Haven, CT 06510 Mon- Fri 9:00 am - 4:30 pm and at all branches of the New Haven Free Public Libraries.

Please note that our method of communication with applicants is by email. In the application process, please provide us with a valid email address, and ensure that you monitor your email for correspondence from our department.

AN EQUAL OPPORTUNITY EMPLOYER M/F/D
Immigration Reform and Control Act of 1986 require the hiring of only American Citizens and aliens who are authorized to work in the United States. Please post this announcement in a conspicuous area on the Department Bulletin Board.
Hosts, Line Cooks & Dish Washers New Haven/Fairfield (Geronimo Tequila Bar & Southwest Grill)

Geronimo is a taste of Santa Fe in the heart of two great cities, Fairfield & New Haven. We are the home of the largest tequila selection on the east coast with award winning food. If you are an enthusiastic, hospitality driven and dedicated team player this is your chance to join our team! Experienced applicants who thrive in a fast-paced environment, have flexible schedules including weekend availability (Sunday a must) and a passion for people should apply in person Monday - Friday between 2pm-5pm 2070 Post Road Fairfield, CT or 271 Crown Street, New Haven.

The Study at Yale Hotel/Heirloom Restaurant open positions (New Haven)

Thank you for your interest in The Study at Yale Hotel employment opportunities. Our associates are empowered to do the right thing, to go to whatever lengths to recognize our guests’ needs and achieve them while delivering a highly personalized, memorable experience. Each exemplifies our core values with compassion, respect and integrity that embrace our guests and colleagues alike. Each is knowledgeable of our destination through our emphasis on discovering for themselves the University’s culture, architecture and environment. Each is committed to the collective success of The Study at Yale. We offer opportunities for career growth and training programs to all those seeking advancement and a balanced life.

All employment offers are pending background check and drug testing!

Current job openings:

- Full Time Reservations Agent
- Full Time Restaurant Host/Hostess
- Full Time Restaurant Server
- Full Time Line Cook
- Full Time Steward / Prep Cook
- Full Time Room Attendant

Please visit us at www.studyhotels.com for detailed job descriptions and to complete an employment application. Forward your application along with your cover letter and resume or contact our Human Resources department for more information.

Now Hiring Salad Station Cook (Milford, CT)

Looking for Pantry cook that has culinary passion and want to grow within a very exciting opportunity! Our restaurant is currently in an exciting transition that has since proven to show success and continues to grow. With a vision of success we have a great core team and are looking for the next level of cooks/ chefs that will make us the best around town. Our menu is seasonally inspired that continues to show creativity and high quality offerings at a reasonable price.

If you are looking to invest your time, energy and passion to our team we would love to speak to you!

Cashier (New Haven)

Part-time Cashier
Mon-Sat: 9:00am-3:00pm
Looking for a cashier that is a multi-tasker. Can answer phones, direct customers, listen to customers, do the job with warmth and excitement. Must help organize, clean and stock the entire front end of the eatery.

Dishwasher Needed (Branford)

Looking for a reliable dishwasher for a nights and weekends. 30+ hours available to the right candidate.

Must have reliable transportation. Must have a good handle on the English language. Experience is a plus. Please respond with name, phone number and work history or a resume.

Milford Sport Pub Now Hiring All Positions (Milford)

Milford Sports Pub will be holding a Job Fair this week for all Positions

- Line Cooks, Dishwashers, Pizza Makers, Prep cooks
- Bartenders, Servers, Hosts, Bar Backs, Bussers

When: August 27th - 31st
Tuesday - Friday 11am - 7pm
Saturday 12pm - 4pm

Where: 290 Old Gate Lane
Milford, Ct 06460

Please apply in person only

CLEANING SERVICES JOB (New Haven/ Hartford) ****APRIL GREENE LLC

WE'RE HIRING. CLEANERS WANTED NO EXPERIENCE NEEDED, WILL BE TRAINED BY COMPANY.

CONTACT US TODAY!! Email: Aprlgreenellc@gmail.com
Restaurant - Kitchen Staff
ALL Positions Pig Rig BBQ & Catering - Wallingford, CT 06492

Fast-paced, highly regarded BBQ restaurant and multiple food truck operation located in Wallingford CT. Looking to fill multiple positions immediately. Kitchen Staff, line cooks, prep cooks and dishwashers, catering help, front of house and management positions ALL available. Exciting environment. Above average compensation. Pay based on experience, capabilities and willingness to learn. - Will train the right candidates. Veteran owned. Vets strongly encouraged to apply. All applicants must have reliable transportation. Great opportunity for the right people!

Job Types: Full-time, Part-time

Additional Compensation:
- Tips
- Bonuses
- Store Discounts

Work Location:
- One location

Pay Frequency:
- Weekly

This Job Is:
- A job for which military experienced candidates are encouraged to apply
- A job for which all ages, including older job seekers, are encouraged to apply

APPLY ONLINE @ www.indeed.com

---

Maintenance Person McDonald's
West Haven, CT 06516

Maintenance Person - McDonald's® company-owned and independent Owner-Operator restaurants are staffed by great people. And right now we're looking for more of them. People with lots to offer. People like you. If you're interested (and we sure hope you are), let's get together.

Requirements:

The Maintenance Person assists management in achieving and maintaining outstanding interior and exterior restaurant cleanliness and maintaining restaurant equipment. As a member of the Maintenance Team, your restaurant will support you with the tools and training needed to succeed.

The Maintenance Person's responsibilities may include, but are not limited to:

- Filtering oil fryers daily
- Maintaining outside grounds
- Clean equipment, inside and outside windows, stock rooms and restrooms
- Unload delivery truck 2 times a week
- Take out and empty trash compactor
- Change light bulbs
- Clean HVAC/Exhaust units and roof of debris

APPLY ONLINE @ www.indeed.com

---

Back of House Kitchen –
Multiple Positions

Overview

Are you looking for a physical job in an upbeat environment with a steady schedule and benefits package? Do you consider yourself to be outgoing and a natural at customer service? Jordan's may have the job you are looking for!

Responsibilities

Warehouse Assistants handle the movement of furniture throughout our operation. They receive incoming shipments into the storage racks, assemble and display new furniture for the showroom floor, and prepare and load purchased furniture into customers' vehicles while providing excellent customer service. Responsibilities include:

- Provides courteous and professional customer service to guests picking up furniture. Uses the computer to confirm orders and process the pick-up.
- Operates crown lift to move furniture. Uses and maintains hand tools to assemble furniture.
- Assists design team with set up or removal of furniture on showroom floor.
- Pay for this position starts at $14.50 per hour!

Qualifications

Requirements include:

- Must be 18 years or older
- Ability to safely and safely lift and move materials up to 110 lbs.

Happy, healthy employees are our goal, and our benefits help J-Team members balance physical, financial, professional, social and emotional well-being. Visit our benefits page for details.

APPLY ONLINE @ www.indeed.com
Hosts, Line Cooks & Dish Washers New Haven/Fairfield (Geronimo Tequila Bar & Southwest Grill)

Geronimo is a taste of Santa Fe in the hear of two great cities, Fairfield & New Haven. We are the home of the largest tequila selection on the east coast with award winning food. If you are an enthusiastic, hospitality driven and dedicated team player this is your chance to join our team! Experienced applicants who thrive in a fast-paced environment, have flexible schedules including weekend availability (Sunday a must) and a passion for people should apply in person Monday - Friday between 2pm-5pm 2070 Post Road Fairfield, CT or 271 Crown Street, New Haven.

Eli's on Whitney Catering Driver (Hamden)

Eli's on Whitney is looking for catering delivery drivers to join our team. We do deliveries 7 days a week with the majority done between 8:00am and 3:00pm. Our average delivery is for about 15 - 25 people but it could also be as many as 100 or more. This is business catering so we deliver to doctor's offices, businesses, universities, and off-premise sites. The whole process is very simple but it takes a very responsible person to do it right. Quite simply the food cannot be late. Once again, the delivery cannot be late. If you are a type of person who wouldn't be concerned with that then please stop your inquiry now. But if you are the type of person that takes pride in everything that they do then please keep reading. We pay $12.00 an hour to start (shifts are typically 2 - 3 hours long) plus a mileage fee and any gratuity you may receive. In general, the gratuities can be substantial because our minimum order is $100. A clean and reliable vehicle is required. As far as scheduling goes it is simple; you let the catering manager know when you can work on a given week and you are scheduled when you have openings. Bear in mind that the more reliable drivers have first option on hours. If you think you can work within these parameters and it is something you would like to do please stop by 2392 Whitney Avenue to fill out an application. Thank you. Please note you must be able to lift at least 50 pounds.

East Rock Coffee Hiring Cook (New Haven)

East Rock Coffee is looking to add one person to our team. We are a busy neighborhood cafe looking for someone who is well rounded in the food and drink industry. We are hiring for what is a short order cook sandwich slinger position. If you can tuck away for 9 hours on Sat and Sun bunting out egg sandwiches while keeping a clean station and not being a jerk you'll fit in well.

We are a small but tight team who have a lot of fun, treat each other with respect and know our customers by name. Expectations will be clear, personal drama will be non existent and pay will be good.

If you have relevant kitchen or deli experience and open weekend availability reply with resume. Sat and Sun avail a must but could do PT or FT hours for the right person.

Kitchen /part time (New haven)

Looking for kitchen help! Prefer someone with recent kitchen experience. Job consists of cooking and plating mostly appetizers, salads and small plate items. Cleaning, ordering, etc...as this is a one person kitchen. Current days would be Monday and Tuesday 4 to 10ish or whenever kitchen duties are complete. Please send a resume to be considered.

Full Time Line Cook (New Haven)

ZINC Restaurant in Downtown New Haven is now seeking a full time line cook for evening shifts. Previous line cook experience required. We offer competitive wages and health insurance benefits. Make great food with the best ingredients in one of New Haven’s best restaurants. Apply with resume, work history and dates of employment.

DUNKIN DONUTS NOW HIRING (NEW HAVEN)

Our business is Growing and we are looking for people who like to WORK EARLY MORNINGS Week Days and Weekend Days. We are looking for people who are Team Players. Have a Great Attitude and are Drama Free. We have Flexible Scheduling. You Must Have Reliable Transportation. Apply In Person Dunkin Donuts 50 Union Ave New Haven CT 06519. We are Located in the Train Station No Phone Calls.
<table>
<thead>
<tr>
<th>Servers - Restaurant Woodbridge CT</th>
<th>Small Kitchen - Chef/Cook The Sitting Room - New Haven, CT 06511</th>
<th>Back of House Kitchen - Multiple Positions</th>
</tr>
</thead>
<tbody>
<tr>
<td>We are looking for experienced servers with at least two years of experience and flexible hours. Someone who is looking to join a fun and energetic team. We are located 15 minutes from downtown New Haven. (New Haven/Woodbridge line) Looking to fill positions as soon as possible.</td>
<td>A new wine bar and tapas kitchen in East Rock is looking for a full and part time chef to prepare small plates and tapas Monday through Sunday evenings. Ideal candidate has a thorough knowledge of food prep, sanitation, safety, cook temps, and expiration times. Must be able to work with little supervision and prep in a timely manner. Utilizing only a convection oven, most dishes require a prep-phase and then the small plates will be made to order combining immediate ingredients as well as that which has been prepped ahead of time. As a small kitchen, it is a one man/woman operation, but will require someone with speed, discretion, and an affinity for perfection. This is a start-up enterprise, so beginning phase will be a creative and collaborative one with the manager, but one recipes are finalized, each dish should be prepared exactly the same every time. No “corner-cutting” allowed. Tips will be given from the FOH staff, so the wage should be expected to always be above the $12.30 base. Students recently graduated from culinary school are encouraged to come in and apply in person. Please bring resume and/or certificate. Digital or printed. Call 860.236.8486 285 Nicoll Street New Haven Job Types: Full-time, Part-time Salary: $12.30 /hour Experience: Kitchen: 3 years (Required)</td>
<td>Famous SALLY'S APIZZA in NEW HAVEN is NOW HIRING all BOH POSITIONS!!!!!!!!!!!!!! This is a RARE opportunity to join a team that takes SERIOUS PRIDE in making some of the best Pizza on EARTH. Sally's APIZZA is on the forefront a regional Southern CT expansion and is looking to build a team to lead us into battle. We are looking for experienced pizza makers, line cooks and prep cooks that want to learn our craft. All candidates must have or be: Dependable and self reliant A strong work ethic Take serious pride in producing high quality food The ability to adapt to the changing needs of the business The ability to constructively contribute to a team environment Able to cook in a fast paced environment for long hours</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Work Location:</th>
<th>Duties:</th>
</tr>
</thead>
<tbody>
<tr>
<td>One location</td>
<td>Greeting and seating customers</td>
</tr>
<tr>
<td>Delivering food</td>
<td>Taking orders</td>
</tr>
<tr>
<td>Busing, cleaning, and resetting tables</td>
<td>Answering phone calls</td>
</tr>
<tr>
<td>Placing to-go orders</td>
<td>Preparing bill and processing payment</td>
</tr>
<tr>
<td>Prep or side work</td>
<td>Assisting kitchen, such as plating and garnishing menu items</td>
</tr>
<tr>
<td></td>
<td>Cleaning duties such as stocking, sanitizing, sweeping floors, washing dishes</td>
</tr>
<tr>
<td></td>
<td>Reconciling daily cash transactions</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Job Type: Full-time</th>
<th>Job Types: Full-time, Part-time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary: $12.30 /hour</td>
<td>Experience:</td>
</tr>
<tr>
<td>Kitchen: 3 years (Required)</td>
<td></td>
</tr>
</tbody>
</table>

| APPLY ONLINE @ www.indeed.com | APPLY ONLINE @ www.indeed.com |
Hosts, Line Cooks & Dish Washers New Haven/Fairfield (Geronimo Tequila Bar & Southwest Grill)

Geronimo is a taste of Santa Fe in the heart of two great cities, Fairfield & New Haven. We are the home of the largest tequila selection on the east coast with award winning food. If you are an enthusiastic, hospitality driven and dedicated team player this is your chance to join our team! Experienced applicants who thrive in a fast-paced environment, have flexible schedules including weekend availability (Sunday a must) and a passion for people should apply in person Monday - Friday between 2pm-5pm 2070 Post Road Fairfield, CT or 271 Crown Street, New Haven.

The Study at Yale Hotel (New Haven)

Our associates are empowered to do the right thing, to go to whatever lengths to recognize our guests’ needs and achieve them while delivering a highly personalized, memorable experience. The Study at Yale Hotel offers excellent benefits to eligible employees after 60 / 90 days of employment including paid holidays, health, dental and vision insurance, short term disability, life insurance, 401 K plan, vacation and personal days, a competitive salary and free meals.

All employment offers are pending background check and drug testing!


Please visit us at www.studyhotels.com for detailed job descriptions and to complete an employment application. Forward your application along with your cover letter and resume or contact our Human Resources department for more information.

East Rock Coffee Hiring Cook (New Haven)

East Rock Coffee is looking to add one person to our team. We are a busy neighborhood cafe looking for someone who is well rounded in the food and drink industry. We are hiring for what is a short order cook sandwich slinger position. If you can tuck away for 9 hours on Sat and Sun banging out egg sandwiches while keeping a clean station and not being a a jerk you’ll fit in well.

We are a small but tight team who have a lot of fun, treat each other with respect and know our customers by name. Expectations will be clear, personal drama will be non existent and pay will be good.

If you have relevant kitchen or deli experience and open weekend availability reply with resume. Sat and Sun avail a must but could do PT or FT hours for the right person.

Auto Lot Porter (Branford)

Full time position including benefits. Must be over 21 and have valid driver’s license. General duties to include moving vehicles, maintenance, light auto detailing.

Opportunity for advancement at CT’s fastest growing Subaru and Kia dealerships.

Please apply in person to Carmine at Subaru Service Dept

Host/Servers Needed-Busy New Haven Restaurant/Bar (Downtown New Haven)

Busy, chef driven restaurant is seeking servers and host staff. Experience preferred but willing to train the right member of the team. Must have a passion for food/beverage and hospitality. Please email resume. Full and part time positions available

Janitor/Assistant to Property Supervisor (New Haven)

We are a real estate management company looking for a reliable person to help maintain our property on Prospect Street, on the Yale corridor. You should have your own transportation and be located close enough to the property to make it there to assist the Super during snowstorms. Duties would include vacuuming hallways, helping to clean and ready vacant apartments for new tenants, trash removal, outdoor maintenance, some painting. Employment is 10-15 hours per week to start.

Restaurant Positions Available (New Haven)

The Famous Lenny and Joe's Fish Tale is now hiring strong associates to fill several positions. We are currently hiring Bussers, Food Runners, and Hosts . Candidates must be able to work in a fast pace, high volume restaurant

We value organization and attention to detail and want people that value integrity, honesty and teamwork. Must be available to work all different shifts including weekends, days, nights, and holidays. Candidates must be reliable, ability to multi-task and have a positive attitude.

Please stop in today and fill out an application or drop off your resume. Our address is 501 Long wharf Drive, New Haven, CT 06511
**Cooks, Sous Chef, Dishwasher Soul de Cuba Cafe - New Haven, CT**

Corazon de la casa (Heart of the House)!

Starting $12 + per hour depending on experience!

- 3 years prior experience required.
- Prepare high quality guest meals to Soul de Cuba Cafe specifications.
- Expedite and prep plates with small team in fast paced environment.
- Adhere to Soul de Cuba Cafe safety and sanitation policies and procedures.
- Communicate cook times, potential issues with Managers and Team Members.
- Ensure proper rotation of all products; stocks to requirements and more.
- Control and manage inventory with the Chef and General Manager.
- Bring your positive attitude to motivate team mates while hitting ticket times.
- At times pick up supplies from local vendors or deliver catering orders (mileage $ paid).
- Driver's license preferred.

Job Types: Full-time, Part-time.

Salary: $11.00 to $16.00 /hour

**Experience:**

- Relevant: 1 year (Preferred)
- Sous Chef: 1 year (Preferred)
- Cooking: 1 year (Preferred)

**License:**

- ServSafe (Preferred)

**APPLY ONLINE** @ www.indeed.com

---

**Line cook Fussy Coffee - New Haven, CT**

Please do not call the shop. Coffee shop looking to hire a part time to transition to full time line cook/prep cook specializing in burgers, bowls and salads.

An ideal candidates would have:

- Strong verbal communication skills
- Kitchen experience
- Ability to handle a fast paced environment
- Willingness to learn/adapt/problem solve
- Must be able to lift items up to 50 lbs

**Responsible for:**

- Providing prompt service, quality food and products, and maintaining a clean and comfortable kitchen environment;
- Potentially light cooking and plating food per Fussy Coffee's standards;
- Following Fussy Coffee's operational policies and procedures;
- Maintaining a clean and organized workspace so that team members can locate resources and product as needed;
- Following health, safety and sanitation guidelines for all products;
- Consistently demonstrating positive teamwork;
- Maintaining regular and punctual attendance;
- Willing to take on other responsibilities

**Job Type:** Full-time

**APPLY ONLINE** @ www.indeed.com

---

**Back of House Kitchen - Multiple Positions**

Formerly SALLY’S APIZZA in NEW HAVEN is NOW HIRING all BOH POSITIONS!!!!!!!!!

This is a RARE opportunity to join a team that takes SERIOUS PRIDE in making some of the best Pizza on EARTH. Sally’s APIZZA is on the forefront a regional Southern CT expansion and is looking to build a team to lead us into battle. We are looking for experienced pizza makers, line cooks and prep cooks that want to learn our craft.

All candidates must have or be:

- Dependable and self reliant
- A strong work ethic
- Take serious pride in producing high quality food
- The ability to adapt to the changing needs of the business
- The ability to constructively contribute to a team environment.
- Able to cook in a fast paced environment for long hours

**Job Type:** Full-time

**Job Type:** Full-time

**APPLY ONLINE** @ www.indeed.com
Highly paid breakfast cook needed (downtown New Haven)

We are currently searching for a dependable and experienced breakfast cook. You must have experience cooking breakfast. Come join the award winning culinary team at The Blake Hotel. We will start you off at $15 per hour and give you a $1 raise every three months (until you get to $20/hr) if you are on time and don't call off. We are looking for someone we can trust to work on their own. Your hours will be 6am to 1pm Mon-Sat, yes that is six, six hour shifts. Before applying for this job please make sure this availability fits your schedule. Please send a resume, we look forward to hearing from you.

BUSSERS NEEDED (New Haven)

The Union League Café has been reviewed by the New York Times as an extraordinary restaurant and is highly regarded for its quality of service, food, and wine list. We provide ongoing education to develop the staff's culinary, service, and management skills. We offer career advancement opportunities to those who truly excel.

The Union League Café is seeking bussers to join our team. Prior work experience in a restaurant is strongly preferred.

Busser duties include setting up the service area, clearing and resetting tables, bread and water service, and maintaining the coffee station. Ideal candidates would be well organized, motivated to learn and willing to progress in the restaurant environment.

Candidates may send a resume via email or apply in person Monday-Friday between 3:00-4:00 PM.

Prep Cooks/Line Cooks (New Haven)

We have two shifts:
First Shift:
7am - 3:30Pm Mon-Fri (some Saturdays - No Sundays - No evenings)
Second Shift:
10:00am - 5:00pm Mon-Friday (some Saturdays - No Sundays - No Evenings)

Both shifts will be responsible for learning our system (it's simple). Will assist kitchen in making sure all items are prepped for breakfast, lunch and catering. Will assist in cleaning and stocking the kitchen stations at end of shift! Cleanliness, being on time, proper food handling, preparing and storing, proper manners and kindness are required. We are a New Haven local favorite and we love our customers!!

Dishwasher/Cleaning Specialist (New Haven)

Hours are 8:00am-3:30pm Mon-Sat (No evenings - No Sunday)

The job sounds like a dishwashing job but its much more! We need to make sure that the entire restaurant is clean, sanitary, meets and exceeds health department standards. Our customers deserve the best! You will work with one or two other individuals. To me this is the hardest job in the restaurant. That is why the pay is good!

Cook wanted!! (New Haven)

Need a short order cook for a small, but busy restaurant.
Must have experience with sandwiches, salads and appetizers in a high pace kitchen.
If you're looking for a great work environment with an awesome team, we need you!

thank you)

Line Cook Wanted for Busy Downtown Café (New Haven, CT)

Maison Mathis is currently in search of an Experienced Line Cook. The ideal candidate must have experience with Quick Orders, Deli Sandwiches, Basic Kitchen Experiences involving Vegan, Vegetarian Gluten Free etc. Proper food safety and temperature is required. Weekend and Nightly availability is a must! Stop in anytime before Noon with your credentials and ask for Roberto

Bagel and Sandwich Crafter! (New Haven)

Seeking for immediate employment:

Can you make a great bagel? Craft a serious sandwich? Enjoy customers service and love food and cooking?

WE WANT YOU!

Requirements: Experience in the food industry & customer service. Reliable transportation to and from work. Experience with POS and money handling. Clean and presentable appearance and ability to smile! :)

$15 / hr to start, with LOTS of room to move up!

Please send resume in body of email to set up an interview:

7537d6426273aece8276c11e1827e5e%job.craigslist.org
Prep Cook/Cook Mecha Noodle Bar - New Haven, CT 06510

Prep cooks needed for Mecha Noodle Bar new location in New Haven. Prep cooks with 2-3 years' experience preferred. Willing to train some candidates with the right commitment and attitude.

- Offering competitive prep cook pay
- Health insurance
- Positive teamwork environment
- Free shift prep cook meals
- Deals on kitchen shoes
- Scheduled shift breaks for kitchen staff

Any prep cooks interested please respond to this add with resume and or qualified cook experience. NO phone calls. All applicants will be screened and responded to via indeed.

Job Type: Full-time
Salary: $13.00 to $15.00 /hour

Experience:
- Relevant: 1 year (Preferred)
- Cooking: 3 years (Preferred)
- Restaurant: 1 year (Preferred)

Work authorization:
- United States (Required)

Benefits:
- Health insurance

Pay Frequency:
- Weekly

Schedule:
- Weekends required

APPLY ONLINE @ www.indeed.com

QUE Whiskey Kitchen is Hiring!
Southington, CT

The QUE Whiskey Kitchen is accepting applications for host, servers, and bartenders.

The Que features the best in barbecue style cuisine, cocktails, and atmosphere. Opened in December of 2018, the Que is already poised for growth as we look to add to our team of service professionals.

Interested parties can fill out applications at 461 Queen Street in Southington Wednesday through Friday from 7pm-9pm or fill out our online application by going to https://www.hartfordrestaurantgroup.com/careers/

Job Types: Full-time, Part-time
Salary: $12.00 to $18.00 /hour

Additional Compensation:
- Tips

Work Location:
- One location

Working days:
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday

APPLY ONLINE @ www.indeed.com

Back of House Kitchen –
Multiple Positions

Famed SALLY’S APIZZA in NEW HAVEN is NOW HIRING all BOH POSITIONS!!!!!!!!!!!!

This is a RARE opportunity to join a team that takes SERIOUS PRIDE in making some of the best Pizza on EARTH. Sally’s APIZZA is on the forefront a regional Southern CT expansion and is looking to build a team to lead us into battle. We are looking for experienced pizza makers, line cooks and prep cooks that want to learn our craft.

All candidates must have or be:
- Dependable and self reliant
- A strong work ethic
- Take serious pride in producing high quality food
- The ability to adapt to the changing needs of the business
- The ability to constructively contribute to a team environment.
- Able to cook in a fast paced environment for long hours

Job Type: Full-time

Job Type: Full-time

APPLY ONLINE @ www.indeed.com
ATTENTION ALL MILITARY VETERANS

VETERANS SELF EMPOWERMENT SEMINAR

Claude Campbell MS, MBA
Veterans /Affairs & Military Outreach Assist.
Office of Senator Chris Murphy

Ricardo Sealy- Veterans Administration

Q&A Session

If interested...
Date: Thursday September 19, 2019
Time: 7:00-9:00 p.m.
Place: 165 Church ST.
2nd Fl. Room #3
New Haven, CT.

Refreshments will be served

The National Veterans Council for Legal Redress is seeking Veterans that have a less than honorable discharge and have been denied an upgrade. Also, they are searching for Vietnam Veterans and family members from the greater New Haven area to be added to the Vietnam Monument on the Long Wharf.

For Details Contact: (203) 988-3006, visit us at www.nvclr.org
How to Effectively Market Yourself for a Job When You’ve Been Long-Term Unemployed
www.shrm.org

For most people losing a job is a devastating experience. Not finding one right away is even more discouraging, but the sooner you get started looking and the more dedicated you are, the more likely your search will be a positive experience.

The Society for Human Resource Management (SHRM) is the largest HR association in the world, with more than 275,000 members. Our members, HR professionals in organizations representing all sizes and industries, recognize that as a result of the years-long economic downturn, an unprecedented number of Americans have been unemployed for six months or more. We are educating our members on how to review their organization’s hiring procedures to ensure they do not intentionally or inadvertently give less consideration to certain job candidates based solely on their unemployment status. Nevertheless, having a resume with gaps in work history can pose a challenge for the job seeker. This challenge is not insurmountable, and SHRM members offer the following advice to help you, as a job seeker, put your best foot forward.

Step 1: Approach your job search as though it WERE your job

Devote time—up to eight hours a day—to finding a job. Set a schedule with daily tasks in order to establish a structured routine. Having a schedule makes people more efficient. Giving yourself a deadline by, say, blocking off 2 p.m. to 4 p.m. to work on an application or make your calls is better than saying you’ll get around to it as soon as you can.

Try to maintain a flexible attitude, and project a willingness to learn. Your old job/career may not exist anymore, so you may need to develop new skills or apply the old ones in a different way.

If you are feeling stuck, seek out groups of people who are in the same situation. Many community centers, religious entities and other organizations host meetings for job seekers. It may help you to discuss your efforts with others.

Step 2: Stay active by engaging in productive activities

Find activities to show that you are still engaged in your community and focused on gaining skills and qualifications. Activities also fill time on your resume, showing employers that you haven’t been stagnant since you left your previous position.

- Personal Development or Professional Development

Classes at a community college, university or training program can keep you up-to-date with technology and other trends in your field so that you’ll be informed when you do go on interviews or even chat informally with employers.

Many educational institutions have career centers with well-connected advisors who know what employers are looking for and who is hiring. Consider a training program or temporary position, offered by many employers. Short-term positions give you a chance to test-drive a specific job or company.

- Development Through Volunteer Engagement

Volunteering can involve much more than planting trees and painting buildings; it’s also a great way to learn new skills. You can design a website, organize an event, write letters on behalf of the organization or have any variety of other responsibilities.

Volunteering can give you exposure to a new field or allow you to try out a new career. Volunteering at a specific organization you want to work for is an excellent way to get your foot in the door and make a notable first impression. If you can show you are a valuable and effective volunteer, employers will think you may make a valuable and effective employee.

Volunteering enables you to expand your network. By working on a cause you are passionate about, you will meet like-minded people, some of whom may be able to help with your job search.

Volunteering is a fun and valuable way to break up the monotony and provide you with an anchor while you look for a job. It can also provide a sense of accomplishment.

Step 3: Update and revise your resume

Understand the online application process before submitting your resume. Applying for a job today requires that you tailor your resume to the specific position. Before submitting your resume, make sure it contains some of the key words that are outlined in the job description.

Use terms that apply to the specific job and/or industry. Sprinkling in new terms can show that you’re current with the technology and other trends of the field.

Include accomplishments—both at work and outside of it—so employers can see how you’ve done, not just what you’ve done.

Quantify your experiences. Use numbers to communicate changes or improvements you have made over a specific period. Examples include quantitative gains in production or performance, notable customer satisfaction, greater organizational performance, cost reductions or cost avoidance.

Include legitimate volunteer or nontraditional work experience, to eliminate or decrease any gaps in employment.

If your formal education occurred more than 10 years ago, consider taking dates off and adding other training or education you have obtained since then.

Step 4: Network, network, network

Networking is still the most effective way to find out about jobs. Prepare your “elevator speech,” in which you describe your skills and career goals in two minutes. Preparing ahead helps you take advantage of opportunities to talk, at a moment’s notice, with someone who may be in a position to help you.

- Reach out to family, friends, neighbors and associates.

Use your connections to your advantage. The more people you know, the better your chances of finding and landing a job. Talk with your previous employers and co-workers. People who have seen you at work before and are in your field of experience can be the best people to know.
Seek out community groups for assistance, including those for unemployed people, who help one another with leads, references and other support. Programs, both formal and informal, have started in communities nationwide.

If you can’t find a group in your community, start one. With nearly a quarter of Americans laid off at some point because of the recession, you do not have to be alone in your search. Be willing to help others in your groups. Paying it forward can be of great benefit when your colleagues get settled in a new role. Not only will it help you, but it looks great to businesses if you let them know you started a group or are active in one that helps people in the community.

- Use online sites, including LinkedIn.

If you don’t have a LinkedIn profile, create one. Employers use this site to look for new talent so make sure your profile contains keywords that are relevant to jobs that interest you.

Use the search function on LinkedIn to find profiles of people seeking positions similar to what you are interested in pursuing. Then use these profiles as templates to modify your profile.

See what companies your connections and their connections have worked for. Those who worked at a company a few years ago likely still know people who work there.

Join groups that apply to you. Many industries, regions and even companies have their own pages. These are a great source of information and a way to keep current with what’s happening in a particular field.

- Reach out to employers that interest you.

Many companies host open houses or exhibitions to showcase their work. If it looks interesting to you, check it out. Ask questions and make some contacts, too.

If you want to talk with someone at an organization, go for it. Reach out to a firm you have great interest in and ask to come in and learn more about it. Don’t mention employment in the first conversation. A good first impression can lead to that important referral or helpful information.

- Look for local nonprofit or government organizations that can help you with your job search.

Never pay an organization to find you a job—most likely it is not a legitimate business.

Take advantage of the services that government-funded Career One Stop centers offer. These centers provide free assistance to job seekers. More information is available at http://www.careeronestop.org/

Learn about local nonprofit organizations serving the long-term unemployed. The programs are as varied as the communities they serve and can be researched online.

Step 5: Become More Technologically Proficient

It’s no secret that many employers look up their applicants online. While most people know to keep offensive pictures and posts off Facebook, you can take this a step further by creating a brand for yourself. Use LinkedIn as your primary tool, but learn more about how to effectively use Twitter and Facebook as a means of “branding yourself.”

Social networks are an excellent way to interact with potential employers. Sharing information via a status update on LinkedIn or re-tweeting or tweeting at an employer or sending messages on Facebook with relevant information can get you noticed.

Scanning blogs on relevant topics allows you to stay up-to-date with the industry and hear different perspectives. Commenting on blogs and engaging with their authors are other valuable methods of gaining contacts in the field.

Joining listserves is a great way to crowdsource your information gathering. People often mention opportunities they heard of or topics they think are worth sharing.

Although it’s efficient to comb through the larger online job boards, it’s worth noting that many listings receive hundreds of applicants. One way to find less visible opportunities is to research what companies you might like to work for and search their sites for vacancies. It takes longer to do this, but you may just find that perfect under-the-radar opportunity. Following up your application with a message to the company contact person further enhances your potential of being noticed.

If you need help in navigating the world of computers or even getting access to a computer consider a local library. Most libraries have computers available to the public, and some offer free resources like classes or coaching. Career One-Stop also offer classes and computers for public use.

Step 6: Prepare for your future interview

Get fit by exercising and eating right. When you feel good you will come across well in an interview.

Consider how you look. A good haircut and neat, clean business attire are a way to say “I respect myself.” You don’t have to buy expensive suits if you don’t have the budget; just scour the resale shops, and make sure the clothes fit and are clean and ironed.

Address gaps in your resume’s work history upfront. Offering an explanation prevents a potential employer from making assumptions that may be incorrect. Similarly, take the opportunity to address any possible concerns about your being overqualified for the position. When a candidate raises the issue, this can help put an employer’s mind at ease.

Never underestimate the value of a handwritten note. Send one to each person who takes time to meet with you in an interview or with whom you have a key networking conversation. In a high-tech world, the high-touch approach always gets noticed.

Online Resource for the Job Seeker
www.shrm.org/workforcereadiness -SHRM developed this webpage to house information about workforce readiness and long-term unemployment. Information on this site can give you a better understanding of how HR professionals view these issues.
5 Questions Every Candidate Should Ask in a Job Interview

By Dominique Rodgers
Monster Contributing Writer

For many job seekers, the “Do you have any questions for me?” portion of an interview signals the end is near. It’s tempting to just say “no” and get out of the hot seat as quickly as possible, but fight that urge.

Asking questions shows the interviewer you were listening while they were talking, conveys your interest in the company and helps you decide if it’s where you want to work. After all, interviews are a two-way street -- the hiring team decides whether you’re what they want in an employee, and you decide if the company culture and specific role are where you want to devote your time and energy for the foreseeable future.

Here are five essential questions you should ask in a job interview.

1. “How do you define success for this job?”

This question helps you get a clear understanding of what the job entails and the expectations the company will have for you in it, says John Crossman, president of real estate management firm Crossman & Company.

For example, if you’re applying for a sales position, an answer to this question might be that you acquire 10 new clients in the next 90 days. It may also be that you upsell current customers by 25 percent over 90 days. As a candidate, you’ll want to know whether you’ll be cold-calling prospects or focusing on existing customers before you make your decision.

2. Something specific about the organization

It’s always a great idea to ask a question that shows you did your research before the interview, says Chris Delaney, author of “The 73 Rules of Influencing the Interview.” He recommends building rapport and showcasing your research skills with a technique he calls “share expertise, ask question.”

His example: “I recently read that the organization is looking to break into Europe. What do you foresee as the main barrier with this project?”

3. “Can I have a quick tour?”

See also: “Can I meet some people I’d be working with?”

Both questions will get you out of the interview room and allow you to get a better look at the office. This will give you a chance to gauge co-worker interaction, workspace design (lighting, noise level, cleanliness) and the department as a whole, says Michelle Comer, practice area leader and vice president at the Messina Group, a staffing consulting firm.

Requesting a tour or a quick introduction to potential coworkers also “signals to the interviewer that a candidate is taking a vested interest in the position,” she says.

4. “What is your favorite part about working here?”

“Companies, like job candidates, are putting their best foot forward during the interview process, often highlighting all of their corporate perks. By asking every person you interview with what they like best about working at the company, you’ll get a better sense of the perks that people regularly experience versus the perks that live only on paper,” explains Sherry Dixon, a senior vice president at Adecco Staffing US.

“If the interviewer responds that they love how they can make their yoga class each night and log back onto work from home if needed, then you know the company takes work-life balance seriously,” she explains.

5. “Do you see any reason I might not be a good fit for this position?”

It may seem counterintuitive to inquire about your potential flaws during an interview, but it’s actually a great thing to bring up at the end of the interview says Morgan Nicholls, managing partner at Chicago-based recruiting and staffing firm Torrey & Gray.

“This gives you an opportunity to know that the interviewer is thinking about you and gives you a last chance to clarify any misconceptions they may have or elaborate further on something important.”
**Next Steps Ex-Offenders Program**

The Workforce Alliance supports four American Job Center /CTWorks Career Centers, providing services for job seekers and employers within the South Central Connecticut region.

Job development job fairs have the people you need. Workforce Alliance offers an array of job development services to employees looking for jobs and careers, through our employee services professionals at the four AJC/CTWorks Career Centers. Job Fairs can be a great source of information.

Job-seekers can visit our computer lab, workshops or make an appointment to meet with an employment specialist, who may suggest training opportunities. If you are looking for the ideal job or help with writing a cover letter - check out our career resource library.

**Metrix Online Learning Provides Flexibility and Choice** - American Job Center in South Central CT offers Metrix Learning to provide impactful job skills training online.

**CTHires for Jobseekers and Employers** - CTHires is the Connecticut Department of Labor's new hub for job development, training and other career services. Jobseekers and employers both new and continuing can use this system. To learn more visit www.cthires.com.

**Year-Round and Summer Youth Programs** - Youth programs prepare for post-secondary educational opportunities, advanced training, or employment. Programs serve both in-school (ages 14-21), and out of school (ages 16-24) youth. The Summer Youth Employment program provides eight weeks of paid work in July and August, and is run by each municipality.

**AJC/CTWorks' Jobs First Employment Services (JFES)** offers employers the opportunity to hire eligible participants for 16 weeks of employment at no charge. Employees are paid $8 per hour for up to 20 hours work per week during the program.

**The American Job Center (AJC) at New Haven Correctional Center**, 245 Whalley Avenue, now open. First of its kind in CT will assist 175 inmates develop career and training plans while incarcerated, and help enter into employment or job training post-release.

The AJC/CTWorks Career Centers are operated by HRA, Inc. The AJC/CTWorks Career Center in New Haven is open Monday and Wednesday from 8:30 a.m. until 6:30 p.m. and on Tuesday, Thursday and Friday from 8:30 a.m. until 4:30 p.m. AJC/CTWorks in Hamden, Middletown and Meriden are open from 8:30 a.m. to 4:30 p.m. Monday through Friday.

**Workforce Alliance Main Office**
New Haven: 560 Ella T. Grasso Blvd. | Phone: 203.867.4030 | Voice/TDD 203-624-1493 x258

**AJC/CT Works Career Centers**

Hamden: 37 Marne Street | Phone: 203.859.3200
New Haven: 560 Ella T. Grasso Blvd. | Phone: 203.867.4030
Meriden: 85 West Main Street | Phone: 203.328.3688

Email: info@workforcealliance.biz

http://www.workforcealliance.biz/
Fact Sheet: One-Stop Career Centers

The Workforce Innovation and Opportunity Act (WIOA), signed into law on July 22, 2014, is the first legislative reform of the public workforce system in 15 years. WIOA presents an extraordinary opportunity to improve job and career options for our nation’s workers and jobseekers through an integrated, job-driven public workforce system that links diverse talent to businesses. It supports the development of strong, vibrant regional economies where businesses thrive and people want to live and work.

HIGHLIGHTS OF WIOA REFORMS FOR ONE-STOP CENTERS

WIOA retains the nationwide system of one-stop centers, which directly provide an array of employment services and connect customers to workforce-related training and education. WIOA furthers a high quality one-stop career center system by continuing to align investments in workforce, education, and economic development to regional in-demand jobs. The new law places greater emphasis on one-stops achieving results for jobseekers, workers, and businesses. WIOA reinforces the partnerships and strategies necessary for one-stops to provide jobseekers and workers with the high-quality career services, education and training, and supportive services they need to get good jobs and stay employed, and to help businesses find skilled workers and access other supports, including education and training for their current workforce.

Improved Access to Comprehensive Services

* Each local area must have one comprehensive one-stop center that provides access to physical services of the core programs and other required partners.
* In addition to the core programs, for individuals with multiple needs to access the services, the following partner programs are required to provide access through the one-stops: Career and Technical Education (Perkins), Community Services Block Grant, Indian and Native American Programs, HUD Employment and Training Programs, Job Corps, Local Veterans’ Employment Representatives and Disabled Veterans’ Outreach Program, National Farmworker Jobs Program, Senior Community Service Employment Program, Temporary Assistance for Needy Families (TANF), Trade Adjustment Assistance Programs, Unemployment Compensation Programs, and YouthBuild. TANF is now a required partner, unless the Governor takes special action to make TANF an optional one-stop partner.
* WIOA eliminates stand-alone Wagner-Peyser Employment Service offices. These services will now be provided alongside partner programs within one-stop centers.

WIOA PROGRAMS

WIOA authorizes the one-stop career center (also known as American Job Center) service delivery system and six core programs. The core programs are:

* WIOA Title I (Adult, Dislocated Worker and Youth formula programs) administered by Department of Labor (DOL);
* Adult Education and Literacy Act programs administered by the Department of Education (DoED);
* Wagner-Peyser Act employment services administered by DOL; and
* Rehabilitation Act Title I programs administered by DoED.

WIOA also authorizes the Job Corps program, the YouthBuild program, Native American programs, and Migrant and Seasonal Farmworker programs, as well as evaluation and multistate projects.


* A local area also may have additional affiliate one-stop centers with any subset of partners, or specialized centers.
* Local boards have the flexibility to include additional partners in one-stop centers. The law specifically identifies the following federally funded partners: Employment and training programs administered by the Social Security Administration, including the Ticket to Work and the Self-Sufficiency Program; employment and training programs carried out by the Small Business Administration; Supplemental Nutrition Assistance Program (SNAP) employment and training programs; Client Assistance Programs; and programs authorized under the National and Community Service Act of 1990.
* WIOA allows other partners to be part of the one-stop delivery system, including local employers and community-based, faith-based, and/or non-profit organizations, as well as employment, education, and training programs provided by public libraries or in the private sector.

Enhanced and Streamlined Operations:

* Local areas are encouraged to integrate the intake, case management, reporting, and fiscal and management accountability systems of one-stop partners.
* All partners are required to share in the funding of services and infrastructure costs of the one-stop delivery system.
* One-stop operators will be selected through a competitive process.
* Local boards are responsible for improving access to and the effectiveness of one-stop and program services.
* Local boards continue to be required to negotiate and regularly review a Memorandum of Understanding (MOU) with every one-stop partner to describe operations, services provided and coordinated, funding, and referrals. MOUs will be reviewed every three years.
* Local boards will certify one-stops every three years, using criteria written by the state Workforce Development Board that covers effectiveness, programmatic and physical accessibility, and continuous improvement. Local Workforce Development Boards may also establish additional certification criteria.

Better Public Recognition

* WIOA calls for the Department of Labor to establish a common identifier, also known as a “branch”, for the one-stop system to help job seekers and employers readily access services. The common identifier will be established through the final rule, with guidance and implementation assistance provided by ETA.

EFFECTIVE DATES FOR IMPLEMENTATION AND TECHNICAL ASSISTANCE

In general, WIOA takes effect on July 1, 2015; however, the planning requirements common indicators of performance take effect on July 1, 2016 and other exceptions specifically noted in the law.

DOL is working in coordination with the Department of Education and the Department of Health and Human Services to support the public workforce system to implement WIOA. The DOL WIOA Resource Page (www.doleta.gov/WIOA) will include updated guidance and resources, as well as communicate opportunities to provide input. The WIOA Collection Page (www.workforcewire.com) provides links to technical assistance tools and information to support implementation. Questions regarding WIOA can be emailed to DOL.WIOA@dol.gov.
ABOUT NEW HAVEN WORKS

In January 2012, the New Haven Board of Aldermen created a Jobs Pipeline Working Group to investigate solutions for New Haven’s unemployment and under-employment and regional employers’ needs for well-trained job applicants.

The Working Group, which included individuals representing the business and institutional community, labor, elected leaders, city officials, foundations, the workforce system, un- and under-employed residents, and youth, advocated for a new program called “New Haven Works” that would partner with employers, service providers and the workforce system to match qualified New Haven residents to regional job opportunities.

New Haven Works seeks to grow the local economy and improve economic stability in all communities by providing employers with a trained and qualified workforce and connecting residents to good jobs.

Established in October 2012, New Haven Works is governed by an independent board of directors, and will be funded by public and private sources.

New Haven Works opened an office at 205 Whitney Avenue — just one year after the first convening of the Board of Aldermen’s Working Group.

Established in October 2012, New Haven Works seeks to grow the local economy and improve economic stability in all communities by providing employers with a trained and qualified workforce and connecting residents to good jobs.

More economic security for New Haven families means...

- Regular paychecks that flow back into the local economy and support small businesses
- Access to healthcare, which reduces overall healthcare costs/emergency room visits
- Better educational outcomes
- Reduction in crime and violence

Access for businesses to a trained, qualified, skilled local workforce means...

- Attracting new businesses in technology, manufacturing, bio-sciences, and healthcare
- A stable employment base and lower turnover, recruitment, and training costs
- A new vision of corporate citizenship and community involvement for local businesses— contributing to a safer, more economically stable city while meeting workforce needs

CONTACT US

205 Whitney Avenue, 1st floor, New Haven 06511
(203) 562 – 9000
info@newhavenworkspipeline.org

<table>
<thead>
<tr>
<th>Participant Requirements:</th>
<th>Participants Must Bring:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Must have a High School Diploma or GED</td>
<td>Updated Resume</td>
</tr>
<tr>
<td>Must be a New Haven resident</td>
<td>ID</td>
</tr>
<tr>
<td>Must be 18 years of age or older</td>
<td>Social Security Card</td>
</tr>
<tr>
<td>Must be able to work legally in the USA</td>
<td></td>
</tr>
</tbody>
</table>
What?
The Connecticut Education & Training ConneCTion is a Web site that provides the most comprehensive source of information on education and training programs offered in Connecticut. The following search options allow the user to explore the world of education & training in Connecticut:

- Which Education & Training Providers are in my area?
- Which Providers offer the type of Program or Course I am interested in?
- Which Programs or Courses are related to the Occupation I'm interested in?
- Which Programs or Courses are offered by a particular provider?
- Advanced Search offers several sections of criteria that allow a user to limit their program search results. Search by certification/degree that you require, area of study, provider type, occupation or program title keyword search, or programs that lead to a license in a specific career. Combinations of choices can be made to customize a search.

The Connecticut Education & Training ConneCTion also includes Learning Links that connect the user to information about education and training that can provide the skills necessary to begin a career in a chosen occupation. These include education resources, financial aid assistance, school to career information, and opportunities in apprenticeship or the military.

Why?
The Connecticut Education & Training ConneCTion is the result of an effort by the Connecticut Department of Labor’s Office of Research to collaborate with the most reliable and accurate sources of education information in the state: the Connecticut Department of Higher Education, Connecticut State Department of Education, and the Connecticut Workforce Investment Boards.

Where?
Don’t have a computer? Your local CT WORKS Center or library has public computers with Internet access you can utilize.

The Connecticut Education & Training ConneCTion is available through ‘Step 3’ on the Connecticut Job & Career ConneCTion at: www.ctjobandcareer.org
Are you 55 years of age or older and seeking work? Check these programs

MaturityWorks operated by The Workplace, Inc
458 Grand Avenue, New Haven, CT 06513
(203) 373-2101

MaturityWorks is a Senior Community Service and Employment Program (SCSEP) of The United States Department of Labor. The purpose of this program is to provide unemployed, low-income adults age 55 and older with work-based training, job readiness, and job placement opportunities. The Workplace, Inc. operates the MaturityWorks program in Fairfield, New Haven, Litchfield, Tolland, Middlesex and Windham Counties in Connecticut.

What is MaturityWorks?

MaturityWorks Created in 1965, SCSEP is the nation's oldest program to help low-income, unemployed individuals aged 55+ increase their job skills through paid community service in local non-profit community service organizations. Participants build skills and self-confidence, while earning a modest income.

MaturityWorks offers paid job training with local non-profit organizations. Participants will be matched with training assignments that fit their unique skill set, schedule, and training needs. While in the program receive support to secure employment.

To be eligible for MaturityWorks, you must:

- Be unemployed
- 55 or older
- Meet family income guidelines

Looking to become a participant, expand your job skills and get ready to re-enter the workforce?

For more information please contact MaturityWorks in New Haven
Contact Patryce Bryant (203) 373-2101 pbryant@workplace.org
Or call The Workplace, Inc toll-free 1-866-683-1682 info2@workplace.org

Senior Community Service Employment Program

Associates for Training and Development
Contact Us
1-800-439-3307
1-802-524-3200
Locally in Hamden, CT
Contact Sean Joyce
(203) 314-1885
https://a4td.org/for-workers/scs-employment-program

SCSEP is currently accepting waiting list applications.

How does the SCSEP Program Work?
The Senior Community Service Employment Program (SCSEP) enrolls qualified older workers in part-time training positions and assigns them to public or 501(c)3 non-profit organizations in the local community.

The purpose of the SCSEP is to offer a "stepping stone" back into the workforce. It is a transitional program; positions are not intended to be permanent, all assignments are temporary.

Wages

Participant training wages and other costs are paid by A4TD through funding from Title V (SCSEP) of the Older Americans Act, administered by the US Department of Labor. There is no cost to an organization for hosting an SCSEP participant.

A4TD host training sites are expected to provide the participant with meaningful job skills training. They are also expected to encourage and help participants in their job search efforts. Note: Host sites that can commit to hiring a participant upon successful completion of their training will be given priority. SCSEP participants undergo an assessment, testing, and additional skills training while on the program. Every effort is made to match the participant and host training site as closely as possible.

Training

Program participants are required to attend periodic training classes and/or workshops to help increase their skills.

Participants may be trained in one of 4 high demand areas: food service, retail, customer service, and healthcare.

This workforce solution was funded by a grant awarded by the U.S. Department of Labor’s Employment and Training Administration. The solution was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties, or assurances of any kind, expressed or implied, with respect to such information.

If you are interested in participating in SCSEP, call 1-800-439-3307 x24 or contact us online.

USDOL/ETA funded this workforce solution and makes no guarantees, warranties or assurances with respect to such information.
Job Search Resources

If you have a library card or resident ID card -

The New Haven Free Public Library invites you to browse our pages and visit our branches for a world of knowledge and information at your fingertips. Through its collection, media, services and programs, the library promotes literacy, reading, personal development and cultural understanding for the individual and the community at large.

http://www.cityofnewhaven.com/Library/

Find interactive career planning and job search assistance through the library’s website:

Career Cruising

Found under the “Databases” section of their site. Career Cruising is an interactive career resource designed for people of all ages. Explore different career options and plan future education and training. Career Cruising is available online from your home or office computer as well as at any library computer.

Please call Business, Job and Nonprofit Services at the Main Library (203) 946-7431 for more information and details.

Found at the bottom of their main web page

Job Now!

Live, anytime, anywhere job assistance, including up-to-date nation-wide and local job search engines, professional resume critique and proven interview techniques.

Experience personalized career center seamlessly integrated with advanced virtual technology to help job seekers of diverse backgrounds and needs.

Need technical assistance or have questions?

Contact Brainfuse at 1-866-BRAINFUSE (1-866-272-4638) or send an email to info@brainfuse.com

When contacting Brainfuse, please provide an email address and the name of the library from which you are using the Brainfuse service.

There’s a branch of the New Haven Free Public Library near you

Mitchell - 37 Harrison Street
(203) 946-8117

Wilson - 303 Washington Avenue
(203) 946-2228

Fair Haven - 182 Grand Avenue -
(203) 946-8115

Stetson - 200 Dixwell Avenue
(203) 946-8119

Libraries are open on the following days & times:

MAIN: Mon 12-8 | Tue 10-8 | Wed 10-8 | Thu 10-8 | Fri 10-5 | Sat 10-5 | Sun Closed

FAIR HAVEN: Mon 10-6 | Tue 10-6 | Wed Closed | Thu 12-8 | Fri Closed | Sat 12-5 | Sun Closed

MITCHELL: Mon 12-8 | Tue Closed | Wed 10-6 | Thu 10-6 | Fri Closed | Sat 12-5 | Sun Closed

STETSON: Mon 10-6 | Tue 10-6 | Wed 12-8 | Thu Closed | Fri Closed | Sat 12-5 | Sun Closed

WILSON: Mon Closed | Tue 12-8 | Wed 10-6 | Thu 10-6 | Fri Closed | Sat 12-5 | Sun Closed
THE ROUTE TO THE HIGH SCHOOL CREDIT PROGRAM - An Overview of the High School Credit Program - Registration Process for New/Returning Students

Program Description: To receive a high school credit diploma, you must earn 23 credits, including those you may have earned at your former high school. The New Haven Adult & Continuing Education credit diploma program offers small classes and on-line courses. When all credits are completed, of which four must be English, three in Mathematics, two in Science, and three Social Studies (including U.S. History and Civics), a diploma will be awarded. The program is open to students who are 17 years or older, do not hold a high school diploma, and are no longer officially enrolled in high school.

Effective July 1, 2011, the age at which a parent or guardian may provide consent for a child to withdraw from school was raised from 16 to 17 years old in C.G.S. Section 10-184. Therefore, individuals 17 years of age seeking enrollment in adult education should have officially withdrawn from school prior to July 1, 2011.

Adult Education creates and supports a positive, innovative learning community that promotes students’ success through several components:

- Providing a rigorous curriculum with units of study to build students’ deep understanding of instructional lessons from the College and Career Readiness standards.
- Implementing a performance-based curriculum as another opportunity to assess students’ learning.
- Utilizing assessment practices that help students make explicit connections between the content of what was learned to a meaningful and relevant application.
- Providing a competency based tracking & reporting system which lends itself to an individualized learning pace.
- Establishing a clear & explicit promotion & graduation criteria.

Each student will be placed in an advisory group for the duration of their schooling. Having the same advisory group will support positive relationships and bring a sense of belonging. The students at NHAE will engage in career awareness and have an opportunity to further explore and prepare for those careers through internships, volunteer opportunities, and specialized workshops.

For more information, please contact Toni Thorpe, HSC Facilitator (203) 492-0213 or email: toni.thorpe@nhoe.net

THE ROUTE TO YOUR GENERALIZED EDUCATIONAL DEVELOPMENT PROGRAM - Overview of the GED Program - Registration Process for New/Returning Students

Program Description: The GED program at The New Haven Adult Education & Continuing Education Center (NHAE) prepares adult learners to pass the 4-part, computer based GED exam to earn a State of Connecticut diploma. Students receive necessary instruction in each of four subject areas: Social Studies, Science, Math, and Reading through Language Arts. In addition, basic computer skills are introduced to assist students with the exam. Students may purchase the official GED preparatory book at any local bookstore, if they would like. We, also, encourage students to attend tutorial classes and/or practice on-line.

How to register for the GED Exam: To register for the GED exam, students must be at least 17 years old and officially withdrawn from school for 6 months. Seventeen year-olds must submit a withdrawal form with a parent’s or guardian’s signature. Individuals who are 18 years of age must submit a withdrawal form signed by the student or a letter from their last high school stating that the class in which they entered ninth grade (or would have entered if never enrolled in high school) has already graduated. Students can begin the GED testing registration process online to create an account at: www.ged.com and complete the process at The New Haven Adult and Continuing Education Center. Participants must attend and complete both placement and assessment testing in order to enroll in GED classes. GED course registration is: Mon-Fri. 9-11:00am and Mon-Wed. 5:30-8:00pm.

Day 1

Go to community room to register.
Proceed to Room 3 to take ccs Appraisals Test (if applicable)

Day 2

Return to Room 3 to take CASAS Pre/Post Assessment (if applicable)
See counselor in community room to be enrolled in appropriate class.

For GED courses:
- Evening Classes New/Returning Students
- Go to community room to register.
- Proceed to Room 3 to take CCS Appraisals Test and/or CASAS Pre/Post Assessment (if applicable).

For more information, please contact Tahisha Porter, GED Facilitator (203) 492-0213 or email: tahisha.porter@nhoe.net Office Hours: 8:30am -3:15pm

Individuals with documented disability, who require accommodations to take the GED exam, should contact: Maureen Ryan at: 203.492.0213 or email: maureen.ryan@nhoe.net or Sabrina Mancini at the Connecticut State Department of Education at: (860) 807-2100 or E-mail: sabrina.mancini@ct.gov.

THE ROUTE TO NATIONAL EXTERNAL DIPLOMA PROGRAM (NEDP) - is a non-credit, web-based high school diploma program. NEDP is an applied performance assessment system that assesses the high school level skills of adults and out-of-school youth. The NEDP evaluates the reading, writing, math, and workforce readiness skills of participants in life and work contexts. Many adults have acquired their high school level abilities through work, family, and community experiences; NEDP allows adults to demonstrate their skills by applying their life experiences to real-life situations presented in the program. NEDP evaluates competencies that are based on skills outlined in the Common Core College and Career Readiness Standards such as: Cultural Literacy, Financial Literacy, Health Literacy, Civic Literacy, Geography and History, Consumer Awareness, Science, and Twenty-first Century Workplace Skills. NEDP is designed for self-directed adults. Clients must have a general familiarity with the computer. Through a series of take-home projects and proctored In-Office Checks, this flexible program allows clients to complete assignments at home and to set their own pace of working. Their skill level at the time they begin and the amount of time they can devote to their school work determine the length of time required to complete the program. Upon completion, clients are awarded their high school transcript and diploma through New Haven Public Schools. NEDP is free to students who live in New Haven. All other individuals are welcome and should call the adult education office for the fee schedule. There is open enrollment throughout the year. HOW TO REGISTER FOR THE NEDP PROGRAM Register in the Community Room at: NHAE. Complete E-test and other required math and reading tests. Meet with a counselor and NEDP staff to determine eligibility for the program. Requirements needed:

- Good computer skills, access to a desktop or laptop computer and internet access
- Self-motivated, organized, and mature
- Ability to finish tasks independently
- Complete assessment tests and has attained minimum required scores

For more information, please contact Briana Randis, NEDP Lead Assessor (203) 492-0213 or email: briana.randis@nhoe.net
LITERACY VOLUNTEERS OF GREATER NEW HAVEN

New Haven Office: 4 Science Park, New Haven, CT 06511
203-776-5899
Meriden Office: 14 West Main St, Meriden, CT 06451
203-235-1714
Valley Office: 415 Howe Avenue, Shelton, CT 06484
203-924-6651, ext. 102

What is Literacy Volunteers?
Literacy Volunteers of Greater New Haven is a non-profit organization that has been active in the region since 1976. Last year Literacy Volunteers supported 231 volunteer tutors who delivered free tutoring to more than 1246 adult students at 37 sites.

Literacy Volunteers is supported by Connecticut Department of Education funds, private foundations and community grants (CDBG dollars, the Community Foundation of Greater New Haven, United Way of Meriden/Wallingford, the Valley United Way, the Valley Community Foundation) as well as donations from individuals and businesses.

How Does the Program Work?
Adults who speak English but need help learning to read at a higher level work together in small groups. The groups meet twice a week with trained volunteer tutors using an established curriculum with workbooks. A computer software program provides additional help.

Non-English speaking (ESOL or English for Speakers of Other Languages) adults also work with tutors in small group settings. Classes are held weekly at a variety of sites throughout the area.

Day and night time classes are offered. All classes are free and are set up on a semester basis.

Who are the Tutors?
Tutors come from many different backgrounds — men and women of all ages and diverse life experiences. They may be retired, have full-time jobs or they may be students. Many have some college experience. Only a few have previously taught. What tutors have in common is their desire to help someone improve his or her life.

Tutors go through an Orientation and Training Program before they start tutoring. They receive ongoing support from Literacy Volunteers program managers, who help the tutors prepare lessons, test students and locate helpful resource materials.

For Additional Information
Please visit our website: www.lvagnh.org.
The Education & Employment Information Center (EEIC) is a statewide referral service of the Connecticut Department of Higher Education. We are a central source of free information for anyone who has questions about college, careers and job training.

The EEIC hotline operates from 9:00 a.m. to 4:00 p.m. every weekday except holidays. A trained information specialist will either answer your question immediately or direct you to the proper source.

We can tell you about educational offerings at all levels including college, adult, continuing education and job training programs. We also provide career information, such as job descriptions and services designed to help you find a job. We do not collect job listings, but we can tell you where to find them.

Most of the EEIC’s callers are adults looking for retraining or new careers. The EEIC also helps teenagers making college or career decisions, unemployed or dislocated workers exploring job options, adults who have not completed high school, homemakers looking to return to college or the job market, professionals making mid-life career changes, senior citizens wishing to enrich their lives with new knowledge, and employers seeking training programs or recent college graduates.

Call the EEIC toll-free hotline or browse our many publications for useful web sites and other resources.

Guides for Students, Parents and Job Seekers

Career Planning & Management Resources — Finding the right job involves exploring popular guides as well as reference books and websites. This pamphlet presents a comprehensive list of sources.

College Degree Accreditation — Lists sources for verifying the accreditation status of postsecondary programs and institutions, including private occupational schools, colleges and universities.

Course Search Websites — Lists websites for colleges, adult education offices and online degrees for young or adult students looking for credit or non-credit courses.

Financial Aid Resources — Financial websites for all students appear here, including interest-specific sites and community foundations.

Foreign Student Resources — This pamphlet contains information for International students pursuing a degree in the U.S., and students who wish to learn English or obtain a high school equivalency degree.

Health Occupation Training — A comprehensive list of Connecticut training programs in health fields.

Job Lines & Web Sites — Describes major websites to use in searching for employment.

Life After High School — Designed for middle and high school students, this publication lists a variety of websites to use for planning for college, learning about college entrance exams, tips for study skills, applying to college online and financial aid resources. For those embarking on careers, it includes career/interest match sites, career exploration sites for middle and high school students, and career descriptions.

Parent College Prep — This checklist is designed to guide you and your college-bound student through the college application process.

Questions to Ask When Choosing A College — A variety of questions students and parents may want to explore with college admissions officers or while visiting college campuses.

Teach in Connecticut — Information for persons seeking to become certified teachers.

Tuition Aid for Veterans — Information on tuition waivers for veterans.
Small Business Resource Center

165 Church Street, 6th floor
Office Hours: Monday through Friday 9 a.m. and 5 p.m.
(203) 946 - 8387

The SBRC is a “One Stop Shop” where new entrepreneurs and current business owners alike can obtain support and services that will support business start-ups and growth.

In-Person Advising
Our staff is here to work with you on an individual basis. Using our extensive experience, we can provide you with advice, counseling, and technical assistance on everything from how to start or register a business, write a business plan, secure licensing or permitting, pursue local, state, and federal business incentives, find an appropriate business site, and evaluate various financing options. To get started, contact Cathy R. Graves at crgraves@newhavenct.gov. You can also come in to our office on the 6th floor of 165 Church Street any time Monday through Friday between the hours of 9 a.m. and 5 p.m.

Training Modules
The SBRC provides training modules designed for both entrepreneurs and current business owners. To assist you, the SBRC has formed partnerships with local banks, accounting firms, and professional service agencies. These professionals give “guest lectures” to discuss the reality of their fields and what you truly need to succeed. They can also serve as mentors to address specific challenges you face over time, even after the training module has ended.

Overall, the SBRC Training Modules raise the bar of success. By registering for a training module:

- you commit to attending classes over the course of multiple weeks.
- You will benefit from a continuum of learning with each course building upon the previous ones.
- By the time you complete the training module, you will know what you want and how to get it.
- You will not only aspire to greater success, but also have clear steps (and the skills) to achieve it.

We will offer comprehensive programming along the following:

Business Planning and Structure – You will learn how to write a successful business plan and how to start your own business.

Business Basics – This includes choosing a name, learning about types of start-ups, looking at the tax implications of your business, and understanding the legal aspects involved. You will learn how to register and license your business.

Marketing Analysis and Strategy – You will learn how to plan a strategy to reach your target market.

Basic Numbers – You will understand your financial requirements (i.e. budget planning, working with an accountant, understanding your finances).

Getting Financed – You will learn about the different types of financing available to start-ups and existing businesses.

The Web – The internet has become an essential marketing tool. You will learn how to use social media to grow your business.

For more information about how to join the next training module, contact Cathy R. Graves at crgraves@newhavenct.gov and Anna Nieves-Winn at awinn@newhavenct.gov.

Committed to assisting small-, minority-, and women-owned businesses to grow and overcome challenges that may make it more difficult to win public contracts.

The Small Contractor Development Program

165 Church Street, 5th Floor
New Haven, CT 06510
Office Hours: Monday - Friday 9 a.m. - 5 p.m.
Phone: 203-946-8577
Fax: 203-946-8708

The City of New Haven is committed to developing and nurturing a competitive local construction industry which represents New Haven’s ethnic diversity. To ensure equal opportunities for construction and construction-related contractors, and to enable minority- and women-owned firms to overcome a history of disadvantages by providing targeted opportunities and mentoring. The Small Contractor Development Program (SCDP) is part of the City of New Haven’s Department of Economic Development which promotes creating jobs, improving quality of life and driving economic growth.

The SCDP helps small, minority and women owned construction businesses grow and overcome challenges that may make it more difficult to win contracts and work on City of New Haven projects. The program encourages participation and inclusion of small, minority and women-owned businesses in City of New Haven projects by:

- Enforcing Chapter 12 1/4 of the New Haven Code of Ordinances to ensure compliance*.
- Providing information and know how on projects
- Hosting workshops and seminars
- Facilitating special networking events and information sessions
- Targeted assistance for specific project needs
- One-on-one technical assistance in the procurement process
- Connecting registered contractors with greater opportunities

The SCDP program uses a two-pronged strategy to achieve an increase in MBE and WBE contractor participation for public projects that are funded, in whole or part, by city funds or by a developer that has received any type of subsidy from the city. There are currently 141 contractors registered in the program. Since its founding, SCD has assisted more than 1,000 small, woman, and minority firms with contract issues, bid documents, payments, credit, contractor conflicts, and registration.

By setting goals on our projects, SCD ensures that all construction businesses have an equal opportunity to participate in City projects. In addition to goal setting, SCD is committed to ensuring that all projects are complying through real time monitoring and enforcement of M/WBE requirements. The very best business training is doing business. There is no better way for a small, underutilized firm to develop the skills and experience required for bigger jobs than to have a chance to work on smaller projects. City construction and construction-related projects valued over $150,000 are reserved for competitive bidding to registered contractors. Construction contracts valued over $150,000 must demonstrate efforts to achieve a 25% minority subcontractor goal. No bonding requirements for contracts under $100,000 in value. 10% construction contract value is set aside for registered SCDP contractors on school construction. A monthly contractor list is provided on our website which assists prime contractors in locating sub-contractors. Working together, we can develop and nurture a competitive construction industry in the City of New Haven in which successful, efficient contractors who are representative of the City’s ethnic diversity, provide high quality services for the City while offering good wages to their employees and earning profits that enable continuous business expansion and long-term growth.
ENROLLMENT:
The following documentation is needed for eligibility:
- Letter of assistance from Social Services
- Letter from school of enrollment
- Letter of enrollment in a CED or Adult Education Program
- Permanent Resident Card (if applicable)
- Student ID
- Parental, teacher, or guardian signature
- Proof of residence (a piece of mail with name and address on it)
- Social Security Card
- Birth Certificate
- State ID

To qualify you must be:
- A low-income youth
- A child or in an unenrolled parent
- A youth of color
- A youth who is in individual with a disability
- A youth or former foster youth
- Eligible in a CED and Adult Education Program

Enrollment:
Be able to provide documentation proving one of the following:
- Partnership in a technology program
- Willing and able to make a long-term commitment to ther
- Program Enrollment
- An educational high school diploma or GED in Adult Education
- Between the ages of 14-24 on date of enrollment
- A New Haven resident

Eligible applicants must:
- Unemployed
- Low income or
- Aged 16 to 24
- To qualify you must be:

Microsoft PowerPoint Certification
Microsoft Excel Certification
Microsoft Word Certification
Microsoft Office Specialist Certification

The Higher Heights Empowerment Program offers extensive knowledge in all three Office Specialist Certifications and Internships.

The Higher Heights Youth Empowerment Program offers free Microsoft Information Technology Pathway Certification.
JOB CORPS AND VETS: HELPING VETERANS START A NEW CAREER

What is Job Corps?

Transitioning from the military and starting a new career can be challenging. Job Corps can help. At Job Corps, veterans can train for a new and rewarding career alongside other veterans. After training, our staff will work with veterans to find a job for up to 21 months.

Job Corps offers hands-on training to eligible 16- through 24-year-olds in America’s fastest-growing careers. Each year Job Corps provides training and support services to more than 100,000 young people in more than 100 career areas at 123 centers across the nation. No matter where veterans are coming from or where they want to go, there is a Job Corps center nearby.

What does Job Corps offer to veterans?

Veterans receive priority enrollment at all Job Corps centers. While they may attend any Job Corps center in the nation, there are three centers that offer dorm areas exclusively for veterans. They will be living among other veterans who are also transitioning from the military to civilian life. Those centers are:

- Atterbury Job Corps Center in Edinburgh, Indiana
- Earle C. Clements Job Corps Center in Morganfield, Kentucky
- Excelsior Springs Job Corps Center in Excelsior Springs, Missouri

Starting a new career.

One of the program’s biggest benefits is its post-graduate support. When veterans are ready to start looking for a job, staff will work with them to find job openings and submit resumes. Job Corps will help graduates for up to 21 months after graduation to connect with housing, transportation, and other support services.

Want to learn more about Job Corps? Visit us at www.jobcorps.gov.

(800) 733-JOBS
www.jobcorps.gov
Our goal is to afford Veterans the opportunity to return to healthy, productive lifestyles within their own communities.

**The Homeless Veteran Supported Employment Program (HVSEP)** provides vocational assistance, job development and placement, and ongoing supports to improve employment outcomes among homeless Veterans and Veterans at-risk of homelessness. Formerly homeless Veterans who have been trained as Vocational Rehabilitation Specialists (VRSs) provide these services.

**VA's Compensated Work Therapy (CWT) Program** is a national vocational program comprised of three unique programs which assist homeless Veterans in returning to competitive employment: Sheltered Workshop, Transitional Work, and Supported Employment. Veterans in CWT are paid at least the federal or state minimum wage, whichever is higher.

**VA's National Cemetery Administration & Veterans Health Administration** have also formed partnerships at national cemeteries, where formerly homeless Veterans from the CWT program have received work opportunities.

**The Vocational Rehabilitation & Employment (VR&E) VetSuccess Program** assists Veterans with service-connected disabilities to prepare for, find, and keep suitable jobs. Services that may be provided include: comprehensive rehabilitation evaluation to determine abilities, skills, and interests for employment; employment services; assistance finding and keeping a job; and On the Job Training (OJT), apprenticeship, and non-paid work experiences.

For information about possible employment services in their area, Veterans can call the National Call Center for Homeless Veterans hotline at 1-877-4AID-VET. You will be connected to a trained VA staff member. Hotline staff will conduct a brief screen to assess your needs. Homeless Veterans will be connected with the Homeless Program point of contact at the nearest VA facility. Contact information will be requested so staff may follow-up.

**Housing Assistance For Veterans**

Housing assistance for homeless Veterans and their families is available through several federal programs. The U.S. Department of Housing and Urban Development and VA Supportive Housing Program (HUD-VASH) partner to provide permanent, supportive housing and treatment services for homeless Veterans.

HUD allocated nearly 38,000 “Housing Choice” vouchers across the country, which allows Veterans and their families to live in market rate rental housing while VA provides case management services. A housing subsidy is paid to the landlord directly by the local public housing authority on behalf of the participating Veteran. The Veteran then pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. The case management services facilitate the attainment of the Veteran’s recovery goals. The HUD-VASH Program is for the most vulnerable Veterans, and provides special services for women Veterans, those recently returning from combat zones, and Veterans with disabilities.

http://va.gov/HOMELESS/for_homeless_veterans.asp
VA - Errera Community Care Center  (203) 479-8000  
114-152 Boston Post Road, 2nd floor,  West Haven, CT 06516  
http://www.errerarcc.com/  
Over the past two decades, through a steady process of program  
modification and development, VA Connecticut’s Errera Community Care  
Center (“ECCC”) has evolved into one of the leading centers of innovation  
in psychosocial rehabilitation and in the integration of the psychosocial  
and biomedical approaches.  

ECCC serves veterans struggling with mental illness and/ or substance abuse disorders, homelessness,  
and/or aging. At the ECCC, a team of multidisciplinary mental health professionals come together to  
provide an array of community-based rehabilitative programs including day and crisis intervention  
programs, vocational programs, housing programs (ranging from subsidized to non-subsidized, supported  
to non-supported), homeless outreach and advocacy and case management programs.  

Believing in recovery and hope, and utilizing the principles of psychiatric rehabilitation, ECCC staff-  
members partner directly with the veteran being served to identify his or her goals and needs. Recovery  
plans build on the person's strengths and help the individual compensate for the negative effects of the  
psychiatric disability. Services and supports are provided in the community to enhance natural support  
systems, to advance independence, and integration, so that each individual can live and function at  
optimal levels in the least restrictive environment possible.  

Affirmative, non-stigmatizing attitudes about persons with mental illness, framed by an empowerment  
structure serve as the foundation of ECCC psychosocial rehabilitation services. ECCC represents the  
vanguard of the national movement to integrate Peer Specialists into mental health treatment and recovery  
programs. Peer Specialists are health and mental health service consumers who have received peer  
counseling training, and have demonstrated the skill, motivation, and desire to help their peers in a  
supportive and/or counseling role. Most have either suffered from mental or physical illness, substance  
abuse problems, and/or have been homeless. ECCC's eleven Peer Specialists are integrated throughout  
ECCC's programs. In a myriad of ways, they strengthen and enrich those programs.  

People in recovery operate the Veterans Empowerment Committee (VEC). Recipients of services play an  
active role in the day-to-day operations of the ECCC by orienting all new recipients of services, running the  
community lunch program, identifying issues and needs, and advocating and seeking resources to meet  
these needs. Persons in recovery are involved in all aspects of ECCC programming including writing and/or  
co-signing all policies. Persons in recovery also hold direct leadership roles by serving as Community  
Mental Health Advisory Board members who advise and consult to the Chief, Mental Health Care line and  
staff at VA CT. They monitor the services provided, advocate both within the hospital leadership structure  
and within the recovery community on issues important to quality of care, access to care, and resources. In  
addition, recipients of services serve as facilitators for Vet-to-Vet, a consumer designed, run and facilitated  
psycho-educational program which was initiated at the ECCC by Moe Armstrong in early 2002. Meetings  
are both educational and supportive and are led by consumers each weekday. Critical to the full spectrum  
of services provided at the ECCC are the community partnerships that have been established and nurtured  
with a wide range of private industry, charitable and governmental bodies in the region.  

At ECCC veterans are served with innovative, effective, individualized programs to find transitional and  
supportive housing and jobs through a Compensated Work Therapy Program. In addition, staff advocate  
locally and regionally to rectify the overwhelming effects of homelessness, poverty, inadequate resources  
and the stigma of mental illness.  

Evidence of ECCC's recognition as the leader in each of its fields of endeavor is found in the increasing  
number of organizations coming to ECCC to learn, the role its staff plays in education throughout the  
country, how it operates, and how its model can be replicated throughout the nation.  

While the contents of this site have been developed in cooperation with VA personnel, it is not an official site of the Department of Veterans Affairs.
Soldiers’, Sailors’ and Marines’ Fund

Categories: Active Military/Veterans, Income Assistance, Older Adult Programs

The following is summarized from The Soldiers’, Sailors’ and Marines’ Fund web site [http://www.ct.gov/ssmf](http://www.ct.gov/ssmf)

Financial assistance for health and maintenance needs of eligible veterans with an honorable discharge, and their spouses (or widows) and their minor children (ages 0 through 17). The spouse or child must be living with the veteran or living with the veteran at the time of his/her death. Funds can be used for food, clothing, shelter, fuel, utilities, and burial expenses (For hospital care and other medical expenses, veterans should first contact the United States Veterans Administration (VA) to determine if they are eligible for any VA benefits). The Fund is limited by its earnings, so it may not be able to completely meet the veteran’s need.

The fund was created by the Connecticut General Assembly in 1919 and is administered by the American Legion.

WHO IS ELIGIBLE?

- Veteran must demonstrate need
- Must have served in at least one of the armed services, including National Guard and Reserves
- Must reside in Connecticut at the time of application and while in receipt of aid
- Must have honorable discharge
- Must have at least 90 days of active duty service, unless discharged for a service-connected disability, or for the full extent of the conflict in a combat or combat support role if the war campaign or operation lasted less than 90 days.
- Assistance is limited to once in a twelve month period

APPLICABLE DATES OF SERVICE:

- World War I: April 6, 1917-November 11, 1918
- World War II: December 7, 1941-December 31, 1946
- Vietnam Era: February 28, 1961-July 1, 1975
- Persian Gulf Era (a.k.a. Global War on Terrorism, includes Afghanistan, Bosnia, Iraq, Kuwait, Qatar, Saudi Arabia, Somalia): August 2, 1990-Indefinite (Must have been discharged prior to applying for assistance)

OR: Combat or combat support service is required for the following service periods:
(Must have been awarded the Armed Forces Expeditionary Medal.)

- Lebanon: July 1, 1958 to November 1, 1958; and September 29, 1982 to March 30, 1984
- Panama: December 20, 1989-January 31, 1990

HOW TO OBTAIN SERVICE: State office or regional offices will tell callers where to apply for assistance; also, name and address of nearest Fund Representatives may be obtained from the local American Legion Post or the office of the Town or City Clerk, where the names and addresses of the Fund Representatives are registered.
What do you want to do for a living?

"I want to be a ..."

Search careers with key words.

Describe your dream career in a few words:

Examples: doctor, build houses

Search

"I'll know it when I see it."

Browse careers by industry.

There are over 900 career options for you to look at. Find yours in one of these industries:

Administration & Support Services

Browse

"I'm not really sure."

Tell us what you like to do.

Answer questions about the type of work you might enjoy. We'll suggest careers that match your interests and training.

Start

Check out this government sponsored site...it just may help you find that next perfect job or a pathway to learn and prepare for a new career.

Are you a veteran looking for work?

Click on the link to:
My Next Move for Veterans
for help finding a civilian career similar to your military job
Veterans Tuition Waiver

Education & Employment Information Center
Connecticut Office of Financial and Academic Affairs for Higher Education
800/842-0229
www.ctole.org

Under Connecticut state statutes, tuition at Connecticut public colleges and universities may be waived for:

- eligible veterans.
- active members of the Connecticut Army and Air National Guard.
- any Connecticut resident who is a dependent child or a surviving spouse of a member of the Armed Forces killed in action on or after September 11, 2001 who was a Connecticut resident.
- state residents who are dependent children of a person whom the Armed Forces has declared to be either missing in action or a prisoner of war while serving in the Armed Forces after January 1, 1990.

The state tuition waiver also covers the amount of tuition which exceeds the tuition benefit received under the federal 2008 Post-9/11 Veteran Educational Assistance Act.

College costs other than tuition—such as for books, student activity and course fees, parking and room and board—are not waived. When applying for admission or registering for courses, remember to bring a copy of your separation paper (Form DD-214). Note that waivers may be reduced by the amount of education reimbursement you receive from your employer.

This guide, prepared by the Education & Employment Information Center (EEIC), contains general information on waivers for veterans. As procedures vary across Connecticut campuses, you should contact colleges directly for more details. National Guard members also may contact their Education Service Officer. To learn about other types of college financial aid, contact the EEIC, a statewide clearinghouse on learning and career opportunities operated by the Connecticut Office of Financial and Academic Affairs for Higher Education.

General Information

University of Connecticut
To qualify for a tuition waiver at UConn, veterans must be admitted to an undergraduate or a graduate degree program. The tuition waiver also applies toward UConn’s BGS and MBA programs. Extension Fund courses (courses paid for from student fees)—such as summer, intersession and non-credit courses—do not qualify for the waiver.

Connecticut State University
Veterans accepted for admission to Central, Eastern, Southern or Western Connecticut State University must be formally admitted for undergraduate or graduate study to receive the 100% tuition waiver for credit courses, although they do not have to declare a major initially. A 50% course fee waiver is offered for Extension Fund courses (summer and intersession credit courses).

Community Colleges
The 12 Community Colleges waive tuition for full- or part-time credit study funded through the state’s General Fund. The waiver, however, cannot be applied toward summer, intersession or non-credit Extension Fund courses.

Charter Oak State College offers a 50% course fee waiver for eligible veterans who are matriculated.

How to Qualify

To be eligible at a public college or university, veterans must:

- be honorably discharged or released under honorable conditions from active service in the U.S. Armed Forces (U.S. Army, Navy, Marine Corps, Air Force and Coast Guard). National Guard members, activated under Title 10 of the United States Code, also are included.
- have served at least 90 or more cumulative days active duty in time of war (see Periods of Service) except if separated from service earlier because of a federal Department of Veterans Affairs (VA) rated service-connected disability; or the war, campaign or operation lasted less than 90 days and service was for the duration.
- be accepted for admission at a Connecticut public college or university.
- be domiciled in Connecticut at the time of acceptance, which includes domicile for less than one year.

Periods of Service

Only those who “performed service” in the following manner may qualify:

- Active duty for at least 90 or more consecutive days during:
  - World War II — December 7, 1941 to December 31, 1946
  - Korean Conflict — June 27, 1950 to January 31, 1955
  - Vietnam Era — February 28, 1961 to July 1, 1975
  - Persian Gulf War — August 2, 1990 until an ending date prescribed by Presidential proclamation or by law (no end date at this time).
  - All military war service subsequent to August 2, 1990 is covered, including but not limited to, Enduring Freedom, Noble Eagle, Iraqi Freedom, Somalia and Bosnian.

- Engaged in combat or in a combat-support role in:
  - Lebanon — July 1, 1958 to November 1, 1958 or September 29, 1982 to March 30, 1984
  - Grenada — October 25, 1983 to December 15, 1983
  - Operation Earnest Will — July 24, 1987 to August 1, 1990
  - (escort of Kuwaiti oil tankers flying the U.S. flag in the Persian Gulf)
  - Panama — December 20, 1989 to January 31, 1990

Service in time of war does not include time spent attending a military service academy. Reservists must be mobilized in time of war for other than training purposes.

Other Sources of Financial Aid

The federal government offers education and training assistance for veterans and their dependents. For information on GI Bill Benefits offered through the U.S. Department of Veterans Affairs, including the Yellow Ribbon Program, contact the VA Education Customer Service: 888/442-4551 or www.gibill.va.gov.

Current and retired servicepersons interested in teaching careers should contact Troops to Teachers (888/463-6488, www.newenglandtt.org) for eligibility requirements and applications.

The Entrepreneurship Bootcamp for Veterans with Disabilities (EVB), (http://whitman.syr.edu/evb/) is a privately-funded initiative which offers free small business management and entrepreneurial training to post-9/11 veterans with service-connected disabilities at the University of Connecticut.

Active duty military personnel stationed in Connecticut, including spouses and dependents, are eligible for in-state tuition.

The Connecticut Technical High School (www.cttech.org) offers tuition waivers for eligible veterans in adult vocational training programs.
1-4152 Boston Post Road, West Haven, CT
Enera Community Care Center
Drop-in: (585) 393-7755 (24/7)

VA National Homeless Veteran Holding
(203) 710-4529 (during business hours)

VA Connecticut Homeless Veteran Holding:

Call: mental health care & many other services.

VA Connecticut can connect you to permanent housing.

For more information on Veterans Services: Call 211.

Resources and Referral Center

If you know of a veteran in need of housing, please visit the CT Heroes Project or call the Connecticut Coalition to End Homelessness to refer veterans to local organizations.

Recent federal funding has enabled Connecticut to offer housing assistance for homeless veterans.

**For donation of volunteer information, please call (203) 331-9989.**

- Socks for the Homeless Program: Distributing new, warm socks & gloves, socks, & shoes are available.
- Dulbe Medical Equipment Room: In cooperation with the Wellness Team of our
- Nursing
- Funding Exchange: If you need donations, please contact with us.
- Christmas Tree, Edible, Food Distribution Program: Holiday Food Baskets
- Fuel, Rent & Educational Tuition Assistance
- Special Resources and Referral Center

Program at the VA Connecticut Community House, Family Resource Center, West Haven
- Equipment Bank: The first in West Haven, supports braille, large print reading,
- Emergency Homelessness Program: Helps connect clients with community
- Food Pantry: Supports Ariel’s Soup Kitchen at the First Congregational Church
- Clothes Closet: Provides secondhand clothing in a store-like environment

Empowerment and Direct Service—The Beacon provides the following services to

Guided by the four pillars of Catholic Social Teaching—Education, Advocacy,
694 Jones Hill Road
West Haven, CT 06516

**The Beacon**
203-931-9989.
Social Services Block Grant (SSBG) Case Management

The Social Services Block Grant (SSBG) Case Management program is administered by the Connecticut Association for Community Action, Inc. (CAFCA) with funding provided by the Connecticut Department of Social Services (DSS). SSBG Case Management services are services or activities that help individuals and families meet their needs. All services are free. These services are available to anyone who may need them.

Who benefits?

- People who are under or unemployed
- People who need help applying for social services
- People who need referrals to basic needs, treatment, health, and shelter services
- People in need of job search assistance or who need help identifying job training and educational opportunities

Who is eligible?

- Connecticut residents at least 18 years old
- Single adults
- Families with at least 1 child under 18 living with you
- There are income guidelines. A SSBG case manager will verify your income during your first appointment

What can SSBG help with?

- Food and nutrition
- Application completion
- Goal planning
- Housing information and assistance
- Referrals to other services
- Transportation assistance
- Help finding education or training opportunities
- Job search and resume writing
- Money management and budgeting

**PLEASE NOTE ACCESS TO SSBG RESOURCES DEPENDANT ON ENROLLMENT IN CASE MANAGEMENT SERVICES AND DETERMINED BY CAANH, Inc.**
To access shelter and housing resources call 2-1-1.
*Effective Monday, January 26, 2015*

Connecticut's Coordinated Entry guidelines now require that everyone seeking emergency shelter and housing go through the state's 2-1-1 system.

Community professionals, including educational, judicial, medical, and social service staff, should assist those who cannot call without help, by calling 2-1-1 with them.

After dialing, select option 3, and then option 1, to reach trained Housing Specialists. A 2-1-1 Housing Specialist will perform an initial assessment, make referrals as needed to help avoid homelessness and, when appropriate, schedule a community-level appointment with one of our designated case managers. This does not guarantee immediate shelter or housing placement. However, we will seek to access all available resources for each household through this process.

If you cannot dial 211 from your phone, dial 1-800-203-1234.

*In times of extreme weather, please seek shelter immediately.

*First-come, first-serve MALE walk-ins are still accepted at Emergency Shelter Management Services (645 Grand Avenue, New Haven) and the Columbus House Winter Overflow (232 Cedar Street, New Haven).

*Our new Overnight Warming Center will accept male and female adults from January 15th to March 15th. The hours are 10:30 PM to 6:00 AM at Church on the Rock (95 Hamilton Street, New Haven, CT).
LIBERTY SAFE HAVEN DAY PROGRAM

The Day Program located at Liberty Safe Haven offers a place for homeless individuals to spend their day and gain access to important support services. Open to individuals who are homeless and confronting chronic illness, mental illness or addiction, the Day Program fills a critical need for many people in our community.

The services offered include counseling, referral to community resources, help with job searches, laundry room access, shower and bath facilities, and transportation to medical appointments.

A community room is available, with television, a library, meals and coffee.

The program also offers an on-site computer center, with classes for all levels of experience. Users are taught computer skills, both for personal use and to give them knowledge and experience that will help them in today's job market. Participants also have telephone access, and are given individual voice mail accounts. This combination of computer access, phone access, voice mail and email are important to finding a job or making medical appointments, and they help participants to remain connected with the community.

The hours of operation for the Safe Haven Day Program are Mondays through Fridays from 8:30 am to 3:30 pm.

Please call (203) 495-1770 for more information or to schedule an intake.
Are you a Caregiver?

Nos Cuidadores ¿eres un cuidador?
The State of Connecticut passed legislation to assist homeless persons who are residents of authorized shelters or transitional housing programs in obtaining a State of Connecticut Department of Motor Vehicles issued non-driver photo identification:

Sec. 1-1h. Identity cards. (a) Any person who does not possess a valid motor vehicle operator's license may apply to the Department of Motor Vehicles for an identity card. The application for an identity card shall be accompanied by the birth certificate of the applicant or a certificate of identification of the applicant issued and authorized for such use by the Department of Correction. Such application shall include: (1) The applicant's name; (2) the applicant's address; (3) whether the address is permanent or temporary; (4) the applicant's date of birth; (5) notice to the applicant that false statements on such application are punishable under section 53a-157b; and (6) such other pertinent information as the Commissioner of Motor Vehicles deems necessary. A fee of twenty-two dollars and fifty cents shall be paid to the department upon issuance to the applicant of an identity card which contains a picture of the applicant and specifies the applicant's height, sex and eye color. The applicant shall sign the application in the presence of an official of the department. The commissioner may waive the fee for any applicant who has voluntarily surrendered such applicant's motor vehicle operator's license or whose license has been refused by the commissioner pursuant to subdivision (4) of subsection (e) of section 14-36. The commissioner may waive the fee for any applicant who is a resident of a homeless shelter or other facility for homeless persons. The commissioner shall adopt regulations, in accordance with the provisions of chapter 54, to establish the procedure and qualifications for the issuance of an identity card to any such homeless applicant.

(b) An identity card shall expire within a period not exceeding six years from the date of issuance of such card. Each such card shall indicate its date of expiration. Any person who holds an identity card shall be notified by the commissioner before its expiration and may renew such card in such manner as the commissioner shall prescribe upon payment of a fee of twenty-two dollars and fifty cents.

(c) A distinctive identity card shall be issued to any applicant less than twenty-one years of age. The identity card shall contain a statement that it is issued subject to the same verification of the applicant's identity as required for the issuance of a motor vehicle operator's license. The card may thereafter be exhibited to establish the age and identity of the person to whom it was issued.

(d) The Commissioner of Motor Vehicles, in consultation with the Liquor Control Commission, shall adopt regulations in accordance with the provisions of chapter 54 to carry out the purposes of this section and section 30-86.

(e) Any person who misrepresents his age or practices any other deceit in the procurement of an identity card, or uses or exhibits an identity card belonging to any other person, shall be fined not more than fifty dollars or imprisoned not more than thirty days or both.

******************************************************************************************************************

Under this program the DMV waives the normal application fee one time within the 6 year life of an ID cards expiration – and only when the shelter or transitional housing program staff completes the proper form (DMV form B-230) accompanied by required documentation.

Talk to your shelter / transitional housing case manager about receiving this assistance.
Know Yourself by Larka Herford www.essentiallifeskills.net

To know yourself is your first priority.

How can you set goals, go about life, and have relationships if you don't know who you are or what you want?

You really can't.

To not know yourself leads to confusion and wasting much time in hit and miss situations.

We tend to underestimate the importance of knowing ourselves. Many of us go through each day reacting to events and just getting by rather than making conscious choices based on who we are and what we want.

When we don't know where we are headed it's hard to set goals, get motivated and determine the best course of action. Before we can do any of these things we must establish who we are.

To know yourself:

- Be aware of your strengths, weaknesses, likes and dislikes
- Observe and be aware of your moods, reactions and responses to what is happening around you
- Become aware of how these moods and emotions affect your state of mind
- Examine how you interact with others
- Observe how your environment affects you

Knowing and understanding yourself better, in turn, leads to better decision making, setting and reaching appropriate goals and altogether living more productively.

There are many interesting personality tests and evaluations for self-discovery that can help you become more in tune to yourself and are fun to do.

Two powerful tools I found exceptionally helpful are:

The Myers-Briggs Type Indicator [MBTI] (http://www.myersbriggs.org)

The Enneagram (http://www.enneagraminstitute.com/)

Not only do these tools help you understand yourself better and what drives some of your behaviors, they also help you understand and get along better with others.

NOTE

The above information is taken as found from the Internet.

Anyone reading these materials is encouraged to discuss them and the ideas they relate with professionals they may be under formal treatments or helpful service.
Why Citizenship? The stigma of having lived with multiple experiences with mental health, trauma, co-occurring substance abuse, and having involvement in the criminal justice system, has led to many feeling and being seen as outsiders or second class citizens.

The Citizens Project started over 12 years ago to address these concerns of community disconnection. The project was inspired and developed from the research of Drs. Michael Rowe & Madelon Baranoski, and people in recovery. Dr. Rowe defines Citizenship as a person’s strong connection to the “5 R’s”: Rights, Roles, Responsibilities, Resources and Relationships that a healthy society makes available to its members through public and social institutions and through associations with others. The vision of the Citizens Project is for All to have a full and meaningful citizenship!

Project Components: As a student of the Citizens Project, Individuals participate in a co-learning process; learning from each other. Classes (sample of the 24 classes)
- Relationship Building
- Negotiating the Criminal Justice System
- Advocacy & Leadership
- Career—Educational and Vocational Development
- Public Speaking
- Housing Options and Issues
- Communication 101
- Healthy Alternatives

Classes are held twice a week (Tuesdays and Thursdays 2-4:30pm)

Mutual Support Group

The “What’s Up?” Group is an opportunity for students to share successes, provide support, and offer feedback around challenges. What’s Up? is a mutual support group facilitated by the students.

Valued Role Projects

Individual or group community projects inspired by students’ passions, knowledge and experiences.

Who Can Enroll as a Student? Anyone who...
- Is 18 years or older
- Is a resident in the Greater New Haven area for the duration of the 6 month project
- Receives care/follow-up for mental health or co-occurring mental health and substance use
- Has had involvement in the criminal justice system (arrest, probation, parole or incarceration) within the past 3 years
- Is interested in learning and sharing with others
- Will commit to a 6-month project that meets twice a week

ALL can engage with the Citizens Project:

Ideas for classes that may enhance the Citizenship experience?

Community projects that the students can collaborate on?

If so, Please contact the Project Director

What’s in it for me? Classes on rights, responsibilities, relationships, roles and re-sources for individual and community enhancement. A mutual support group called: “What’s Up?” Peer Support in the classes and the community with a person in recovery with “similar” life experiences Individual or group community projects inspired by students’ knowledge, passion and experiences Ten (10S) Stipend for each class you attend Weekly social networking activity Certificate of Completion and Graduation Ceremony at City Hall
MCCA offers outpatient treatment services through individual, group and family therapy.

Clients are able to participate in a variety of programs such as intensive outpatient, relapse prevention, early intervention, women’s and men’s services and Latino outpatient. Through these supportive therapies clients are able to recognize triggers and destructive behavior and begin to create the positive changes leading to the well-being created by a healthier lifestyle.

Family education and therapy is also available and covers the many issues family members must cope with when dealing with a family member suffering from an addiction or mental illness.

Our objective is to accommodate clients by allowing them to remain in the home and be able to work or attend school while in treatment. Most programs and counselors are available curing evening hours.

Services include:
- Evaluations and assessments
- Individual, group and family therapy
- Education and treatment for family members and significant others
- Relapse prevention groups
- Gender and age specific services
- Continuing care and referral services

Specialized Groups
- Intensive Outpatient Program
- Anger management
- Gender specific trauma group
- Dialectical Behavior Therapy (DBT)
- Co-occurring Groups
- Ongoing Maintenance
- Suboxone group
- Problem gambling group
- Mommy and Me

Outpatient Treatment for:
- Substance Abuse
- Mental Health/Co-occurring Disorders
- Better Choice Gambling Program
- Latino Outreach

Open Access at all of MCCA locations
There is no need to wait weeks for an appointment, simply walk-in. If you are not seen on that day, you will definitely walk out with a scheduled appointment. Please note, clients will be seen on a first come, first serve basis

MCCA offers walk-in day hours in our New Haven facility on
Tuesdays from 8:30am to 12pm for all clients in need of an outpatient evaluation.

If you prefer to schedule your appointment by phone, call our scheduling department at 877-874-6222 between the hours of 8am and 8:30pm to make a reservation for an appointment

On your appointment day - please arrive 15 minutes early to complete paperwork

MCCA participates in the Connecticut General Assistance Behavioral Health Program
For your convenience, we accept cash, checks and most major credit cards.
MCCA participates in many managed care plans, and we also accept traditional insurance.
Some insurance plans may require that you obtain authorization from them before you visit us. Since this differs by plan, please check with your insurance company so you may receive complete benefits from your coverage.
Many insurance plans require that you make a co-payment at the time of your visit.

MCCA is recognized by the Internal Revenue Service as a 501(c) 3 non-profit community-based organization.
MCCA 38 Old Ridgebury Road, Danbury, CT 06810  877.874.6222
The Village of POWER is a program that provides services to women struggling with substance abuse, homelessness, mental health challenges or HIV/AIDS.

In conjunction with Northside Community Outpatient Services, the program offers groups specializing in employment readiness, medical and psychiatric wellness, household management, spirituality, parenting and emotions management.

Clients are encouraged to utilize the program daily and for as long as they need assistance. Growing through Sewing is one of the recovery programs offered at the Village of POWER. Recovery principles are reinforced through this program including patience, concentration, problem solving, working as a team and stress management.

The Village of POWER is open for all referrals. Call (203) 503-3484.
226 Dixwell Avenue, New Haven, CT 06511 • Monday – Friday 9:00 am – 5:00 pm
Anxiety Reduction Group

Worried? Stressed out? Feeling anxious?

Join this group to:
- Learn about anxiety, including where it comes from, how to feel more in control and how small changes can make a big difference
- Learn more about the mind/body connection
- Learn how you can lead a more relaxed life

Group meets Wednesdays at 10:00 am
Cornell Scott-Hill Health Center
State Street Counseling Services
913 State Street, 2nd floor, New Haven, CT
In the large group room
Call 203-503-3663 for more information.
Group led by Jessica Sinchak, LPC

Relapse Prevention

An outpatient group for adults recovering from substance use disorders in a safe and supportive environment

You're encouraged to attend if:
- You are enrolled in treatment at the health center's State Street Counseling Services
- You are considering, trying to, or have entered the recovery process
- You need additional support to assist in preventing relapse

The group will focus on:
Triggers to Alcohol & Drug Use, Relapse Prevention, Building Coping Skills and Enhancing Strengths

Group meets Tuesdays from 11:00 am–12:00 pm
Cornell Scott-Hill Health Center
State Street Counseling Services
Large Group Room
913 State Street, New Haven, CT
To join, talk to your therapist and ask for a referral or call:
Katherine Renda, MSW at 203-503-3668
A Statewide No Cost Transportation Service

RIDES TO AND FROM
Sober Houses | Recovery Houses | Shelters | Detoxification Facilities
Treatment Programs | Hospitals

Road to Recovery staff will respond to completed applications.
Once eligibility is confirmed, rides can be arranged within hours, sometimes the same day.
Transportation is available state wide, Monday through Friday, from 8 am to 5 pm.
Participants must be active Husky D recipients, receiving no cash assistance.
No fees are charged to participating agencies or the eligible riders.
Road to Recovery will discuss fee for service for ineligible riders.

For more information call:
Edna Brown. Road to Recovery at (203)401-2087.
Applications can be faxed to (203)401-2086 or scanned and e-mailed to
roadtorecovery@columbushouse.org.

A program of Columbus House funded by
The CT Department of Mental Health and Addiction Services
&
Advanced Behavioral Health.
HOW TO DEAL WITH ANGER IN YOURSELF
Not by ignoring or suppressing it. Experience and science have shown repeatedly how poorly those strategies work. Once anger rises past a certain point, it seems to require satisfactory expression to be diffused. That is, it must be expelled in a way that feels good—in a way that is literally emptying. The goal then would be to expel it in a way that does as little damage as possible. How one does this depends on why the anger one feels is rising in the first place. Anger aimed at harming oneself. Depression is almost certainly the cause and should be identified and treated. Anger aimed at achieving control. Ask yourself why you feel out of control. Fear is a common reason. Actually lacking control is another. Anger is, fortunately or unfortunately, often a good strategy to regain control in the short-term, and easier to feel than many of the emotions that trigger it. But as it ultimately remains an expression of our unfulfilled need to control (if we actually had control, we wouldn’t get angry), far better to identify a means to actually provide us real control rather than the illusion of it. When such control isn’t possible, a next best option is to fully recognize what feelings being out of control leads to first, before anger: fear and uncertainty. If we can identify those feelings each time they arise, we at least have a chance to deal more constructively with them—or at least more consciously.

Anger aimed to make us feel powerful. Control isn’t exactly the issue here. It’s more that we feel small and insecure and have stumbled upon anger as an effective means to feel bigger than those around us. Recognizing this is what’s going on empowers us again to interrupt the generation of anger and instead to deal with the feelings of insecurity. Anger that arises from insecurity is particularly efficient at destroying intimate relationships.

Anger at injustice. How best to discharge this anger? Take action to correct the injustice, whether committed against yourself or someone else.

Of course, anger may arise for more than one of these reasons at one time. Anger at an injustice committed against you (as opposed to someone else) may intermingle with anger aimed at achieving control (as an expression of a wish for control that could have prevented the injustice from being committed in the first place). Anger aimed at yourself for being powerless in a given situation may intermingle with anger at someone else as a way to achieve the very power you lack.

HOW TO DIFFUSE ANGER IN OTHERS
The goal here is two-fold, your ability to carry out the second being dependent on your ability to carry out the first:

Remain in control of yourself. When you find yourself on the receiving end of someone’s anger, they’re either trying to control you in some way or make you feel small so they can feel big. Or you’ve done them some kind of wrong. You should seek to understand which of the three it is. You must tell yourself that anger is their strategy and has nothing to do with you at all, unless of course you really have committed an injustice against them, in which case you should make amends.

Help them discharge their anger in a way that feels satisfying without causing harm. Responding to anger with anger rarely accomplishes anything positive. If you remain in control of yourself so that another’s anger neither manipulates you nor makes you feel small, you have a chance to help them deal with the real issue that triggered their anger in the first place. What tactics work to accomplish this?

Validate their anger. Resisting a person’s anger, getting angry back at them, denying that their anger is justified all do nothing more than inflame it. Even if their anger isn’t justified in your mind, what would convincing them of that accomplish? It likely wouldn’t give them control over it. Feelings require no justification to be felt.

Apoloize. I told my patient how sorry I was he had such an unpleasant experience. It wasn’t my fault, but in commiserating with him, I was able to validate his anger.

Help turn their anger into language. Get them to express in words, rather than in harmful action, just how angry they are. This is often an effective way to help them discharge their anger in a way that feels satisfying. Get angry with them. Get even angrier than they are. Transform yourself from the object of their anger into their partner in feeling the same anger as they.

Though buried deeply, fear was the obvious cause of my patient’s anger, an emotion with which I could far more easily sympathize. As he’d already calmed down by the time he came to see me (he’d satisfactorily discharged a lot of his anger already over the phone), I spent most of my time validating his anger and attempting to address its underlying cause. He never would acknowledge he was afraid, however, which made me worry there would be similar future outbursts (there were), but having fully apprehended its cause, his anger never again intimidated me. He was ultimately diagnosed with lymphoma, endured several cycles of chemotherapy, and was eventually cured. Of his lymphoma, that is.
Mission Statement
To help adults who have a mental illness lead more meaningful, fulfilling and healthy lives by offering resources, education and opportunity.

Value Statement
1. Fellowship Place serves and supports adults in their efforts to overcome the challenges of living with mental illness.

2. Fellowship Place welcomes, accepts and values the contributions of the people it serves, treating them with dignity and respect.

3. Fellowship Place provides a safe environment for the people it serves so that they can challenge themselves and exceed their own expectations.

4. Fellowship Place effectively serves its constituents through staff commitment and expertise.

5. Fellowship Place works to eliminate the stigma associated with mental illness, and it promotes the acceptance and integration of people with mental illness into the broader community.

6. Fellowship Place partners with other organizations to meet the needs of the people it serves.

Please visit us at www.fellowshipplace.org to learn more about the Career Development Program.

Follow Us Online:
facebook.com/FellowshipplaceInc
twitter.com/FellowshipPlce
www. fellowshipplace.org

441 Elm Street, New Haven, CT 06511
(203) 401-4227
www.fellowshipplace.org
Supported Employment Program

Workshops on how to get, keep, and maintain employment
- Job supports
- Bus passes until the first paycheck
- Job placement
- Background checks
- Licenses/certifications required for a job
- Payment for a driver's license or other

Training
- Online virtual simulation job interview
- Resume workshop and critique by a community employer
- Mock interviews with local employers
- Help with employer needs
- Interview skills and interview with job matching based on matching clients
- Skills assessment with Career Ready 101
- Interview clothes
- Vocational counseling

Services & Supports Include:

- Employment preparation workshops
- Assistance obtaining Serviceto save
- Career development
- On-site GED classes
- Academic counseling and assessment
- Literacy tutoring
- On-site GED classes
- Education support group
- Education programs
- Assistance enrolling in post-secondary
- Academic counseling and assessment
- Literacy tutoring
- Academic counseling and assessment

Supports Include:

- Assistance finding a volunteer position
- Communication with employers
- Assistance obtaining a license
- Assistance getting an academic
- Assistance completing FAFSA and scholarships
- Disability services on campus
- Assistance with accomodation and connected with academic
- Training
- Community education
- vocational counseling
- Academic counseling and assessment
- Literacy tutoring
- Academic counseling and assessment

Community

Annual Education Fair open to the
Applying for scholarships
Assistance completing FAFSA and scholarships
Disability services on campus
Assistance with accommodation and connected with academic
Attendance
Academic readiness on-line with CAREER
Education support group
Education programs
Assistance enrolling in post-secondary
Literacy tutoring
Academic counseling and assessment
On-site GED classes

Programs Include:

- Certification assistance
- Assistance getting a license
- Employment preparation workshops
- On-site GED classes
- Literacy tutoring
- Academic counseling and assessment
- Literacy tutoring
- Academic counseling and assessment
- Literacy tutoring
- Academic counseling and assessment
- Literacy tutoring
The Taking Initiative Center

The Taking Initiative Center is a place to foster dialogue about what the next steps may be for recovery. It is also a place where people can safely talk with their peers, consult with counselors, and just get away from their normal daily routine. Individuals can make use of the free computers, recovery groups, meals, and extensive literature.

Access to Treatment

If immediate transportation to treatment is needed the staff will assist you with getting there.

Eligibility Requirements

Interested people must be residing in New Haven, are currently not actively involved in the service system or in treatment, and who have not had success with previous recovery strategies.

People will be screened for DMHAS eligibility.

What are you doing today?

The Taking Initiative Center (TIC) is a safe place for individuals from New Haven who are using drugs, drinking, trying to stop using, or in early recovery from addictions or alcoholism.

- We serve breakfast until 10:00AM and lunch in the afternoon.
- We offer optional groups daily: meditation, plan for the day, recovery and education.
- Three computers are available for client use.
- We have two telephones for making local calls.
- We provide a safe and comfortable space to play games, watch television or educational movies, read, chat, and relax.
- Washer, dryer and a shower may be available upon first visit.
- Monday—Friday we offer rides from Columbus House to TIC at 9 AM and from TIC to select New Haven program sites at 3 PM.
- We will assist you in obtaining services that may benefit you.
- We are not a treatment center, but we will assist you in finding one if you want.

Your confidentiality is respected and protected.
People Who've Been There
Helping
People Who Are There

Life Support

Through both direct scholarships and scholarship facilitation, program members can attend New Haven Environmental Protectors, Gateway Community College and/or ATEC for the following training programs:

- Construction w/OSHA, RRP, Hilti, & Weatherization
- Intro to HVAC w/EPA
- Business/Office Assist
- Bookkeeping
- Medical Assistance
- ServSafe Food Service
- Desktop Publishing w/Adobe Creative Suite
- CNC
- Blueprint Drafting w/AutoCAD
- Computer Repair w/Comptia

How We Help

A program that combines vocational training, behavioral therapy and help in general, what sets Life Support apart is that all group facilitators have been where you are.

The rationale behind the program is that every individual is responsible for his or own success. Therefore, the nature of our support is to assist with immediate needs while empowering people to recognize their own potential and take responsibility for it.

Examples of Participant Benefits Can Include:

- Assistance w/Childcare Costs
- Dream Achievement Planning
- Bus Passes
- Person Specific Needs

- Housing/Rental Assistance
- Scholarships for Vocational Training
- Gift Cards
- The Cost of DMV Identification

(203) 626-1JOB
Community Choices
WE CAN HELP!

Your community choices are made possible by an administration on Aging through the State of Connecticut.

Friday 8:30 a.m. to 5 p.m.

Take a moment throughout your day to assist you Monday through Friday. Our specially trained staff will be happy to assist you. A wide range of resources will be available to you, including the following:

- Nutrition
- Transportation
- In-Home Services
- Mental Health/Substance Abuse
- Legal Services
- Elder Abuse Prevention
- Employment/Financial Assistance
- Disability Services
- Adult Day Care

Community Choices serves the following towns and cities in Connecticut:

- West Haven and Woodbridge
- Orange
- New Haven
- Woodbridge
- Milford
- Madison
- West Haven
- Guilford
- Hamden
- New Haven

Community Choices is your front line of information. We are here to assist you with disabilities and access to essential services.

Visit our office:

CT Center for Disability Rights
Center for Disability Rights
307 Main Street, 3rd Floor
Woodbridge, CT 06525

Tel: (203) 344-4070
Fax: (203) 344-4079

www.ctcdrr.org

CONTACT US:

Email: info@ctcdrr.org

Office: 764 Campbell Avenue
West Haven, CT 06516

Copyright © 2014 CT Center for Disability Rights.. All rights reserved.

Removal of Barriers, Inclusion of People.
Where do you start?

Contact the Bureau of Rehabilitation Services (BRS) office nearest to your home to apply for services. If you are younger than 18 years old, your parent or guardian will have to be involved in the process. You will be asked to provide information about your disability, your education and any work or volunteer opportunities you may have had. When necessary, you may be asked to participate in medical, psychiatric, psychological or other evaluations that will be paid for by BRS.

Talk to a professional

A Vocational Rehabilitation (VR) counselor will explain how our process works and answer any questions you may have. Once you make the decision to apply for services the counselor has up to 60 days to determine if you are eligible.

Our expertise, your plan

If you are eligible for VR services, you will work with a BRS counselor to develop an Individualized Plan for Employment (IPE). Your IPE will identify your vocational goal, what steps are needed to help you achieve your goal and who is responsible for each step. Both you and your counselor will reach an agreement on your IPE services and take actions toward completing each service of the IPE.

BRS @ work

BRS provides individualized services to help you find employment that best matches your interests, values, personality and abilities. Services are provided based on the current job market and availability of funds. All services must be pre-authorized by your BRS counselor.

BRS may provide a full range of services, in any combination, that best fit your needs, including:

- Vocational counseling
- Benefits counseling
- Job search assistance
- School-to-work transition services
- Skills training and career education in college and/or vocational schools
- On-the-job training in business and industry
- Assistive technology services such as adaptive equipment for mobility, communication and work activities
- Vehicle and home modification
- Supported employment services
- Services to assist in restoring or improving a physical and/or mental impairment
- Nursing home transition services
- Help accessing other programs and services

Your counselor will explain when BRS will pay for part or all of a service. We will also help you find other resources including financial aid, medical insurance and your own finances.

Important factors that impact eligibility

- If you receive Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI), you may be presumed eligible for VR services. Our benefits specialists are here to help you understand how work can affect your benefits.
- Individuals with the most significant disabilities may receive services on a priority basis called the Order of Selection.
- If your disability is not found to be “significant,” you may not be eligible for services. If this occurs, you may be added to a waiting list and be given other potential options for assistance. More help if you need it.

The Client Assistance Program (CAP) can provide advice, advocacy and legal information regarding BRS. CAP is located at: The Office of Protection and Advocacy (P&A) 60-B Weston Street, Hartford, CT 06120 Phone: 1-800-842-7303 (toll-free) or 860-297-4326 (statewide).
Are you Receiving Benefits and Interested in Working? Check out the...

Ticket to Work Program

http://www.ssa.gov/work/receivingbenefits.html

If you are interested in working, the Ticket to Work Program is the key to unlocking vocational rehabilitation, training, job referrals, and other ongoing support and services to help you reach your employment goals. The program is available for people who are between the ages of 18 and 65 and receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) benefits because they are disabled or blind.

Work Incentive Liaisons (WIL)
Each local Social Security Administration (SSA) office has a Work Incentive Liaison (WIL) who provides advice and information about SSA’s work incentive provisions and employment support programs to individuals with disabilities and outside organizations that serve those with disabilities. Contact your local SSA office for the name and telephone number of this Work incentive Liaison.

What are the advantages of using the Ticket and Work Incentives?
While you are actively participating in the Ticket to Work program, you can get the help you need to find the job that is right for you and you can safely explore your work options without losing your benefits.

- You can easily return to benefits if you have to stop working (known as “expedited reinstatement of benefits”);
- You can continue to receive healthcare benefits; and
- You will not receive a medical continuing disability review (CDR) while using your Ticket.
APNH is now providing a Medication Treatment Adherence program

For HIV+ clients who are having difficulty with medication compliance, APNH is now offering a program to support medication management and disease education.

- Infectious disease Registered Nurse will provide medication management and assist with medication compliance
- The Program is Client Centered and Compliance Focused
- An experienced RN will meet with clients in office or at the clients preferred setting to provide medication management and/or general disease education
- Services include pharmacy setup, medication reconciliation, support & referrals
- Comprehensive approach to help patients achieve & maintain an undetectable Viral load & optimal health

CONTACT: Mary Giannotti, BSN, RN
AIDS Project New Haven
1302 Chapel St., New Haven, CT 06511
Phone: (475) 441-7033 or (203) 624-0947 ext. 242
Fax: (203) 401-4457
Email: mary.giannotti@apnh.org
MY LIFE, MY HOME, MY CHOICE

PURPOSE OF LEEWAY'S COMMUNITY LIVING MODEL:
To support personalized positive change for individuals living with multiple chronic conditions by integrating health and wellness support/services in the community.

ARE YOU OR SOMEONE YOU KNOW STRUGGLING WITH ALCOHOL/DRUG ADDICTION?

ARE YOU OR SOMEONE YOU KNOW FEELING HOPELESS?

ARE YOU OR SOMEONE YOU KNOW IN NEED OF BEHAVIORAL HEALTH RESOURCES?

RECOVERY COACH CAN BE THE ANSWER...

What is a Recovery Coach?

A Recovery Coach is someone interested in promoting recovery by assisting individuals to identity and overcome barriers to recovery. A Recovery Coach can help individuals find resources to make positive changes in their life, with the environment, health, and personal self. The individual will define their own personal recovery goals and The Recovery Coach lend support.

ROLES OF RECOVERY COACH

A MOTIVATOR, ENCOURAGES, AND CELEBRATES.

Create Wellness Plan with Personal Goals

Trustworthy and Caring

Actively Listener

Friend and Companion

Link to Resources in Community with Personal Goals

Provides Helpful Information and Offers Suggestions

Connect Individuals with Recovery Support

Assist in Problem Solving with Wellness Plan

Please Email or Call: Valencia Cook RC
vcook@leeway.net 203.980.1582
School of Dental Medicine... care for recipients of DSS Husky plans
263 Farmington Avenue, Farmington, Connecticut 06030 U.S.A.
For information or schedule an appointment please call UConnLink at 800-535-6232
UConnLink on-line:  https://appointments.uchc.edu/index.aspx

Hours of Care are generally 8:30 a.m. to 5 p.m., Monday through Friday

Student Clinics offer patients comprehensive dental care in a comfortable environment provided by dental students under the supervision of experienced and licensed clinical faculty. Although the time required to complete treatment in our student clinics is longer than with in a private practice setting, fees are generally less. You will receive an appointment for a brief oral and dental examination to determine your general treatment needs and to make an assessment whether your needs can be met by our student providers. If accepted, you will be assigned to an appropriate clinic for your care.

New patients must first schedule a screening appointment then are registered into the system before scheduled in clinic.
Timeline for scheduling appointments averages 4 – 6 weeks.

Resident Clinics Resident Clinics offer both comprehensive and specialized treatment with care provided by graduate dentists receiving advanced training. Residents provide care under the supervision of experienced and licensed clinical faculty and care will generally take less time than with our student providers, however, the fees are generally higher. You may be referred to one of our residency clinics from our student clinics as deemed appropriate for your specific needs such as in areas of care:
* Advanced General Dentistry - Comprehensive dental care: restorative, cosmetics, and implant therapy
* Endodontics - Root canal therapy
* Orthodontics/Braces
* Oral & Maxillofacial Surgery
* Oral & facial surgery, dental implants

Pediatric Dentistry
* Children’s dentistry - Connecticut Children’s Medical Center

Periodontics
* Periodontal (gum) disease, dental implants

Prosthodontics
* Cosmetic and reconstructive Dentistry
* Veneers, crowns, bridges, implants, dentures

Emergency Dental Care

The University of Connecticut School of Dental Medicine provides emergency dental care for our patients and for the community. Emergency care is available without appointment during regular clinic hours.

If you have questions about emergency care, call UConnLink or 860-679-2325.

If you require emergency dental care after hours, including evenings, weekends, and holidays, care is provided by the School in the John Dempsey Hospital Emergency Department of the University of Connecticut Health Center.

Call UConnLink or 860-679-2588 (Emergency Department) or 860-679-2626 - ask for the dental resident.

http://www.freedentalcare.us/ci/ct-new_haven

FreeDentalCare

New Haven, Connecticut Free Dental Care Clinics

FreeDentalCare.us is a free website maintained by users like you. Our volunteers work hard to make sure the information on these clinics is up-to-date and accurate. Please be aware that not all clinics are completely free. Some cities also have a low number of clinics so in many cases we have included nearby clinics in the search results.

If you are aware of any clinics that offer free or low-cost services to patients needing dental care please contact us. Also, if you are the owner of a clinic or work at a clinic that is listed on this website and wish to update our site please contact us.
Parking Ban Info
In accordance with Chapter 29 Article IV of the New Haven Code of Ordinances, the mayor in her discretion shall declare a snow emergency when it is in the best interest of public safety, convenience and welfare of the city.

Zone A Downtown Area

Zone B Posted Snow Emergency Routes Citywide

Zone C All Residential Areas

Where do I park? During a declared parking ban do not park on the odd side of the street. Park at least 25 feet from fire hydrants, intersections and cross walks. In addition, parking is prohibited on BOTH SIDES of the street Downtown and on All Citywide Posted Snow Emergency Routes.

Designated Parking Areas: Available in many New Haven Public School lots, and for a small fee in downtown parking garages.

Stay Informed
Receive New Haven Emergency Notifications on parking bans and street sweeping. To sign up visit:
www.newhavenct.gov/alerts

I forgot to move my car and it was towed, how do I find it?
Call the Police non-emergency line at 203-946-6316 or visit Newhaven.rmpcsy.com enter your plate number and click "notes" on the snow emergency citation

Miss an update? Call:
203-946-SNOW(7669)

Need to report a storm related concern? call the Emergency Operations Center at:
203-946-8221 or report through SeeClickFix.com.

La Prohibición de Estacionamiento
De acuerdo con Capítulo 19 Artículo IV del Código de Ordenanzas de New Haven, la alcaldesa, usando su criterio, declarará una emergencia de nieve cuando sea lo más prudente para la seguridad pública, la conveniencia y el bienestar de la ciudad.

Zona A La Zona del Centro de la Ciudad

Zona B Las Rutas de Emergencia de Nieve Publicadas por toda la Ciudad

Zona C Todas las Zonas Residenciales

¿Dónde estaciono? Durante una prohibición de estacionamiento NO se estacione en el lado impar de la calle. Estacionese a por lo menos 25 Pies de los hidrantes, los cruces y los pasos peatonales. Ademas, el estacionamiento esta prohibido en AMBOS LADOS de la calle EN EL CENTRO y en Las Rutas de Emergencia de Nieve Publicadas por toda la Ciudad.

Las Zonas del Estacionamiento Designadas: Disponible en muchos estacionamientos de las escuelas publicas en New Haven, y por poco costo en los garajes del centro.

Manténgase Informado
Recibe los Avisos de Emergencia de New Haven sobre las prohibiciones de estacionamiento y los barrios de las calles. Inscríbase aquí:
www.newhavenct.gov/alerts

Olvidé mover mi carro y fue remolcado, ¿cómo lo encuentro?
Llame al número no emergencia de la policía:
203-946-6316 o visite Newhaven.rmpcsy.com
Ingrese su número de placa y haga clic en “Notes” en la citación por emergencia de nieve

¿No le llegó la actualización? Llame al:
203-946-SNOW(7669)

¿Necesita reportar una preocupación relacionada con la tormenta? llame al Centro de Operaciones de Emergencia:
203-946-8221 o reportelo mediante SeeClickFix.com.
Warning Signs of Identity Theft
Steps you can take should Identity Theft happen to you

What Do Thieves Do With Your Information?
Once identity thieves have your personal information, they can drain your bank account, run up charges on your credit cards, open new utility accounts, or get medical treatment on your health insurance. An identity thief can file a tax refund in your name and get your refund. In some extreme cases, a thief might even give your name to the police during an arrest.

Clues That Someone Has Stolen Your Information:

- You see withdrawals from your bank account that you can’t explain.
- You don’t get your bills or other mail.
- Merchants refuse your checks.
- Debt collectors call you about debts that aren’t yours.
- You find unfamiliar accounts or charges on your credit report.
- Medical providers bill you for services you didn’t use.
- Your health plan rejects your legitimate medical claim because the records show you’ve reached your benefit limit.
- A health plan won’t cover you because your medical records show a condition you don’t have.
- The IRS notifies you that more than one tax return was filed in your name, or that you have income from an employer you don’t work for.
- You get notice that your information was compromised by a data breach at a company where you do business or have an account.

If your wallet, Social Security number, or other personal information is lost or stolen, there are steps you can take to help protect yourself from identity theft.

When Information Is Lost or Exposed
Did you recently get a notice that says your personal information was exposed in a data breach? Did you lose your wallet? Or learn that an online account was hacked? Depending on what information was lost, there are steps you can take to help protect yourself from identity theft.

Is someone using your personal information to open new accounts or make purchases? Take these steps to stop the identity thief:

Step 1: Call the companies where you know fraud occurred.
- Call the fraud department. Explain that someone stole your identity.
- Ask them to close or freeze the accounts. Then, no one can add new charges unless you agree.
- Change logins, passwords and PINS for your accounts.
- You might have to contact these companies again after you have an Identity Theft Report.

Step 2: Place a fraud alert and get your credit report.

Contact one of the three credit bureaus. That company must tell the other two.

Equifax.com/CreditReportAssistance 1-888-766-0008
Experian.com/fraudalert 1-888-397-3742
TransUnion.com/fraud 1-800-680-7289

A fraud alert is free. It will make it harder for someone to open new accounts in your name.

You’ll get a letter from each credit bureau. It will confirm that they placed a fraud alert on your file.

Get your free credit report right away. Go to annualcreditreport.com or call 1-877-322-8228.

Did you already order your free annual reports this year? If so, you can pay to get your report immediately. Or follow the instructions in each fraud alert confirmation letter to get a free report, but it might take longer.

Review your reports. Make note of any account or transaction you don’t recognize. This will help you report the theft to the FTC and the police.


Call 1-877-ID-TELL (1-877-438-3338) to make your report. Give as many details as you can. (There is a complaint form online.) Based on the information you provide, the FTC will create your Identity Theft Affidavit. You’ll need this to complete other steps. If you use the website to make your report – print and save your FTC Identity Theft Affidavit immediately. Once you leave the page, you won’t be able to get your affidavit.

Do you need to update your affidavit? Call 1-877-ID-TELL.

Step 4: File a report with your local police department.

Go to your local police office with:
- a copy of your FTC Identity Theft Affidavit
- a government-issued ID with a photo
- proof of your address (mortgage statement, rental agreement, or utilities bill)
- any other proof you have of the theft: (bills, IRS notices, etc.)

FTC’s Memo to Law Enforcement [PDF] may be found at: http://www.consumer.ftc.gov/sites/default/files/articles/pdf/0088-ftc-memo-law-enforcement.pdf

Tell the police someone stole your identity and you need to file a report. If they are reluctant, show them the FTC’s Memo to Law Enforcement.

Ask for a copy of the police report. You’ll need this to complete other steps.

Create your Identity Theft Report by combining your FTC Identity Theft Affidavit with your police report.

Identity Theft Affidavit plus Police Report equals Identity Theft Report

Your identity theft report proves to businesses that someone stole your identity. It also guarantees you certain rights.

What To Do Next - Take a deep breath and begin to repair the damage.

Close new accounts opened in your name.
Now that you have an Identity Theft Report, call the fraud department of each business where an account was opened. Explain that someone stole your identity. Ask the business to close the account.

Ask the business to send you a letter confirming that:
- the fraudulent account isn’t yours
- you aren’t liable for it
- it was removed from your credit report

Keep this letter. Use it if the account appears on your credit report later on.

Write down who you contacted and when. The business may require you to send them a copy of your Identity Theft Report or complete a special dispute form. This sample letter can help.

Identity Theft Dispute Letter to a Company (for a new account)

This sample letter (which follows) will help you dispute and close a fraudulent account that was opened in your name. The text in [brackets] indicates where you must customize the letter.
**Cut Out Added Sugars**

Added sugars are sugars added to foods and beverages when they're processed or prepared. Consuming too much may make you sick and may even shorten your life.

**The American Heart Association Recommended Daily Limit for Added Sugars:**

**Women**
- 6 teaspoons
- 100 calories
- Or Less

**Men**
- 9 teaspoons
- 150 calories
- Or Less

**Where Do Added Sugars Come From?**

- Deceptive Drinks: Flavored Milk, Sports & Energy Drinks, Sugary Soda & Tea, Sweetened Juice
- Unbalanced Breakfasts: Breakfast Cereal & Granola, Sugary Cereal, Sweet(I)ized Oatmeal
- Sweet, Sweet Syrups: Coffee Flavors, Drink Mixers, Jellies & Jams, Pancake Syrups
- Ice-Cold Candy: Ice Cream & Gelato, Frozen Yogurt, Fresh-Flavored Popcicles, Sherbet, & Sorbet
- Bewitching Baked Goods: Bread & Pizzas, Cakes, Cookies & Pastries, Donuts, Flavored Baggels

**Easy Ways to Avoid Them:**
- Check nutrition facts label and ingredients
- Limit sweet and sugary beverages
- Choose simple foods over heavily processed ones
- Rinse canned fruits if they are canned in syrup

---

**American NINE out of 10 Consume Too Much Sodium**

On average, American adults eat more than 3,400 milligrams of sodium daily - more than double the American Heart Association's recommended limit of 1,500 milligrams.

- **3,400 mg** average sodium intake
- **1,500 mg** recommended sodium intake

**Where Does the Sodium We Eat Come From?**

- **25%** comes from restaurants*
- **65%** comes from food bought in retail stores*
- **10%** comes from home cooking & at the table*

*Source: Centers for Disease Control (CDC)

Choose lower-sodium foods and cook at home more often.

**How Can I Control How Much Sodium I Eat?**

- Look for the Heart-Check mark to find products that can help you make smarter choices about the foods you eat.
- Check the Nutrition Facts label for the amount of sodium per serving AND the number of servings per container.
- Read food labels. Assorted brands of the same food often have different sodium amounts.

Excess sodium increases a person's risk for **High Blood Pressure**, which can lead to heart disease and stroke.
Resources to Help You Quit Smoking

1-800-Quit-Now

The CT Quit line is a **free** telephone service that offers counseling and information to help you quit smoking. The Quit Line can answer your questions and give you support to stop smoking. A trained Quit Coach will help you create your own Quit Plan. You will also get Quit Guides that are full of tips and information to help you stay on track.

**Worried About Cravings?**

Your Quit Coach will help you decide if the nicotine patch, nicotine gum, or other medication will work for you.

Your Quit Coach can refer you to programs in New Haven that can help you stop smoking.

The CT Quit line is open 7 days a week from 8:00 A.M. to 3:00 P.M.

English and Spanish speaking coaches are available.

---

**Programs to help you quit smoking:**

**Fair Haven Community Health Clinic, Inc.**
374 Grand Avenue
New Haven, CT 06513

(203) 777-7411

**Yale-New Haven Hospital**
St, Raphael’s & York Street
1450 Chapel Street
New Haven, CT 06511

(203) 789-4146

**Yale School of Medicine**
50 York Street
New Haven, CT 06511

(203) 974-7588

---

**Websites to help you quit Smoking:**

**Department of Public Health**
www.quitnow.net/connecticut

**New England Lung Association**
www.ffsonline.org

---

**Did you know?**

Medicaid now pay for nicotine patches, nicotine gum, medication and counseling to help you quit smoking.
Top Ten Bed Bugs Tips

1. Make sure you really have bed bugs, not fleas, ticks or some other insect. You can compare your insect to the pictures on our bed bug Web page or show it to your local extension agent.

2. Don't panic! Eliminating bed bugs is difficult, but it's not impossible. Don't throw out all of your things because most of them can be treated and saved. Throwing stuff out is expensive, may spread the bed bugs and could cause more stress.

3. Think through your treatment options – Don't immediately reach for the spray can. Try other things first. Integrated pest management (IPM) techniques may reduce the number of bed bugs and limit your contact with pesticides. If pesticides are needed, always follow label directions or hire a professional. There is help available to learn about treatment options.

4. Reduce the number of hiding places – Clean up the clutter. A cluttered home provides more places for bed bugs to hide and makes locating and treating for them harder. If bed bugs are in your mattress, using special bed bug covers (encasements) on your mattress and box springs makes it harder for bed bugs to get to you while you sleep. Leave the encasements on for a year. Be sure to buy a product that has been tested for bed bugs and is strong enough to last for the full year without tearing.

5. Regularly wash and heat-dry your bed sheets, blankets, bedspreads and any clothing that touches the floor. This reduces the number of bed bugs. Bed bugs and their eggs can hide in laundry containers/hampers, so clean them when you do the laundry.

6. Don't rely on do-it-yourself freezing as a reliable method for bed bug control. While freezing can kill bed bugs, temperatures must remain very low for a long time. Home freezers are usually not cold enough to kill bed bugs. Putting things outside in freezing temperatures can kill bed bugs, but it can take several days when the temperature is 0°F and almost a week when the temperature is 20°F.

7. Use heat to kill bed bugs, but be very careful. Raising the indoor temperature with the thermostat or space heaters won't do the job. Special equipment and very high temperatures are necessary for successful heat treatment. Black plastic bags in the sun might work to kill bed bugs in luggage or small items, if the contents become hot enough (about 110°F for at least 3 hours).

8. Don't pass your bed bugs on to others. Bed bugs are good hitchhikers. If you throw out a mattress or furniture that has bed bugs in it, you should slash or in some way destroy it so that no one else takes it and gets bed bugs.

9. Reduce the number of bed bugs to reduce bites. Thorough vacuuming can get rid of some of your bed bugs. Carefully vacuum rugs, floors, upholstered furniture, bed frames, under beds, around bed legs, and all cracks and crevices around the room. Change the bag after each use so the bed bugs can't escape. Place the used bag in a tightly sealed plastic bag and in an outside garbage bin.

10. Turn to the professionals, if needed. Hiring an experienced, responsible pest control professional can increase your chance of success in getting rid of bed bugs. If you hire an expert, be sure it's a company with a good reputation and request that it use an IPM approach. Contact your state pesticide agency for guidance about hiring professional pest control companies.

August 28, 2012
EPA 735-F-12-001
REduced Fee Legal Services

from the New Haven County Bar Association

Are you:
Seeking a divorce, modification of child support, or custody?

Is your:
Landlord trying to evict you, refusing to fix things, or unwilling to give back your security deposit?

Were you:
Arrested for DUI, speeding or other traffic related violations, or a criminal matter?

Have you:
Been denied unemployment compensation?

Do you:
Have a claim, or have you been sued for, an amount less than $5,000?

Maybe the Modest Means Attorney Referral Program can help.

Call (203) 562-0162

More information and a financial eligibility application can be found at www.newhavenbar.org/lrs.php.
SUNRISE
Free Breakfast Café

ALL ARE WELCOME

Breakfast: 7:30AM-9:30AM
Community Time: 9:30AM-11:00AM
Monday to Friday

Corner of Olive and Chapel Streets (57 Olive St.)
The Episcopal Church of St. Paul & St. James

Sponsored by Liberty Community Services
<table>
<thead>
<tr>
<th>Address</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>26 Maple Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>390 Dixwell Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>27 Olive St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>444 Dixwell Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>57 Olive St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>75 Olive St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>61 Washington Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>10-900 Avenue Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>202 Mount Prospect Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>10-47 Ashby Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>1599 George St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>10-900 Avenue Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>202 Mount Prospect Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>1261 Dixwell Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>27 Olive St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>75 Olive St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>61 Washington Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>10-900 Avenue Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>202 Mount Prospect Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>1261 Dixwell Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>27 Olive St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>75 Olive St</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>61 Washington Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>10-900 Avenue Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>202 Mount Prospect Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
<tr>
<td>1261 Dixwell Ave</td>
<td>New Haven Soup Kitchen</td>
</tr>
</tbody>
</table>

**Notes:**
- New Haven Soup Kitchen is open from 8:00 AM to 9:00 AM, Monday through Friday.
- The address is located at 10-900 Avenue Ave, New Haven, CT 06519.
- For more information, please visit their website at newhavensoupkitchen.org.
<table>
<thead>
<tr>
<th>Name &amp; Address</th>
<th>Hours</th>
<th>Process to Apply</th>
<th>Area Served</th>
<th>What you will need – other information</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Beacon on the Hill</td>
<td>Monday thru Saturday 9:30 a.m. – 11:30 a.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>There is a $5.00 annual fee. Shop once a month, bring a box or bag.</td>
</tr>
<tr>
<td>Codes Christian Church</td>
<td>Wednesday 1:00 p.m. – 2:30 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>No Restrictions / requirements</td>
</tr>
<tr>
<td>Christian Community Action</td>
<td>Monday – Friday 9:00 a.m. – 4:30 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>No restrictions</td>
</tr>
<tr>
<td>Glorified Deliverance Church</td>
<td>2nd &amp; 4th Saturday Noon – 2:00 p.m.</td>
<td>Walk-In</td>
<td>Greater New Haven</td>
<td>Need Photo Identification</td>
</tr>
</tbody>
</table>
| Harbor Health Services | Monday thru Thursday 9:30 a.m. – 2:00 p.m.  
Friday 9:30 a.m. – 1:00 p.m.  
Sat. 11 a.m. – 1:00 p.m. | Walk-In | Greater New Haven | There is a $10.00 annual fee. Shop twice a month - allowed 10 pieces of clothing and dishes, pots and pans (if available) each visit. |
| Loaves & Fishes Food Pantry | First (1st) & Third (3rd) Saturday 9:15 a.m. – 10:30 a.m. | Walk-In | Greater New Haven | Need Photo Identification  
Spanish speaking |
| St. Luke's Episcopal Church | Wednesday's & Friday's 10:00 a.m. – 12:00 p.m. | Walk-In | Greater New Haven | No restrictions / requirements |
| Trinity Temple Church | Every Thursday & Third Saturday 9:00 a.m. - 10:30 a.m. | CALL FOR APPOINTMENT | Greater New Haven | No requirements / restrictions |
| Varick A.M.E. Zion Church | Monday's 6:00 p.m. 7:00 p.m. | Clothing provided during soup kitchen hours | Greater New Haven | No requirements / restrictions |

*Last updated 4-2-11. Information may have changed – check with agency on current policies.
### New Haven Mobile Pantry List

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mon.</td>
<td>St. Francis Church- Bright St Parking Lot</td>
<td>397 Ferry St.</td>
<td>9-10 AM/ 1st of the month- open to all</td>
</tr>
<tr>
<td>Tue</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Door of Salvation Church</td>
<td>3 Arch St.</td>
<td>10-11 AM/3rd of the month- open to all</td>
</tr>
<tr>
<td>Wed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Wed</td>
<td>Community Baptist Church</td>
<td>143 Shelton Ave.</td>
<td>10-11 AM/1st of the month- open to all</td>
</tr>
<tr>
<td>Wed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>West Rock Author's Academy School</td>
<td>311 Valley St.</td>
<td>5-6 PM/ 3rd of the month</td>
</tr>
<tr>
<td>Wed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Storehouse Project- Valley Street</td>
<td>261 Valley St.</td>
<td>12:30-1:45 PM/ 1st &amp; 3rd of the month</td>
</tr>
<tr>
<td>Sat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Storehouse Project- McConaughy Terrace</td>
<td>410 Valley St.</td>
<td>10-11:30 AM/ 2nd of the month</td>
</tr>
<tr>
<td>Sat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Storehouse Project- Bella Vista Housing</td>
<td>339 Eastern St.</td>
<td>10-11:30 AM/4th of the month</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Storehouse Project- Gateway Community College</td>
<td>TBA</td>
<td>Closed June-August</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Storehouse Project- Southern Connecticut State University</td>
<td>TBA</td>
<td>Closed June-August</td>
</tr>
</tbody>
</table>

### New Haven Police Substation Pantry List

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Tue</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Breakthrough Church &amp; Life Kingdom Ministries</td>
<td>596 Winchester Ave.</td>
<td>3:30-6:30 PM/ 4th of the month</td>
</tr>
<tr>
<td>Tue</td>
<td></td>
<td>Fri</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Women of the Village</td>
<td>26 Charles St.</td>
<td>Tuesday: 12:30-2 PM Friday: 4-6 PM/ 4th of the month</td>
</tr>
<tr>
<td>Sat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Reach the Nations</td>
<td>329 Valley St.</td>
<td>10-2 PM/ 4th of the month</td>
</tr>
<tr>
<td>Sat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>New Haven Inner City Enrichment Program</td>
<td>410 Howard Ave.</td>
<td>11-1 PM/ Last Saturday of the month</td>
</tr>
<tr>
<td>Sat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Upon This Rock Ministries</td>
<td>130 Edgewood Ave.</td>
<td>9-11 AM/ 3rd of the month</td>
</tr>
<tr>
<td>Sat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Vertical Church</td>
<td>296 Blatchley Ave.</td>
<td>1-3 PM/ 3rd of the month</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>COMING SOON</td>
<td>90 Hallock St.</td>
<td>COMING SOON</td>
</tr>
</tbody>
</table>

*Last Updated June 7, 2018*
A Guide to Recycling

Connecticut now has a universal list of what belongs in your recycling bin and what doesn’t. All items should be empty, rinsed, clean and open. Do not shred, box, bag or bundle. To learn more, go to RecycleCT.com

What’s IN?

PAPER
- Cardboard & boxboard
- Food & beverage cartons
- Junk mail
- Magazines & newspaper inserts
- Newsprint
- Office paper
- Pizza boxes

GLASS
- Beverage bottles & jars
- Food bottles & jars

METAL
- Aerosol containers (food grade only)
- Aluminum foil
- Cans & bottles
- Foil containers
- Metal lids from cans & bottles

PLASTIC
- Plastic bottles (with or without caps attached)
- Plastic containers, tubs & lids
- Plastic one-use cups (no lids, no straws)

What’s OUT?

- Gift wrap & gift bags
- Ice cream containers
- Paper cups (hot & cold)
- Shredded paper
- Take-out food containers
- Tissue paper

- Ceramic mugs & plates
- Drinking glasses

- Aerosol containers (deodorizers, cleaners, pesticides, etc)
- Foil tops from yogurt containers
- Paint cans
- Pots & pans
- Small pieces of scrap metal
- Spiral wound containers

- Loose bottle caps
- Plastic bags & wrap
- Plastic plates, bowls & utensils
- Prescription bottles
- Single-use coffee containers
- Styrofoam cups, containers & packaging peanuts
- Water filters