Give your child a fun-filled summer!

Swim
Visit the zoo
Make new friends
Play outside
Create art projects
Learn about their asthma
And much more!

“I liked when we went on field trips, and went outside and got to go play.” Nyla, age 9

Frequently Asked Questions

Q. What is Camp Easy Breezy?
A. Camp Easy Breezy is summer camp designed just for kids with asthma.

Q. How old are campers?
A. Campers are between the ages of 5 and 10.

Q. Can siblings attend Camp Easy Breezy?
A. Yes. Brothers and sisters are welcome, too.

Q. Is there medical staff on-site?
A. Yes. A registered nurse (RN) is always with campers, including on field trips.

Q. How much does Camp Easy Breezy cost?
A. The Camp costs $300 for the full six-week session. Financial aid is available.

“I liked the activities and getting to see my friends.” LeAndre, age 9

Camp Easy Breezy
A Camp for Kids with Asthma

June 24, 2019 to August 2, 2019
Why Send Your Child to Camp Easy Breezy?

Better Health
Children who go to an asthma camp have better asthma control. They are less likely to go to the emergency department or to be hospitalized for their asthma. They also miss less days of school from asthma.

Peer Support
Campers feel less different when they make friends with other children who have asthma. Siblings, who go to Camp Easy Breezy, learn how to help their brother or sister to better control their asthma.

Educational Activities
Weekly asthma education is provided. Campers learn how to manage their asthma through fun games and activities. They also learn special ways to breathe during an asthma attack. Campers also do ‘traditional’ camp activities like arts and crafts. They go swimming and go on field trips, too.

Less Worry
A registered nurse (RN) is on-site from 9:00 a.m. to 3:00 p.m., including field trips. Camp Easy Breezy is the only City of New Haven camp with a nurse. The nurse makes sure campers take their medications correctly and when needed.

“I think kids should come to Camp Easy Breezy if they want to have fun and learn about asthma.” EJ, age 7

How to Sign-Up

1. Have your child’s doctor fill out an Asthma Action Plan, Medication Authorization Form and Health Examination Form.
2. Fill out the camp application.
3. Bring the completed application, medical forms, and a copy of your child’s birth certificate to the Parks Department.
4. Payment is due at the time of registration.
5. For more information, call the Health Department at (203) 946-8351.

FINANCIAL AID is AVAILABLE